

STANDARD INSTALLATION
TOPIC EXCHANGE SERVICE



RELOCATION INFORMATION FOR

Fort Polk
Louisiana

Information Date
January 13, 2003

Visit the SITES Web Site at
<http://www.dmdc.osd.mil/sites>

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Installation

Thomas E. Sittnick
Colonel, Infantry
Garrison Commander

Installation Overview

For more information on this subject:
JRTC & FORT POLK HOME PAGE
<http://WWW.JRTC-POLK.ARMY.MIL>

Welcome to Fort Polk and West Central Louisiana. Congratulations on joining the "Best Small Army Hometown" in the U.S. Fort Polk is unique in all the Army because it is the only Combat Training Center (CTC) that also has the mission to train and deploy combat and combat support units. From its start as a base for the Louisiana Maneuvers in the 1940s, to a basic training post during Vietnam, to the home of the 5th Mech Division in the 1980s, and its current dual missions as a CTC and home of the 2nd ACR and Warrior Brigade, Fort Polk has excuted all of the Army's mission.

This SITES booklet provides valuable information and important phone numbers to help you plan for your move to Fort Polk. You will quickly find that Central Louisiana is long on hospitality and appreciation for the military. We have a very supportive neighboring relationship with our surrounding communities. Being a small installation with about 8,000 soldiers, Fort Polk offers a surprisingly diverse array of facilities and opportunities for soldiers and their families. Educational opportunities, arts and crafts, sports, hunting and fishing, outdoor recreation and other facilities are readily available.

As you plan your move to our community, there are some considerations to keep in mind. It is very hot and humid in the summer and surprisingly cool in the winter, although snow is indeed a rarity. Most will arrive at the height of the hot season in July and August and that takes some getting used to. Our small size fosters a sense of community and friendship among our residents that is rare on Army posts today. You will quickly find yourself making new friends and pursuing new interests and opportunities you may never have considered before. You will even get a chance to sample the local food, especially catfish and crawfish.

On behalf of our military, families, civilian workers and local communities of Leesville, New Llano and DeRidder, my goal is to make your stay at Fort Polk the best experience of your military career!

Fort Polk is located in west-central Louisiana, about 45 miles from Alexandria, 70 miles from Lake Charles, 120 miles from Shreveport, 150 miles from Baton Rouge, 250 from New Orleans, and 180 from Houston. Closer to our front gate are the nearby towns of Leesville, La, located in Vernon Parish, and DeRidder, La, located in Beauregard Parish. (Louisiana has PARISHES not COUNTIES as other states do).

The Joint Readiness Training Center provides advance level joint training for the Army (Active and Reserve Component), Air Force and Navy contingency forces in deployment and tactical operations under realistic conditions of low to mid intensity combat.

Telephone Access..... : 1-800-227-1071, Ex 1726/1727; Commercial (337) 531-1726/1727 (Field Officer of the Day)

Construction of Camp Polk began January 28, 1941 on the broad, rolling plains that at the time contained little but cut-over pine forests, a few dilapidated shacks and some range-wire fencing. The camp's first commander, Colonel Otto Wagner, arrived at the post with a few soldiers in March 1941. Thousands of wooden barracks sprang up virtually overnight to support an Army preparing to battle Axis forces on the North African, European and Pacific fronts. Camp Polk - named for Confederate Lieutenant General and Episcopal Bishop Leonides Polk - was officially completed August 1, 1941.

From the end of World War II until the early 1960s, the post suffered a series of traumatic closings and reopenings. During much of this time, it was open only in the summers to support reserve component training. The United States continued to look at Camp Polk whenever crisis arose, though, and active Army units were stationed here temporarily during the Korean War and the Berlin Crisis.

Fort Polk's hard-core reputation began in 1962 with its conversion to an infantry training center. As soldiers prepared for combat in Southeast Asia, commanders made the most of Fort Polk's 198,000 acres - especially a small portion filled with dense, jungle-like vegetation. For the next 12 years, more soldiers were shipped out to Vietnam from Fort Polk than from any other American training base. In 1974,

as hostilities in Southeast Asia drew to a close, Fort Polk's continued role in U.S. defense was signalled by its selection as the home of the 5th Infantry Division (Mechanized). About the same time, Congress passed the largest military construction bill ever allocated to a single installation.

Soldiers of the World War II and Vietnam eras would scarcely recognize the new Fort Polk. Most of the old wooden buildings have been replaced with modern barracks, motor pools, unit administrative offices, and service facilities. More than 4,000 married soldiers reside with their families in recently constructed on-post housing units as well. After more than half a century of service, U.S. leaders continue to place their confidence in Fort Polk. The 1990s bring new challenges as the United States cuts its military strength in response to the end of the Cold War and the breakup of the Soviet Union. In July 1993, the Joint Readiness Training Center, one of the Defense Department's premier training facilities, relocated here from Fort Chaffee, Arkansas. The 1st of the 509th Infantry Regiment serves as the opposing force to the combat and special operations units rotating through training exercises here. The 2nd Armored Division - formerly the 5th Infantry Division (Mechanized) - left Louisiana after a 20 year residency. The division began its relocation to Fort Hood, Texas, in 1992 and completed the move in December 1993. More than a dozen other units have been reassigned here from Europe and other U.S. locations as the nation enhances and realigns its contingency force within its own borders.

Name: Army Housing
WWW Link: http://www.armyhousing.net

Name: Fort Polk
WWW Link: http://WWW.JRTC-POLK.ARMY.MIL/ACS/INDEX.HTM

Must Know Items

For more information on this subject:
Army Community Service
<http://www.jrtc-polk.army.mil/ACS/index.htm>

Fort Polk is located approximately 3.4 miles east of U.S. Highway 171 and approximately 4 miles south of Highway 28. For information or maps of North and South Fort Polk, please click on the JRTC and Fort Polk Homepage listed above. Maps are available under General Information, Army Community Service Web Site.

Refer to TRANSPORTATION for directions from airport to Fort Polk.

NEW ARRIVALS: During duty hours report to Consolidated In and Out Processing Bldg 1830, Alabama Ave. (LOCATED ON SOUTH FORT POLK RIGHT ACROSS THE STREET FROM HEADQUARTERS). ****If entering post from U.S. Highway 171: enter through the MAIN GATE (Louisiana Ave) to the first (1st) redlight (Mississippi Ave); turn right on Mississippi Ave, bldg 1830 is the IMMEDIATE LEFT HAND TURN. (If you miss the driveway, turn left at the next street, 14th STREET, and it will take you by bldg 1830). **** If entering post from U.S. Highway 28: turn left off of Hwy 28 onto Chaffee Road (approximately 4 miles). Chaffee Road takes you through North Fort to South Fort. At South Fort, Chaffee Road turns into GEORGIA AVENUE (ONE WAY STREET). BUILDING 1830 IS ON THE CORNER OF GEORGIA AVE AND FOURTEENTH (14TH) STREET.

Telephone number for CONSOLIDATED In and Out Processing (337)531-7952/7307; DSN 863-7952/7307.

**After duty hours, report to the Welch Magnolia Guest House, Bldg 522, Utah Ave. (LOCATED ON SOUTH FORT POLK. Enter through the MAIN GATE ON LOUISIANA AVENUE, IMMEDIATELY GET IN THE RIGHT HAND LANE AND TAKE THE FIRST (1st) STREET TO THE RIGHT, UTAH AVENUE). Reservations for the Welch Magnolia Guest House can be made by calling (337)531-9200. Receipts for temporary lodging must be provided to the Finance Office for reimbursement.

***TEMPORARY LODGING----Reservations for soldiers arriving incident to permanent-change-of-station (PCS), WITH or WITHOUT family members, AND for official temporary duty (TDY) visitors are accomplished at the WELCH MAGNOLIA GUEST HOUSE, (337) 531-9200, DSN 863-9200. Fort Polk Lodging NO LONGER has reduced room rates after the first 10 days of occupancy (REFERENCE 210-50).

*****PETS ARE NOT PERMITTED TO RESIDE IN TEMPORARY LODGING FACILITIES. Welch Magnolia Guest House manages an OPEN-AIR, OUTDOOR PET KENNEL WITH LIMITED SPACES. ASSIGNMENTS ARE MADE ON A SPACE AVAILABLE BASIS UPON ARRIVAL. A listing of COMMERCIAL KENNELS is located in the S.I.T.E.S. book under the topics PET

BOARDING/KENNELS AND VET SERVICES.
THIS DOES NOT IMPLY ARMY
INDORSEMENT!!!!!!!

Contact Welch Magnolia Guest House for additional
information and assistance when arriving with pets.

***Information and assistance with housing, ID
cards, movement and receipt of household goods are
available at building 1830, Central In and Out
Processing center. --Don't Forget--YOU MUST
ATTEND THE MANDATORY HOUSING
BRIEFING AT CONSOLIDATED IN/OUT
PROCESSING, BLDG 1830, 0900, BEFORE
FAMILY HOUSING CAN INTERVIEW AND
PROVIDE ASSESSMENT/REVIEW YOUR
SPECIFIC HOUSING NEEDS WITH YOU. Your
spouse is welcome to attend briefing, space
permitting; this way they know exactly
what/where/when/who/how everything is taking
place with their place to live. BE AWARE !!!!!
CHILDCARE IS NOT PROVIDED FOR THIS
BRIEF!!!! (You can also take care of pay matters
including settlement of travel pay, pay and
allowances due, and advance or partial payments
there).

TRANSPORTATION INFORMATION

Transportation Division;
Inbound Personal Property Section;
Bldg. 4374, Tennessee Avenue;
Fort Polk, La., 71459-5227;
PHONE: (337) 531-1216/1226.

Upon arrival in the Fort Polk area, you must notify
the INBOUND PERSONAL PROPERTY SECTION
and provide the following information:

- 1.) DELIVERY ADDRESS.
- 2.) CONTACT PHONE NUMBER - HOME, UNIT,
GUEST QUARTERS, OR NEIGHBORS.

***DON'T FORGET TO REQUEST PAPERWORK
FOR DISLOCATION ALLOWANCE (DLA) IF
YOU DIDN'T DRAW IT FROM YOUR LOSING
POST (AND ARE QUALIFIED TO RECEIVE DLA
PAYMENTS)

\$\$\$\$\$\$\$\$\$ PAY AND BENEFITS - FY 2000
LEGISLATION PUBLIC LAW 106-65, DATED
OCTOBER 5, 1999

DISLOCATION ALLOWANCE (DLA)

PURPOSE: To partially REIMBURSE (\$\$\$\$) a
member, with or without dependants, for expenses
incurred in RELOCATING the MEMBER'S
HOUSEHOLD DURING A PERMANENT
CHANGE OF STATION (PCS) move. Members

may claim this entitlement when submitting their
travel voucher. \$\$\$\$\$\$

1. Entitlement is 21/2 months of BAH for current
grade.
2. E-6 (P) and above without dependants who ship
household goods are entitled.
3. Members, with dependants, who move dependants
upon receipt of PCS orders and set up new household
for dependants are entitled to DLA.
4. Member, married to member (dual military), who
lived in government quarters at last duty station and
move directly into government quarters upon arrival
to new duty station ARE NOT ENTITLED.
5. Member married to member with dependants who
do not move into government quarters upon arrival:
 - (a) Member who claims dependants will receive
DLA at the "WITH DEPENDANTS" RATE.
 - (b) Member who claims no dependants will receive
DLA at the "WITHOUT DEPENDANTS" RATE.

TEMPORARY LODGING EXPENSE (TLE)

PURPOSE: To partially reimburse for lodging/meal
expenses when a member/dependant occupies
temporary quarters in the continental United
States(CONUS) due to a PCS. By law, members are
not entitled payment of more than ten (10) days of
TLE. Please make arrangements with post housing to
determine waiting time for quarters availability.
Because the daily cost of lodging is generally more
than the daily rate of BAH, it is often-times better to
make arrangements to stay with friends, or family
when the waiting time exceeds the 10 DAY TLE
ENTITLEMENT PERIOD. Members may submit
their claim for payment as soon as their entitlement
threshold is reached.

1. Members with dependants will be reimbursed a
percentage for lodging/meals for each additional
dependant.
2. Total days may be divided between last CONUS
duty station and new CONUS duty assignment (NOT
TO EXCEED 10 DAYS).
3. Enlisted members receive TLE when reporting to
their first permanent duty station from their home of
record or initial technical school. Officers are not
entitled to receive TLE on their first PCS move. TLE
is not payable on ETS, separation or retirement.
4. Members must first report to Fort Polk Welch
Magnolia Guesthouse when arriving at the
installation. If there are no quarters available,
member must receive a statement of non-availabilty
(SNA) from the Welch Magnolia Guest House to stay
off post. Members who reside off post for TLE will
not be reimbursed without the statement.
5. Members are not authorized to be paid TLE for
any period they receive travel Per Piem. Daily rates

vary depending on the cost of lodging and the number of authorized persons.

6. Members may be reimbursed only for meals if staying with relatives/friends in local area (NOT TO EXCEED 10 DAYS).

ADVANCE PAY

PURPOSE: To provide a member funds for expenses incident to a PCS move such as temporary storage of household goods, establishing new living quarters, and packing and shipping costs not typical of day-to-day military living. Advance of pay is NOT authorized to pay CAR NOTES, PHONE BILLS, OR DEPT CONSOLIDATION.

Members on PCS orders are entitled to an advance of up to 3 month's basic pay, MINUS TAXES AND DEDUCTIONS. Members may elect to request one month at the old duty station and then up to two months at the new duty station....OR up to 3 months at the new duty station. To draw one month advance pay prorated over a 12 month period, SERGEANTS AND ABOVE MAY SIGN THE REQUESTS THEMSELVES. Specialist and below must have their company commander's approval. All requests for the second advance pay must have itemized expenses and be signed by the COMPANY COMMANDER. All requests for the 3rd advance pay must have itemized expenses and be signed by the BATTALION COMMANDER.

When a PCS move causes unusually large expenses or severe hardship, YOUR BATTALION COMMANDER MAY REQUEST A REPAYMENT PERIOD UP TO 24 MONTHS.

NOTE...ALL ADVANCES OF PAY WILL BE MADE BY ELECTRONIC FUNDS TRANSFER (EFT).

DO IT YOURSELF MOVE (DITY)

PURPOSE: The DO IT YOURSELF (DITY) program is a voluntary program that allows service members to move their household goods (HHG) personally and to be paid an amount equal to 95 percent of what it would have cost the government. the transportation office must authorize or approve any DITY moves. The transportation office furnishes the member a DD form 2278 (application for do-it-yourself move and counseling checklist). Member and/or dependants traveling to the destination in the rental vehicle or privately owned conveyance used for DITY move is authorized both DITY and PCS allowances. PCS entitlements are not part of the DITY program and are separately processed. The member's statement of expenses actually incurred

must support claims for DITY moves. In addition, the claim must include either a copy of certified weight tickets (gross and empty) or approved constructive weight by the transportation office.

Upon completion of your PCS move to your new duty station, the following is needed to settle your DITY move.

1. One copy of orders with any endorsements or amendments.
2. One original DD form 2278.
3. One voucher for advance operation allowance.
4. One certified empty weight ticket with member's name and social security number signed by weight master,
5. One certified loaded weight ticket with member's name and social security number signed by weight master.
6. One completed, original DD form 1351-2 (travel voucher).
7. One copy of registration(s) for POV(s), boat(s), or trailer(s).

BASIC ALLOWANCE FOR HOUSING (BAH)

PURPOSE: To assist members in defraying costs associated with renting or owning a private residence. The amount of entitlements varies based on duty location and pay grade.

BAH with dependents is payable to:

1. Members claiming non-military spouses, parents, or children in their custody and not residing in family type government quarters.

BAH without dependents is payable to:

1. Members married to members assigned at the same duty station and residing off post.
2. Members authorized by the commander to reside off post.
3. Sergeants First Class and above who elect to live off post.

BAH-Difference

1. Payable to members paying child support (court ordered or voluntary).

BAH Partial (Rebate)

1. Payable to members residing in billets and not receiving any other type of BAH.

****NOTE: Members must provide a copy of supporting documents (i.e. Marriage/birth certificates, for authorization). Any changes in current status (i.e. Divorce, Termination/assignment of family type government quarters) used to claim

BAH must be provided to the finance office in a timely manner.

EMPLOYEE MEMBERS SELF SERVICE (E/MSS)
PURPOSE: To enable members the capability of viewing their entitlements and print their individual leave and earnings statement (LES) on line by selecting the option from the account selection menu of E/MSS using a personal computer and a customized pin.

IF YOU DID NOT RECEIVE a temporary pin, you must mail or fax the following information to DFAS to establish a new temporary pin:

1. YOUR name.
2. SOCIAL security number.
3. COPY of your identification card.
4. DAYTIME phone number.
5. SIGNATURE

Your temporary pin will be set to the last 5 digits of your social security number. Please wait two business days before attempting to use your new temporary pin.

The fax number is (216) 522-5800 and the mailing address is DFAS-CLEVELAND/FFSA, ATTENTION E/MSS; 1240 EAST 9th STREET; CLEVELAND, OH 44199.

TRANSPORTATION ALLOWANCES: Temporary Lodging expense (TLE) is revised to ALLOW AN ENLISTED MEMBER TO RECEIVE THE ALLOWANCE WHEN HE/SHE REPORTS TO HIS/HER FIRST (1ST) PERMANENT DUTY STATION (pcs), FROM HIS/HER HOME OF RECORD OR INITIAL TECHNICAL SCHOOL ----
-----IF YOU DON'T UNDERSTAND WHAT THIS MEANS IN TERMS OF MONEY TOWARD YOUR 1ST PCS MOVE, CALL ACS, 1-(800)-241-1071, AND YOU WILL BE TRANSFERRED TO CONSOLIDATED IN/OUT PROCESSING, FINANCE BRANCH FOR MORE ASSISTANCE---

****Verification of Housing Waiting Period:** DSN 863-1379;(337)531-1379. THIS IS AN AUTOMATED INFORMATION PHONE SYSTEM.....LISTEN CAREFULLY AND FOLLOW INSTRUCTIONS.....Fort Polk DOES NOT HAVE A FURNITURE MANAGEMENT OFFICE (FMO) THAT PROVIDES FURNITURE OR BEDDING nor does ACS. MOST QUALITY DISCOUNT STORES, i.e., AAFES, WAL MART, etc., sell CONVENIENCE PACKAGED AIR MATTRESSES.

OTHER MUST NEED KNOW ITEMS:

Documents needed for travel - 10 copies of Travel Orders (DON'T LEAVE LOSING POST WITHOUT ALL FAMILY MEMBERS LISTED ON YOUR ORDERS), Family I.D. Cards, Medical/Dental Records, Marriage OR Divorce Papers, Pet Immunization Papers, Power(s) of Attorney (2 copies a minimum), Birth Certificates AND/OR Court Ordered Adoption Papers, Copy of Wills and/or Family Care Plan, Car Registration and Auto Insurance, Household Inventory/Shipping Documents (Videos of household inventory with serial numbers, etc), School Records/ Transcripts, Credit Card Numbers, Bank Account Numbers, Serial Numbers (tv, stereo, computers, etc.), Travelers Checks, Expense Records, and Truck Rental Agreement/Insurance (if applicable), Maps/Phone Numbers (of gaining installation), Letters of Credit and Employment Records (PAID/VOLUNTEER).

HANDCARRY THESE "BASIC SCHOOL ENROLLMENT REQUIREMENT" PAPERS/ITEMS WITH YOU TO ENROLL YOUR CHILDREN IN LOCAL PARISH SCHOOLS:

BASIC SCHOOL ENROLLMENT REQUIREMENTS:

1. Birth Certificate
 2. Copy of School Records (grade/transcript)
 3. Social Security Card
 4. Updated and/or Current Shot Record---which includes these immunizations: 4 DTP's (4th one after 4th birthday.....3 Polio's (3rd one after 4th birthday).... 2 MMR's.....3 Hepatitis B's).
- YOU MAY GO TO THE HOSPITAL, 7TH FLOOR, PRESENT THE UPDATED/CURRENT SHOT RECORDS FOR VIEW TO THE FLOOR NURSE AND SHE WILL PRINT YOU A "LOUISIANA SHOT RECORD CARD"....THIS IS ALL YOU WILL NEED TO SHOW TO THE LOCAL SCHOOL OFFICIALS WHEN YOU ARE ENROLLING YOUR CHILDREN (also protects your childrens medical records).

2002 - 2003 School Calendar - VERNON PARISH:

August 9, 2001 - New Teacher Induction.--
August 15, 2001 - First day for students.--
* September 3, 2001 - HOLIDAY (LABOR DAY) STUDENTS/EMPLOYEES.--
* October 4, 2001 - HOLIDAY - STUDENTS.--
* OCTOBER 5, 2001 - HOLIDAY (FAIR DAY) STUDENTS/EMPLOYEES.--

October 22 - 24 - Fall Retest (Old GEE; GEE 21-ELA/M).--

* NOVEMBER 12, 2001 - HOLIDAY (VETERAN'S DAY) STUDENTS/EMPLOYEES.--

* NOVEMBER 19-23, 2001 - HOLIDAY (THANKSGIVING) STUDENTS/EMPLOYEES.--

* DECEMBER 24-4 JANUARY, 2002-HOLIDAY (CHRISTMAS/NEW YEAR) STUDENTS/EMPLOYEES.-

* JANUARY 7, 2002 - HOLIDAY STUDENTS.--

* JANUARY 21, 2002 - HOLIDAY (MARTIN LUTHER KING DAY) STUDENTS/EMPLOYEES.-

-

January 28 - 30, 2002 - Winter (Old GEE) retest.--

* FEBRUARY 18, 2002 - HOLIDAY (PRESIDENTS DAY) STUDENTS/EMPLOYEES.--

March 11 - 15, 2002 - LEAP (Grade 4, 8); GEE 21 ELIGIBLE RETEST (Grade 10, 11);

ITBS (Grade 3, 5, 6, 7); ITED (Grade 9).--

March 18 - 21, 2002 - LEAP 21, GEE, IOWA, ITED MAKE-UPS.--

March 29 - April 5, 2002 - HOLIDAY (EASTER) STUDENTS/EMPLOYEES.--

APRIL 9 - 11, 2002 - GEE RETEST (Old GEE)).--

* MAY 27, 2002 - HOLIDAY (MEMORIAL DAY) STUDENTS/EMPLOYEES.--

* MAY 30, 2002 - 1/2 day for students (Testing).--

May 31, 2002 - 1/2 day for students (Testing).--

177 STUDENT DAYS/182 TEACHER DAYS

NOTE: If additional days are added by the state, these days will begin on May 30, 2000. Additional minutes for students half-days need to be included in the individual schools daily schedule: (1) homecoming, etc.; (2) 1/2 day at Christmas; (3) two 1/2 days for parent/teacher conferences; (4) two 1/2 days for final exams; (5) another 1/2 day for individual school staff development.

Number of schools:

Elementary..... : 7

Middle schools..... : 1

Junior High School..... : 1

High schools..... : 9

Optional school..... : 1

Average test scores:

Reading..... : Grades 4 & 6, 58.05%
(Nat'l Avg - 50%)

Math..... : Grades 4 & 6, 65.6%
(Nat'l Avg - 50%)

In all VERNON PARISH SCHOOLS AND GRADES (1-12) the following marks will be used for all subjects:

GRADE: A , 94%-100%, EXCELLENT, 4 Quality Points

GRADE: B , 86%-93%, ABOVE AVERAGE, 3 Quality Points

GRADE: C , 75%-85%, AVERAGE, 2 Quality Points

GRADE: D , 70%-74%, BELOW AVERAGE, 1 Quality Point

GRADE: E , 69%-0% , UNSATISFACTORY, 0 Quality Point

GRADE: U , UNABLE TO MEET PUPIL PROGRESSION PLAN

12th Grade Graduation Requirements
Vernon/Beauregard Parish : 23 Credits

4 english; 3 Math; 3 Science; 3 Social Studies (1 World History, 1 American History, 1/2 Civics, 1/2 Free Enterprise); 2 Physical Education; 1/2 Computer Literacy; 7 1/2 Electives NOTE: STUDENTS MUST PASS ALL 5 PARTS OF THE GRADUATION EXIT EXAMINATION.

SPECIAL EDUCATION:

**ARMY REGULATION, 608-75, 7 Dec 93, REQUIRES the ARMY to CAREFULLY CONSIDER THE AVAILABILITY of FACILITIES to care for and educate EXCEPTIONAL FAMILY MEMBERS in DEPLOYMENT LOCATIONS. It also requires the ENROLLMENT OF ALL EXCEPTIONAL FAMILY MEMBERS in the EXCEPTIONAL FAMILY MEMBER PROGRAM.

**The State of Louisiana, recognizes PUBLIC LAW 94-142, 1975, REQUIRES FREE APPROPRIATE EDUCATION TO ALL HANDICAPPED CHILDREN.

**Also, PUBLIC LAW 95-561, DEFENSE DEPARTMENT ACT, 1978, MANDATES DOD SCHOOLS TO IMPLEMENT PUBLIC LAW 94-142 IN OVERSEAS LOCATIONS.

In layman's terms, this means all children are GUARANTEED!!! APPROPRIATE FACILITIES!!!, TO GAIN THE BEST EDUCATION POSSIBLE FOR ANY DESIGNATED SPECIAL NEEDS CHILD/CHILDREN ATTENDING SCHOOL IN THE STATE OF LOUISIANA.

With proper paperwork submission, the Vernon Parish School System will provide a Special Needs

School Bus to pick up children for school and deliver them back to their home at the end of the school day.

FOR MORE DETAILED INFORMATION CONTACT:

FORT POLK Exceptional Family Member Program Manager, (EFMP) MRS. SCOTT,
Monday - Friday, 0830-1600, 1-800-241-1071, (337) 531-2840, DSN 863-2840. If you think or know you have an Exceptional Family Member, please contact your EFMP Manager, Mrs. Scott; for more in-depth guidance and/or a liaisonship within the Fort Polk community and beyond.

VERNON PARISH SPECIAL EDUCATION DIRECTOR, MRS. DOTTIE NEUGEBAUER,
201 BELVIEW ROAD (same street East Leesville Elementary School is on),
Monday - Friday, 0830-1600, (337) 238-4100.

FOR MORE DETAILED INFORMATION ABOUT SCHOOL ISSUES OR CONCERNS, PLEASE CALL/LEAVE A MESSAGE WITH OUR SCHOOL LIAISON ASSISTANT OFFICE: MR Don Robinson, (337) 531-9481 DSN, (337) 863-9481; EMAIL: donald.robinson@polk-emh2.army.mil
Mr Robinson has voice-mail and will return your calls...in other words, you will talk with a real living person...not a machine...HE'S ALMOST A DYING BREED!

***PROGRAMS OFFERED THROUGH CHILD AND YOUTH SERVICES (CYS): Building 744 (MAIN OFFICE), 0600-1730, Monday-Friday (Except Holidays), 531-2149/1954.

1. FULL-DAY: up to 10 hours of care per day.
2. PART-DAY PRESCHOOL: 3 hours, Monday-Friday, 0800-1045 & 1200-1445.
3. HOURLY CARE: Daily, 0830-1430, reservations required.
4. BEFORE AND AFTER KINDERGARTEN: 0600-0730 & 1500-1730.

**FORT POLK CURRENTLY HAS NINE (9) QUARTERS-BASED FAMILY CHILD CARE (FCC) HOMES for EXTENDED DAY CARE. REGISTRATION MAY BE DONE AT BUILDING 662, 0800-1630, MONDAY-FRIDAY, (EXCEPT HOLIDAYS). OR YOU MAY CONTACT MS. DELILIAH OR MS. VELMA AT 531-1961/6779.

Quarters-based family child care offers developmental care in a small, family style atmosphere with a limited number of children, FLEXIBLE HOURS, and the capability of addressing SPECIAL NEEDS of military families and sponsors.

Family Child Care (FCC) offers care for children, ages 4 weeks to 12 years in Full-day, Part-day, Hourly care, EXTENDED CARE: 24 HOUR CONTINUOUS HOURS, UP TO 6 WEEKS. Services may be provided by an adult family member occupying government quarters. If child care is provided in government quarters for over 10 child care hours per week or on a consistent basis, the adult family member providing the care MUST BE CERTIFIED.

TO BECOME A CERTIFIED CHILD CARE (FCC) PROVIDER: Contact the FCC office at Building 662, or call 531-1961/6779 to pick up applications. Accepted applicants MUST submit three personal references and successfully complete background clearance checks on all persons residing in the household over the age of 12 years. FIRST AID AND CPR ARE REQUIREMENTS. Accepted applicants are medically screened for RUBELLA AND TUBERCULOSIS. They receive FREE TRAINING AND UNDERGO FIRE, SAFETY, AND HEALTH INSPECTIONS IN THEIR HOMES.

SCHOOL AGE SERVICES/SCHOOL YEAR SCHEDULE:

BEFORE SCHOOL PROGRAM LOCATED AT THE SIEGFRIED YOUTH CENTER, MONDAY-FRIDAY, 0600-0800.

Schools transported to: North Polk Elem. (K-1st), Pickering Elem. (K-6th), South Polk Elem. (2nd-4th) and Vernon Middle School (5-6th).

AFTER SCHOOL PROGRAM AND LOCATIONS:

Siegfried Youth Center location for Pickering Elem. 1st-6th graders.

Child Development Center location for Pickering Elem. Kindergartners.

North Polk Elem. location for their students (K-1st).

South Polk Elem. location for their students (2nd-4th).

Siegfried Youth Center location for Vernon Middle School 5th-6th graders.

SUMMER & NON-SCHOOL DAY SCHEDULE:

Full Day Care: Monday-Friday, 0600-1800

Siegfried Youth Center location for ALL STUDENTS K-6th GRADES

These programs are offered in a safe environment, provides active programs geared to the interests and skills of children and youth to provide daily independence. HOWEVER, STAFF INTERVENTION WILL BE DONE ON A

CONTINUOUS BASIS WITH THE CHILDREN, YOUTH AND PARENTS, to meet their individual needs.

HOURLY SPACES are available at each BEFORE & AFTER school site.

HOURLY RATE: \$2.50 per hour, per child, for the first hour or portion of an hour. The payment MUST be made the day services are provided.

NEWCOMERS/SPOUSE ORIENTATION:
Newcomers-(SPOUSE) Orientation is an Installation Mandated Orientation, designed to help prepare family member(s) adaptation to life in the Fort Polk community. They are held the first Wednesday of each month (EXCEPT JANUARY AND JULY) at the Main Post Chapel, Bldg 427, Radio Road, 0830-1230, sign-in 0830-0850. Our "First Lady", Mrs Kamiya, opens for us, (0900) followed by our Garrison Command Sergeant Major (JONES), and all POC'S listed on the agenda. The Garrison Commander, Colonel Sittnick, closes and dismisses the Orientation with PIZZA AND DRINKS SERVED IN THE COMMUNITY ROOMS FOR

LUNCH. ALL SERVICE AND FAMILY MEMBERS ARE INVITED TO STAY AND EAT. The Pizza is provided by Corporate Sponsor's and the drinks are provided by the Chapel. All though this briefing is mandatory for all incoming soldiers, it is designed to inform and support the family members while the service member performs his/her job. FREE CHILDCARE, ON SITE; but names and ages of children must be provided to CHILD DEVELOPEMENT SERVICES, 531-1961 for proper child care needs. All main post directorates have briefers and points-of-contact present to acquaint incoming families with Fort Polk and the services they provide. THIS IS THE OPPORTUNITY FOR FAMILY MEMBERS TO GET NAMES, PHONE NUMBERS, GUIDANCE AND ADDRESS CONCERNS ON A FACE TO FACE, ONE TO ONE BASIS! (There is ample time provided during breaks to meet privately with the directorate representatives or the ACS staff.) THIS ALSO GIVES THE SERVICE/FAMILY MEMBER AN OPPORTUNITY TO MEET WITH FINANCE AND HOUSING REPRESENTATIVES, TO RESOLVE CONCERNS/ISSUES.

Must Know Items

--Installation--	
Site Name	Fort Polk
Last Updated	January 13, 2003
State/Territory	Louisiana
County	Vernon Parish
ZIP Code	71459
Service	USA
Host Command	FORSCOM
Physical Size	198356
--Personnel--	
FSC/ACS Director	Pam Evans
Relocation Assistance Manager	Sammie Rogers
Relocation Assistance Specialist	Merilyn Rafferty
--Phones--	
DSN Country Code	
DSN Number	863-6923
Commercial Country Code	
Commercial Area Code	(337)
Commercial Number	531-6923 ** 1-800-241-1071
FAX DSN Country Code	
FAX DSN Number	863-1692
FAX Commercial Country Code	
FAX Commercial Area Code	(337)
FAX Commercial Number	531-1692
--Official Mailing Address--	
Street Line 1	AFZX PA FSS
Street Line 2	6939 Mississippi Avenue
City	Fort Polk
State/Territory	LA
ZIP Code	71459-5227
--Deliverable Address--	
Street Line 1	DCFA Army Community Service
Street Line 2	6939 Mississippi Avenue
City	Fort Polk
State/Territory	LA
ZIP Code	71459-5227
E-Mail	site2965@polk-emh2.army.mil / rogeracs@polk-emh2.army.mil

Geographically Separated or Satellite Locations

The former "England Air Force Base" is used as the Intermediate Staging Base (ISB) for the Joint Readiness Training Center here at Fort Polk.

Geographically Separated or Satellite Locations

<i>Satellite</i>	<i>Command</i>	<i>Distance</i>	<i>Associated Site Name</i>
Barksdale Air Force Base-Fort Polk		120 miles	Fort Polk
England Industrial Air Park	JRTC & Fort Polk	45 Miles	Fort Polk
NAS New Orleans		250 MILES- APPROXIMATELY 4 HOURS	Fort Polk
USARB New Orleans		250 MILES- APPROXIMATELY 4 HOURS	Fort Polk
USCG 8Th Coast Guard District		250 miles- APPROXIMATELY 4 HOURS	Fort Polk

Nearby Installations (Listed Separately in SITES)

<i>State/Country</i>	<i>Site Name</i>	<i>Service</i>	<i>Distance</i>
Louisiana	Barksdale AFB	USAF	120 MILES (SHREVEPORT/BOSSIER CITY)
Louisiana	NSA New Orleans	USN	APPROXIMATELY 220 MILES - 4 HOURS

Regulations

CHILD SAFETY BELT LAWS: Violation of the safety belt law was changed from a SECONDARY to a PRIMARY OFFENSE as a result of the growing number of motor vehicle crash fatalities. Offenses for not wearing a seat belt include a \$25.00 FINE ON 1ST OFFENSE, \$50.00 FOR 2ND OFFENSE and \$50.00 + COURT COSTS on the 3RD OFFENSE. Louisiana and local police will normally issue safety belt citations PER CAR, while MP'S WILL ISSUE SAFETY BELT CITATIONS PER OCCUPANT. Children under the age of 6 MAY NOT RIDE IN THE OPEN BEDS OF PICKUP TRUCKS or UTILITY TRAILERS EXCEPT WHEN AN EMERGENCY NECESSITATES THE ACTION AND MUST BE ACCOMPANIED BY AN ADULT. EXCEPTIONS: PARTICIPATION IN PARADE/FESTIVAL EVENT IF ACCOMPANIED BY A RESPONSIBLE ADULT.

STATE VEHICLE REGISTRATION: Liability insurance is a requirement in the state of Louisiana, 10/20/10. Current inspection stickers are a must, unless your vehicle is registered in a state not requiring an inspection sticker (cost of an inspection sticker is \$10.00). Louisiana license plates on an average will cost \$15.00 - \$45.00, depending on the type of vehicle you own or operate. Each applicant must present 1) certification that he or she has current minimum amounts of public liability insurance for bodily injury and property damage for the State of Louisiana; 2) the vehicle registration slip and State inspection sticker if required by licensing State; 3) valid drivers license and plate; 4) motorcycle Defensive Driving cards must accompany motorcycle registration applicants. If the vehicle is not in your name, you must have a notarized letter from the registered owner allowing you to operate the vehicle on/off post. A USAEUR license is valid for 30 days in Louisiana.

Louisiana driver's license may be obtained from the Louisiana State Department of Public Safety and Corrections, Dept of Motor Vehicles office, located in Leesville, La, at 1104 South Third (3rd) Street, (337)238-6434. License Fees are as follows: Regular - \$18; Chauffeur's - \$33; BOTH ARE FOR 4 YEARS. CDL - must be obtained in Alexandria, LA.

ON POST VEHICLE REGISTRATION: ALL VEHICLES MUST BE REGISTERED THROUGH THE PROVOST MARSHALL OFFICE IF DRIVEN ON POST. REGISTRATION OFFICE IS DIRECTLY BEHIND THE PROVOST MARSHALL'S OFFICE, CORNER OF MISSISSIPPI AVENUE AND 22ND STREET. THERE ARE SIGNS DIRECTING YOU TO THE VEHICLE REG OFFICE. Requirements for registration are listed in the "DETAIL BLOCK" UNDER THE NAME: PROVOST MARSHALL OFFICE, ATT: OPERATIONS**

***LOUD NOISE ABATEMENT LAW: THE STATE OF LOUISIANA AND JRTC AND FORT POLK DOES ENFORCE THE NOISE ABATEMENT LAW---1ST OFFENSE = \$150.00---2ND OFFENSE = \$500.00, ETC. If you have received a ticket from another state prior to receiving one from Louisiana or JRTC & FORT POLK, the one prior to the issuance of the one from Louisiana/JRTC & Fort Polk will count as the 2ND OFFENSE (\$500)**LOUD NOISE FROM A VEHICLE = WITHIN 10 FEET IS ENFORCED. LOUD NOISE FROM A RESIDENCE = 50 FEET IS ENFORCED, (IF AFTER HOURS:usually 9-12 pm, could result in higher ticket price)

WEAPONS REGISTRATION: All personnel residing on post must register their privately owned weapons within three working days. A weapon is defined as all firearms, pellet guns, BB guns, knives with blades in excess of 3.5 inches, and archery bows. **Items such as switchblade knives, chinese fighting instruments (throwing stars, nunchakus), and explosive devices are prohibited.** For registration each applicant must submit the make, model, caliber, and barrel length of each weapon. The actual weapon need not be brought in. Individuals residing in family housing may retain their weapons in their quarters after registration. Residents of troop billets MUST store their weapons in their UNIT ARMS ROOM.

CURFEW FOR YOUTH: There is a curfew on the installation for youth who have not attained their 18th

birthday and not enlisted in the military service: 1. Sunday through Thursday: 10 PM until 6 AM; 2. Friday and Saturday: Beginning morning at 12 AM until 6 AM; 3. Holidays: Preceding a weekend or other holiday, 12 AM to 6 AM.

*** Louisiana State Law: requires motorists to pull over as far to the side of the road as possible and stop whenever an emergency vehicle is in sight. This rule applies to any type of an emergency vehicle - police car, fire truck or ambulance - and applies to both lanes (meaning a motorist has to yield to emergency vehicles coming from either lane on undivided streets or highways.) For more information, contact the Provost Marshall Office at (337) 531-1482

Name: Dept of Public Safety and Corrections
POC: Att: Mrs Pardue re: La Law Provisions
Address: 1104 South Third Street
City: Leesville, LA 71446
Phone: (337) 238-6434
<p>Comments: VEHICLE INSPECTIONS: The following is a list of states that require a Mandatory Vehicle Safety Inspection sticker to be displayed on the vehicle certifying that the vehicle meets the periodic safety requirements for the state where the vehicle is presently located: ARKANSAS, DELAWARE, DISTRICT of COLUMBIA, HAWAII, LOUISIANA, MAINE, MASSACHUSETTS, MISSISSIPPI, MISSOURI, NEW HAMPSHIRE, NEW JERSEY, NEW YORK, NORTH CAROLINA, OKLAHOMA, PENNSYLVANIA, RHODE ISLAND, SOUTH CAROLINA, TEXAS, UTAH, VERMONT, VIRGINIA AND WEST VIRGINIA.</p> <p>EXAMPLE: Your vehicle is registered in New York, but you are stationed in Louisiana. If you have a valid Louisiana or New York inspection sticker on your car, it is acceptable. If your vehicle is registered in another state which does not require an inspection sticker, you do not need one in Louisiana.</p> <p>TOWING VEHICLES: In Louisiana, it is legal to tow an automobile behind another automobile, motor-home or pickup camper (camper unit attached to a pickup truck), provided all the wheels of the towed vehicle ARE ON THE GROUND. Lights of the towed vehicle must be connected and operating in conjunction with those of the towing vehicle.</p> <p>MAXIMUM LENGTH TOWABLE: vehicle - 15 feet; speed - 45 M.P.H.</p> <p>WHEEL DOLLIES AND LIFT ARMS FOR TOWING VEHICLES ARE PERMITTED.</p> <p>TRAILERS: All trailers must be registered (license plates) in Louisiana. All trailers manufactured after 1963 must have: tail lights, brake lights, license plate light and turn signal indicators. Mudguards, fenders, side marker lights and an inside rearview mirror are required.</p> <p>**An independent braking system is required for all trailers with a gross weight in excess of 3,000 pounds. Safety chains are required on all trailers under 6,000 pounds.</p> <p>*****Vehicles and trailers registered in other states may travel THROUGH OR TO LOUISIANA AS LONG AS THE VEHICLE AND TRAILER COMPLY WITH THE STATE LAW IN WHICH</p>

<p>THE VEHICLE IS REGISTERED. UPON ARRIVAL TO LOUISIANA, INDIVIDUALS HAVE 90 DAYS IN WHICH TO COMPLY WITH LOUISIANA REQUIREMENTS.</p> <p>This information was provided with accord with Louisiana State Police Troop E.</p>

Name: PROVOST MARSHALL OFFICE
POC: ATTN: OPERATIONS
Address: 22ND STREET
City: Fort Polk, LA 71459-5227
Phone: (337) 531-2677
<p>Comments: ON POST VEHICLE REGISTRATION: THE FOLLOWING DOCUMENTS MUST BE PRESENTED AT THE TIME OF REGISTRATION: (1) Completed Department of Army Form 3626, Vehicle Registration/Driver Record (2) Drivers's license (3) Military I.D. card (soldiers/family members) (4) Civilian I.D. card (Army civilian employees) (5) Proof of employment (Army contractors) (6) Vehicle registration (7) Proof of insurance (8) Motorcycle Safety Card (for those registering motorcycles.)</p> <p>VEHICLE REGISTRATION IS LOCATED RIGHT BEHIND THE PROVOST MARSHALL OFFICE, 22ND AND MISSISSIPPI AVE. THERE ARE SIGNS TO DIRECT YOU TO THE SPECIFIC OFFICE.</p> <p>****Incoming personnel arriving from assignments outside the continental United states will have 30 days to register their vehicles in the States and obtain post vehicle registration.</p> <p>**** Louisiana State Law requires each vehicle to be registered also. COST OF REGISTRATION FOR STATE OF LOUISIANA IS \$10.00 PER VEHICLE. ****</p>

Commonly Referenced Numbers

For more information on this subject:
JRTC & FORT POLK HOME PAGE
<http://WWW.JRTC-POLK.ARMY.MIL>

ALL PHONE NUMBERS LISTED IN SITES FOR FORT POLK ARE PREFACED: AREA CODE: (337)XXX-XXXX; DSN: 863-XXXX

Commonly Referenced Numbers

<i>Name</i>	<i>Commercial</i>	<i>DSN</i>
ARMY COMMUNITY SERVICE (ACS)	(337) 531-1941, 1-800-241-1071	863-1941/2840
ARMY EMERGENCY RELIEF (AER)	(337) 531-1958	863-1958
BABYSITTING ASSISTANCE: CHILD DEVELOPMENT CENTER	(337) 531-1954	863-1955
BABYSITTING ASSISTANCE: FAMILY CHILD CARE	(337) 531-1989	863-1989
BANK : SABINE NATIONAL BANK	(337) 537-3421/3429/3579	-
BARKSDALE FEDERAL CREDIT UNION	1-800-647-BFCU (2328)	-
BILLETING	TRANSIENT (337) 531-9200	863-9200
BUS, GREYHOUND	(337)- 537-0244	863-0244
CHAMPUS	(337) 531-3176	863-3176
CHAPLAIN	(337) 531-2811/3117	863-4228
COMMAND POST - FOD	1-800-227-1071, EXT 1726	-
COMMISSARY	(337) 531-6132	-
COMMUNITY CLUB SYSTEM	(337) 531-4440	-
CREDIT UNION, BARKSDALE FEDERAL	(337) 531-0961	-
DEERS PROJECT OFFICE	(337) 531-1839/1782	-
DENTAL CLINIC	(337) 531-4096	-
EDUCATION OFFICE	(337) 531-5401/5732	-
EXCEPTIONAL FAMILY MEMBER PROGRAM - ACS	1-800-241-1071, *TDD 531-6922	-
EXCEPTIONAL FAMILY MEMBER PROGRAM : HOSPITAL	(337) 531-3629	-
EXCHANGE	(337) 537-0350/1792	-
FAMILY ADVOCACY PROGRAM	(337) 531-1938	-
FAMILY CHILD CARE	(337) 531-1961/2671	-
FINANCE-CIVILIAN PAY	(337) 531-7206/8757	-
FINANCE-MILITARY PAY	(337) 531-8648	-
FINANCE-TRAVEL	(337) 531-1977	-
HEALTH CARE INFO LINE-24 HOUR	1-800-611-2875	-
HOSPITAL	(318) 531-3000	-
HOUSING	FAMILY (337) 531-1379	-
HOUSING-TRANSIENT	(337) 531-9200	863-9200
IN/OUT PROCESSING	(337) 531-7258	-
INFORMATION-ON POST/OFF POST	(337) 531-2911 - (337) 531-113	-
LEGAL OFFICE	(337) 531-2580/2112	863-2112
LOCATOR-CIVILIAN PERSONNEL	(337) 531-4925	-
LOCATOR-MILITARY PERSONNEL	(337) 531-1272/1273	-
MILITARY POLICE	(337) 531-2677/2227/4312	-

Morale Welfare Recreation	(337) 531-1948/6640	863-6640
OFFICER OF THE DAY	1-800-227-1071, EXT 1726	-
POISON CONTROL	1-800-256-9822	-
POST OFFICE	(337) 531-2795	-
PROVIDER HEALTH CARE FINDER	1-800-406-2838	-
QUARTERS-DVQ-VOQ-VAQ	(337) 531-9200	-
RED CROSS	(337) 531-1927/1929	-
SECURITY	(337) 531-2372	863-6836
TRANSPORTATION MGT	(337) 531-4616/1515 INBOUND 531-1920/4510 OUTBOUND	863-4616
TRAVEL OFFICE	(337) 537-0658/0661	-
TRICARE REPRESENTATIVE	(337) 531-3909	-
VETERINARY SERVICE	(337)-531-1322	-

Major Unit Listing

Consolidation of military forces within U.S. borders have led to many changes at Fort Polk. The stationing of new units with rapid deployment missions has made Fort Polk a platform from which soldiers have recently deployed to Haiti, Southwest Asia, Surname, Panama and Bosnia to name a few.

Units currently stationed at Fort Polk include the 2nd Armored Cavalry Regiment, affiliated with the XVIII Airborne Corps, Warrior Brigade (Headquarters Command) contains a number of support units with early deploying wartime missions, Medical, Dental and Military Police Commands complete Fort Polk's structure.

Major Unit Listing

<i>Unit</i>	<i>Command</i>	<i>Point of Contact</i>	<i>Commercial</i>	<i>DSN</i>	<i>Fax</i>
1SF BN (ABN), 509TH PARACHUTE INF BATTALION		CDR	(337) 531- 6253/6420	863-6253/6420	
256TH INFANTRY BRIGADE (MECH)		LOUISIANA NATIONAL GUARD	(337) 531-1207	863-1207	
2D ARMORED CAVALRY REGIMENT		CDR	(337) 531-2060	863-2060	
519TH MP BATTALION		CDR	(337) 531-7020	863-2974	
DENTAC - DENTAL COMMAND		CDR	(337) 531-2327	863-4490	
DETACHMEN T 31, WEATHER SQDN (USAF)		CDR	(337) 531-6702	863-6702	
HEADQUARTERS COMMAND (WARRIOR BDE)		CDR	(337) 531-4608	863-4608	
JRTC COMMAND OPERATIONS GROUP		CDR	(337) 531-0157	863-2974	
MEDDAC - BAYNE- JONES ARMY HOSPITAL		CDR	(337) 531-3927	863-3926	

(337)537-2732 Hours:..... : 8:30 am - 4:30 pm

Transportation

COMMUNITY TRANSPORTATION

Military taxi services are available on post as well as other on-base transportation. Schedules and fees can be obtained by calling these numbers: Location... : Building 3409, Alabama Avenue.
Telephone.. : Office - (337)531-4883/4550; Taxi - 531-4982

Carlson Wagonlit Travel (Official Travel)
Location..... : Bldg 1860, Alabama Avenue
Telephone..... : (337)537-0658/0661
Hours..... : 8am - 4:30pm

Carlson Wagonlit Travel (Leisure Travel)
Location..... : Bldg 1454, Alabama Avenue

Name: ALEXANDRIA INTERNATIONAL AIRPORT
Address: ENGLAND INDUSTRIAL AIRPARK
City: Alexandria, LA 71309-0992
Comments: Alexandria International Airport is located within England Industrial Airpark, off of La Hwy 28, on Vandenburg Drive. If coming to Fort Polk from the Alexandria International Airport follow Vandenburg Drive to Hwy 28, turn right onto 28. Fort Polk is 45 miles from the airport.

Commissary and Exchange Operations

A wide range of facilities are available for soldiers and family members on Fort Polk.

Name: Class Six Beverage Store
Address: Bldg 752, Colorado Ave
City: Fort Polk, LA 71459
Phone: (337) 535-0456

Name: Fort Polk Commissary
Address: Bldg 830, Bell Richard Ave.
City: Fort Polk, LA 71449-5000
Phone: (337) 531-7339

Comments:

When visiting our Commissary for the next few months you will notice things are being moved to accomodate the renovations taking place to better serve our customers. We ask that you bear with us until completion date(s) have been accomplished. Right now our Commissary Sales Store offers more than 11,500 items to meet household needs of active, reserve, and retired military personnel and their family members.

Special orders for meats, deli, bakery trays, and hand decorated cakes are available 48 hours in advance except during payday activities. Requests for vegetable trays, fruits or baskets, are accepted 72 hours in advance.

"Behind the Scene" tours may be arranged by written request, one week in advance and by calling: (337) 531-2747

Name: Main Shopping Mall
Address: Bldg 840, Colorado Ave.
City: Fort Polk, LA 71459
Phone: (337) 537-1001

Comments:

Cashier's Cage	537-1004
Customer Service	537-0693
Barber Shop	537-7921
Beauty Shop	537-3102
Burger King Express	537-7948
Car/Truck Rental	537-8694
Florist Shop	537-3103
Food Court	537-4089
Laundry/Dry Cleaners	537-2233
Optical Shop	537-4873
Class Six	535-0456
Phone Center	537-4024
Western Union	537-1004
Military Sales Store	537-1017

Name: Military Clothing Sales Store
Address: Bldg 4310, off Texas Ave.
City: Fort Polk, LA 71459
Phone: (337) 537-1017

Name: South Fort Filling Station
Address: Bldg 1725, Alabama Ave.
City: Fort Polk, LA 71459
Phone: (337) 537-1354/8269

Local Community

Local Community Overview

Welcome to Louisiana! Home of 100-year-old moss-draped OAK TREES; RAMBEAUX, (The Old Man) our 100-year-old, 100-pound TURTLE, and FORT POLK. You will find Fort Polk located in West-Central Louisiana, better known as "SPORTSMAN'S PARADISE" or "CROSSROADS." (The Crossroads area is split into three subregions: Many-Leesville-DeRidder-East Texas; Natchitoches-Winnfield; and Alexandria). Fort Polk is located in the Many-Leesville-DeRidder-East Texas subregion with post size equalling 198,963 acres. Army owned - 100,838; Forest Service owned - 98,125 = Intensive use - 40,506, Special use - 12,820, Limited use - 44,799.

Last census, 28 Feb, 2001, gave our total support population as 102,565: Military Personnel residing on post - 7,200; Military Personnel residing off post - 1,485; Military Family Members - 12,940; Army Civilian Employees - 2,034; PX, Contractor Employees - 3,174; Retirees: Louisiana/Southeast Texas - 13,207; Family Members - 23,773; Reserve Component, ROTC: National Guard/Reserve (annual/weekend training), ROTC and reserve centers -7,724.

French Louisiana and the surrounding communities are so diversified, the word "Lagniappe" (pronounced: lan-yap, means: "something extra and proud of it") is used to describe our history, culture, and our many varied peoples. The dominant American cultures of our regions are French-American, West Indian, African-American, Canadian-American, British-American, German-American, Spanish-American, Latin, Anglo, and Creole; therefore: "Lagniappe"!!

You'll find "Parishes" rather than "Counties" with names of cities, towns and villages named for our many cultures. The music, too, is varied and

exciting: Gospel, Zydeco or Cajun, Bluegrass, R & B (Urban or Delta), Dixieland or Progressive, Country and Western, and the greatest of them all, JAZZ.

Around the world, culinary experts have at least one thing they can agree on - Cajun cuisine is a true marvel of gastronomic delight. The names reflect the zesty, intricate nature of this wondrous cuisine - `etouffee, boudin, andouille, piquante, gumbo and jambalaya. Our TEA comes SWEET or UNSWEETENED and we LOVE FRIED OR SMOKED TURKEY! Truly "Lagniappe"! Below you will find a small list of restaurants for your convenience. Welcome to our community.

All numbers listed are prefixed with (337): ANGELS'S CHOICE BARBEQUE & STEAKS 238-1298, WAGON MASTER STEAK HOUSE 239-7482, PRESELEY'S COUNTRY CATFISH/ BAR B Q SMOKE HOUSE 462-8864, THE CATFISH HUT 462-2266, HUNAN'S CHINESE RESTAURANT 239-0168, LANDMARK INN 239-7571, JACK'S-ALL-YA NEED 239-6009 PAT'S STEAK HOUSE 239-7605, RYAN FAMILY STEAK HOUSE 462-1122

We also have: MacDonalds, Arbys, Burger King, Sonic, Dairy Queen, Taco Bell, KFC, Dominos, Pop Eyes, Lil Ceaser, Pizza Hut, Papa Johns, Robin Hood, Smokehouse, etc.

Comments:

Louisiana law requires that vehicle occupants age 5 and over wear seat belts in the front seat, ARMY REGULATION 190-5 STATES: ALL OCCUPANTS REGARDLESS OF AGE OR LOCATION IN THE VEHICLE WILL USE SAFETY BELTS. Louisiana law provisions are as follows:

- (1) Birth - 20 pounds, children must be in convertible seats that face the rear of the vehicle.
- (2) 20 months - 2 yrs, children must be in forward-facing convertible seats.
- (3) 3-4 yrs, children must be in convertible or booster seats or in seat belts when riding in the rear seats.
- (4) 5 yrs and up, must be in seat belts when riding in the front seats of ANY vehicle.

RS 32:295 law provides:

- (1) Vehicles equipped with passenger-side airbags, infants in rear-facing child safety seats must ride in rear seats to avoid injury from the impact of airbags.
- (2) Children in child safety seats are safest when transported in the CENTER of the REAR SEAT. The REAR SEAT IS THE SAFEST PLACE FOR CHILDREN OF ANY AGE TO RIDE.
- (3) Child safety seats must meet Federal Standard 213 and be properly installed.
- (4) Child restraint violations will be issued to the driver.

Time Zone Chart

JRTC and Fort Polk, Louisiana is located in the Central Standard Time Zone.

Time Zone Chart

<i>Location</i>	<i>Adjustment for GMT</i>
Pacific	-8
Mountain	-7
Central	-6
Eastern	-5
Greenwich (United Kingdom)	0
Central European (Germany)	1
East Asia (Japan)	9

Climate

The weather in the coastal region is as diverse as everything else about Louisiana. The moody Gulf of Mexico is the state's weather-maker and gives Louisiana its subtropical climate. Snow rarely falls in the southern sections, with only light snowfalls

usually recorded in the northern areas. However, sometimes weather conditions are right for the whole state and we will have ice fall rather than snow. When that happens, the whole state shuts down because no one knows how to drive on ice!

The statewide annual rainfall is about 56/66 inches a year, with the northern regions averaging as high as 66 inches of rainfall a year. It's not unusual during the month of June to have showers every afternoon or late evening.

Annual average temperatures range from 66-69 degrees, with July averaging 89-95 degrees and January averaging 40-57 degrees. With

temps like these it's easy to see why we tell people to bring sweaters and light jackets, not coats. Our hottest months are July-September, and hurricane season is June-November. The humidity averages 80%-85% year 'round. Remember, Louisiana gets its subtropical climate from the Gulf of Mexico.

Climate

<i>Month</i>	<i>High</i>	<i>Low</i>	<i>Humidity</i>	<i>Precipitation</i>
January	57F	41F	78.0	5.26 inches
February	61F	43F	80.2	5.99
March	69F	50F	79.3	4.45
April	77F	59F	78.4	3.64
May	83F	65F	83.3	6.40
June	89F	71F	83.5	7.09
July	92F	74F	84.1	4.31
August	91F	73F	85.5	3.66
September	86F	68F	84.1	3.97
October	78F	58F	83.1	4.39
November	68F	50F	81.7	5.87
December	60F	43F	80.4	6.92

Events Calendar

The heartbeat of the partying state of mind, for which Louisiana is known worldwide, begins in New Orleans and radiates out to every city and town, village, and crossroads. Throughout the state, there is a party of fairs and festivals going on year-round that celebrates the riches of our natural bounty and the diversity of our cultural heritage. Spring and Summer seasons are opened up with the Crawfish Fests and the Summer Fishing/Tackle/Bait/Boat shows and fests. The Vernon and Beauregard Parish fairs and rodeos are always held in October to help us get the Autumn season kicked off. (Actually, we use this as another reason to celebrate and congregate with our parish neighbors). And then comes Christmas!! If you've never experienced Christmas Cajun style you're in for a treat! We don't have snow but we do have a lot of fun followed by Mardi Gras to take us into Easter! A good time to be had by one and all!

Nature's blessing on Louisiana can be seen in our seafood, crops and forests: the result of a climate in which almost anything can - and does - grow and flourish. The natural bounty gives our people a cause for celebration, a cause they have taken up with a passion over the years, leaving us a legacy of food and music at more than 130 fairs and festivals.

Every weekend you'll find something new and different to celebrate in many of the cities, towns, and villages of Louisiana. You may have to drive a few miles but the trip will be worth the time and effort! Join your friends and neighbors, and all of Louisiana, at a fair or festival near you. It will be a celebration of some of the best Louisiana has to offer.

Although we cannot recommend nor promote any particular hotel or motel we have provided a small listing to get you started. Also, to make your traveling a little easier, below is a listing for all national chains.

BEST WESTERN DE RIDDER: (318) 462-3665
 COUNTRY INNS LEESVILLE: (800) 256-2210
 DAYS INNS LEESVILLE: (318) 239-2612
 DAYS INN ALEXANDRIA: (318) 443-7331
 LANDMARK LEESVILLE: (318) 239-7571
 MOTEL 6 ALEXANDRIA: (318) 445-2336
 MOTEL 6 BATON ROUGE: (504) 924-2130
 HOLIDAY INN ALEXANDRIA: (318) 487-4261
 SANDMAN INN LEESVILLE: (318) 239-0950
 HOLIDAY INN LAKE CHARLES: (800) 433-8809 (USA) TRAVEL INN LAKE CHARLES: (318) 433-9834
 BEST WESTERN LAFAYETTE: (800) 826-8386 (USA) SUPER 8 NATICHOTCHES: (318) 352-1700
 SUPER 8 LAFAYETTE: (318) 232-8826
 SUPER 8 SHREVEPORT: (318) 635-8888
 QUALITY INN LAFAYETTE: (800) 752-2682
 RODEWAY INN LAFAYETTE: (800) 535-5344

Name: ALLIGATOR FESTIVAL
POC: WILLIAM HANNEN
Address: 105 CHRISTINA COURT
City: LULLING, LA 70070
Phone: (504) 785-2571
Proximity to site: APPROX 176 MILES
Comments: This fest is just what it says, Alligator. See them caught, wrestled, raced, fed, tanned and cooked. Many people make their living with the alligator as the main source of income, thus "fest". Many arts and crafts booths have alligator skin products to sell or view.

Name: BLUEGRASS FESTIVAL
Address: COVERED WAGON PARK
City: ANACOCO, LA
Phone: (337) 239-0938
Proximity to site: 10 - 15 Miles
Comments: Third (3rd) weekend of September, this nationally known, ANNUAL four (4) day celebration of DOWNHOM GOSPEL / BLUEGRASS / COUNTRY MUSIC provided by groups from all over the Southern United States. This year's festival included performances from groups from Louisiana, Tennessee, Alabama, Georgia, Mississippi, and Texas. RV camping and tent camp sites are available.

Name: BONNIE & CLYDE TRADE DAYS
POC: TOURIST CENTER
Address: PO BOX 433
City: ARCADIA, LA 71001
Phone: (337) 263-2437
Proximity to site: APPROX 70 MILES
Comments: Trade Days are held every third (3rd) weekend before the third (3rd) Monday of the month. It's also the location of one of Louisiana's largest flea markets. This event takes place within walking distance of the site where the "G Men took-out" the famous pair. Free admission and some free food and drink booths.

Name: FESTIVALS ACADIENS
POC: KELLY STRENCE
Address: PO BOX 52066
City: LAFAYETTE, LA 70503-1307
Phone: (337) 232-3808 1-800-346-1958
Proximity to site: 80 MILES (US Hwy 10)
Comments: Experience genuine Cajun culture, feel the rhythm of the music, dance a lively two-step and feast on authentic Cajun and Creole cooking. A good time can be had by one and all. No admission, some food booths free.

Name: FISHER SAWMILL TRADING POST
Address: US HWY 171 N, PO BOX 1228
City: Leesville, LA 71446
Phone: (318) 238-0349
Proximity to site: 20 MILES
Comments: This is a small historic community where you step back in time. When you visit Fisher, you will be walking on the same boardwalk used by the early settlers of the territory. There are a few specialty shops found there but most people enjoy walking through the old commissary and theatre and browsing for antiques and collectibles. Concerts, plays and music fests are still held in Fisher. No admission.

Name: LOUISIANA COTTON FESTIVAL
POC: TINA GUILLIORY
Address: 410 EVANGELINE DRIVE
City: VILLE PLATTE, LA 70586
Phone: (337) 363-7348
Proximity to site: APPROX 75 MILES (1 1/2 HOURS)
Comments: This event features parades, carnivals, games and contests, treasure hunts, art shows, arts & crafts and foods of all kinds. The city participates by blocking off all streets for the revelry. No admission.

Name: LOUISIANA DOLL FESTIVAL AND SHOW
POC: SANDY LONG
Address: P.O.BOX 1174
City: DERIDDER, LA 70634
Phone: 1-800-738-5534
Proximity to site: 18 MILES
Comments: Festival held each year during the first weekend of May in the downtown DeRidder National Historic District. This is one of the largest doll collections of the south with more than 3000 dolls on display for trade or sale.

Name: LOUISIANA SHRIMP AND PETROLEUM FESTIVAL
POC: CONNIE STEVENS
Address: PO BOX 103
City: MORGAN CITY, LA 70380
Phone: (504) 385-0703
Proximity to site: APPROX 250 MILES
Comments: This is a fest and demonstration of how and when the shrimp and petroleum industry came into being. Free shrimp boat rides, all the shrimp you can eat (perhaps your own catch), arts and crafts, dances and demonstrations galore. Held August 29 - September 2 1996.

Name: MAY FEST
POC: ELIZE HOWERTON
Address: 1011/2 EAST TEXAS HWY
City: LEESVILLE, LA 71446
Phone: (337) 238-3244
Proximity to site: 7 Miles
Comments: THE FEST IS HELD THE 1st WEEKEND IN MAY - THUS "MAY FEST", an ANNUAL two (2) days of celebrating the arts and crafts of the Central Louisiana area. Music, Food, Booths, Art Exhibits and Contests, Quilt Exhibits, Car Shows (Street Rods and Originals), etc., etc. If you're up and about early the morning of the "Fest" go have an early morning PAN CAKE BREAKFAST with the folks downtown. They're made while you're standing there, watching and waiting....hot and just waiting for the butter and syrup. The downtown streets are blocked off for the STREET DANCES and EXHIBITORS. A GOOD WAY TO HAVE GOOD FAMILY FUN, AND MOM DOESN'T HAVE TO COOK!

Name: MAYFEST
POC: VERNON ARTS COUNCIL
Address: 100 1/2 EAST TEXAS STREET
City: Leesville, LA 71446
Phone: (337) 238-3244
Proximity to site: APPROX 6 MILES
Comments: This event is held every year in downtown Leesville. Food booths open at 6 am (PANCAKE BREAKFAST BOOTH IS MY FAVORITE AT 6AM IN THE MORNING) and the arts & crafts booths open at 8am. Part of the downtown area is blocked off for vendors and events taking place in the streets. Free admission for all. (A good opportunity to pick up some early Christmas gifts).

Name: MUSEUM WEST LOUISIANA TOURS
POC: Mary Cleveland
Address: 803 South 3rd Street
City: Leesville, LA 71446
Phone: (337) 239-0927
Proximity to site: Downtown Leesville - 6 miles
Comments: Hours of Operation: Tuesday - Saturday, 1:00 pm - 4:00 pm. +++++ A word to the wise = If you like homemade jams (my favorite is blackberry), jellies (my favorite is Mayhaw = closely resembles the palate of crabapples only better), and speciality items at affordable prices, you will want to visit the "Gift Shop" located adjacent to the Museum. All proceeds go back into the upkeep of the Museum. Also a good place to have speciality meetings. Talk with Mrs Cleveland about having your coffee, tea or FRG meeting there.

Name: OFFICERS SPOUSE CLUB ARTS & CRAFT SHOW
City: Fort Polk, LA 71459
Phone: (337) 531-1979
Proximity to site: ON POST
Comments: This is an annual 2 day event, at the Wheelock Gym, with vendors from the local and tri-state area. There is plenty of food, drink and door prizes to be had. Most of us use this opportunity to pick up extra Christmas presents or that special present we need for the person who has everything. A good time is passed by one and all.

Name: PLOW DAYS
POC: BEN BAGGETT
Address: ARROWHEAD CANOE RENTALS HWY 26
City: MITTE, LA
Phone: (800) 637-2086
Proximity to site: 23 Miles
Comments: Plow Days is held the FORTH (4th) Weekend of September with Plowing Demonstrations using Draft Horses; Log Skidding and Log Cutting demonstrations. Good OL' FASHIONED Foods, Music, Crafts, Vendors, Antiques, and Wagon Rides for the Kids and the young at heart. Usually gets kicked off with a trail ride for all of the horse enthusiasts. THE BEST PART IS ADMISSION IS FREE. For more information you may call the number listed above.

Name: SOUTHERN PICKIN' & GINNIN' FEST
POC: SHANE BRIDGES
Address: PO BOX 873
City: RAYVILLE, LA 71269
Phone: (337) 728-3380
Proximity to site: APPROX 60 MILES
Comments: Held in August every year, with demonstrations of who, what, how, when, why and where cotton is picked and ginned. Fantastic food and free fun for all the family (especially children who have never seen cotton).

Name: SOUTHWEST LOUISIANA ZYDECO MUSIC FESTIVAL
POC: Teresa Johnson
Address: 171 N PO BOX 1228
City: Leesville, LA 71446
Phone: (337) 238-0349
Proximity to site: APPROX 60 MILES
Comments: This festival is located in Plaisance, La (play-sauce), between Opelousas and Ville Platte,(don't worry if you can't pronounce the names, just so you find the place). This is a celebration of the rich Creole culture, food and music you can't afford to miss. Held 1st Saturday in September every year, 11am-12 midnight. Zydeco music, arts and crafts can also be found. Tickets may be purchased through the ITR office on post. You may contact the Calcasieu Parish Tourism Office for more information.

Name: VERNON PARISH COURTHOUSE TOURS
POC: John Crook
Address: South 3rd Street (inside the Courthouse Bldg.)
City: Leesville, LA 71446
Phone: (337) 238-0783
Proximity to site: VERNON: 6 MILES
Comments: These tours are free to the public sponsored by Vernon Parish Tourism Committee. The Tourism Office is located on the 1st floor of the Courthouse. You will also find information on other interesting sites within the state there; and a loving breathing person to talk with for guidance about your "Louisiana Tours". The Leesville Courthouse is one of the oldest judicial buildings within the "Old Louisiana Territories", also known as "No Mans Land".

Name: WEST LOUISIANA FORESTRY FESTIVAL, FAIR AND RODEO
POC: TERESA JOHNSON
Address: Hwy 171 North, P O Box 1228
City: Leesville, LA 71446
Phone: (337) 238-0349
FAX: (337) 238-0340
Comments: The Louisiana Forestry Festival, Fair and Rodeo is always held the last week of September going into the 1st week of October; according to how the calendar year falls. The Lions Club is the sponsoring agency for the Rodeo, sanctioned by the PRCA. It always starts on Thursday nights and goes through Saturday nights. The Fair grounds open for the public on Wednesday, with the Senior Citizen Jamboree during the day. The Midway opens that evening and runs through Sunday afternoon, 4 pm, for the public.

Cultural Attractions

Visit your local on-post Travel Center, keep an eye on the local newspapers, listen to the local radio stations, and visit your ACS. There are so many festivals, celebrations, historical sites and tours going on during the year, you'll never be bored. (Some historical tours are free, others charge between \$3 - \$8 per person, with children getting in free with an adult.) A must for the children is to visit New Orleans for the Aquarium of the Americas, Audubon Zoo and Riverwalk Tour, as well as rides on one of the riverboats that dock in New Orleans. After taking in these sites (a warning to parents - they usually require a day each), you'll want to visit the Children's

Museum. It's a "hands-on" experience with everything from space shuttle driving to feeding the baby animals (better take a change of clothes for the little ones, AND A CAMARA!).

If that's not something you feel you would enjoy, try a visit to the beautiful Jungle Gardens and Bird Sanctuary of Avery Island (home of the Tabasco brand pepper sauce - one of the world's best known seasoning). This exotic place was developed by the late Edward Avery McIlhenny. Camellias, azaleas, gardenias, and many tropical plants, in season, form a beautiful display. The Chinese Garden features a Buddha dating from 1000 A.D. Enormous flocks of egrets, herons, ducks, and other wild fowl are protected and may be seen here. There is an admission charge for the Gardens but the Tabasco factory and Country Store tour are free. Open year round: 8am - 5pm; for more information call 1-800-634-9599.

On the way down to New Orleans or the Island, why not stop and visit Evangeline Oak Park and Bayou Teche Promenade in St. Martinville, Louisiana (you'll find we have a lot of Saint-this and Saint-that for place names here in Louisiana). This is the home of the famous Evangeline Oak and the Mother Church of the Acadians, established in 1765, although the building is circa 1844 (guided tours in both French and English are available). There is also a costume exhibit of Oak and Pine Alley weddings (you may get to be one of the participants during the exhibitions). Local musicians and storytellers gather daily to greet locals and tourists to entertain them with stories of the past and present under the Evangeline Oak. Call (318) 394-2232/2233 for more information. If you're the more genteel type, try the La Maison Duchamp tour of homes from the National Register of Historic Homes and Places. Open daily 9am-4pm, call (318) 394-2229 for more information.

You may want to travel down to Eunice, Louisiana, to the Cajun Music Show. This is a live radio broadcast featuring both Cajun and Zydeco music and humorists. This is a family oriented activity and has been voted one of the "Best Music Shows" in the U.S. by the show business industry. It runs every Saturday night, 6pm-8pm, call (318) 457-7389 for more information.

Located on Hwy 171, just 12 miles north of Leesville, is beautiful Hodges Gardens, the "Garden in the Forest." This is the largest privately owned/operated garden in the U.S., with over 4700 acres. The gardens include year-round 60 acre Formal Gardens, Old Fashion Rose Gardens, hiking

and nature Trails, Picnic and Historical Areas, wildlife preserve and a 250-acre pleasure boat and fishing lake. Lodging and restaurant is located right across the street from the entrance of the gardens. Hodges Gardens is perhaps more famous for their Easter, 4th of July, and Christmas celebrations; and ALL FEATURES/EVENTS/TOURS ARE WHEELCHAIR ACCESSIBLE. Call (318) 586-3523 for more information.

This is just a sample of what's in store for you when you visit the Fort Polk/Leesville/DeRidder, Louisiana area. Come explore your new territory with an open mind and heart and look for a new adventure around every corner. "LAISSEZ LES BON TEMPS ROULER!" (LET THE GOOD TIMES ROLL!)

Name: FALL CEMETERY TOURS
POC: John Crook, Ecexutive Director
Address: 201 Third Street
City: Leesville, LA 71446
Phone: (337) 239-0783; (800) 349-6287
Proximity to site: 7 Miles
Comments: Held annually, the Cemetery Tours feature characters from the history of Vernon Parish. Dressed in PERIOD COSTUME, the players take the tour participant back in time to the PIONEER PERIOD of Vernon Parish. Tour participants enjoy a DAYLONG BUS TOUR THAT VISITS CEMETERIES THROUGHOUT THE SOUTHERN PORTION OF VERNON PARISH.

Name: HOLIDAY TOUR OF HOMES
POC: John Crook, Executive Director
Address: Vernon Parish Tourism Commission 201 Third Street
City: Leesville, LA 71446
Phone: (337) 238-0783; (800) 349-6287
Proximity to site: 7 Miles
Comments: Held annually the first complete weekend in December, the Holiday Tour of Homes offers a glimpse of local historic and contemporary homes decorated for the holiday season; while enjoying special music and refreshments. These tours are sponsored by the Vernon Parish Tourism Commission and offer two chances for your enjoyment with an AFTERNOON and CANDLELIGHT tour. Each showcases a different and unique "line-up" of homes. You may call the numbers above for more information and/or reservations.

Name: MUSEUM OF WEST LOUISIANA
POC: Mary Cleveland Museum Director
Address: 800 South Third Street
City: Leesville, LA 71446
Phone: (337) 238-0927
Proximity to site: 7 Miles
Comments: Established for the purpose of preserving and displaying artifacts illustrative of the history, culture, folk art and resources of Vernon Parish and West Central Louisiana. Located in the former K.C.S. Railroad Depot, the building is listed on the National Register of Historic Places. It's a wonderful place to hold FRG meetings, Coffee Groups, Field Trips, Boy and Girl Scout meetings and other specified youth groups. For more information or to make reservations you may call Mrs. Cleveland at the number above.

Name: VERNON PARISH LIBRARY
POC: Howard Coy, Jr. Director
Address: 1401 Nolan Trace
City: Leesville, LA 71446
Phone: (337) 239-2027; (800) 737-2231
FAX: (337) 238-0666
Proximity to site: 7 Miles
Comments: The Vernon Parish Library is one of only THREE (3) PUBLIC LIBRARIES in the state that is a United States Government Depository. It is also a Louisiana State Depository. The Library also features a CHILDREN'S WING, SPECIAL CHILDREN'S PROGRAMS, A SPECIAL ARCHIVES AREA on the second floor gallery. For your convenience they also have CD-ROM SERVICES, INTERNET AND PC SERVICES, REMOTE ACCESS, BOOKS, MAGAZINES, VCS, CASSETTE TAPES, DVDS, COMPACT DISCS, BOOKS ON CASSETTE, LARGE PRINT MATERIALS, REFERENCE MATERIALS and a GENEALOGY COLLECTION that is second to none! Preschool Story Hour is held on Tuesday's at 10:00 A.M. Everyone is welcome.

Name: VERNON PARISH TOURISM COMMISSION
POC: John Crook, Executive Director
Address: 201 Third Street
City: Leesville, LA 71446
Phone: (337) 238-0783
Proximity to site: 7 Miles
Comments: Located in the HISTORIC 1910 VERNON PARISH COURTHOUSE, in the heart of the Leesville Historic District. The Tourism Commission promotes area recreational areas. Historic sites and special parish events. COME VISIT and ENJOY!

Name: WALKING TOUR OF HISTORIC THIRD STREET
POC: John Crook, Executive Director
Address: Vernon Parish Tourism Commission 201 Third Street, Vernon Parish Courthouse
City: Leesville, LA 71446
Phone: (337) 238-0783
Proximity to site: 7 Miles
Comments: Stop by the Vernon Parish Tourism Commission and pick up a walking tour brochure. Buildings in the Leesville National Register Historic district are marked with bronze plaques giving the historic name of the building and date of construction. A marker honoring the founders of Vernon Parish is on the Courthouse lawn.

Recreation Opportunities

With the abundance of trees in Vernon Parish, a nature-lover can walk, camp, hike, picnic, swim, canoe, hunt, fish, or birdwatch (half of the birds of North America are found in Southwest Louisiana) through the nearby forested areas to his/her heart's content. A visit to the Sabine Nature Trails, Alexander State Forest Wildlife Management Area/Indian Creek Recreation Area, Kisatchie National Forest: Wild Azalea National Trail, Fullerton Lake Rec Area, Forest Sugar Cane National Trail will convince you to stay awhile. If canoeing is more to your liking, don't forget the Sabine River, Whiskey Chitto, Toro Bayou and Kistachie Bayou. Any water-sports enthusiast can find fun/sun/fishing, water skiing at Vernon Lake (approximately 9 miles from post), Anacoco Lake (13 miles), Bundix Lake (17 miles), or world-famous Toledo Bend Reservoir. History buffs can browse through the Museum of West Louisiana on South 3rd Street in Leesville, then stroll up the street to the Vernon Parish Courthouse. Or, they can visit the town of De Ridder,(9 miles

from post) and be transported back in time also. There are a great many antique/junk/flea market/strip minimalls within a 20 mile radius of the post to keep everyone entertained no matter where their interest may lie. NOT YOUR FORTE'? Then why not go hunting? The leasing policy is in effect here in Louisiana, but the local Wildlife, Fisheries and Game Division (or the Game Warden Section, Fort Polk) can give you all the information you will need to have an enjoyable hunt (includes deer, turkey, duck, goose, squirrel-bow or gun to mention a few;) or pick up some extra experience (not to mention \$\$) if you like to trap!

STILL NOT YOUR FORTE'? Check out the Shopping section of this book, (or continue reading to find out where to go to, as we say "pass-a-good-time!")

Beautiful Toledo Bend Lake, located on the Texas-Louisiana border is the largest man-made reservoir in the South and the 5th largest in surface acres in the United States. Toledo Bends 186,000-acre man-made reservoir, is filled with bass (black and white), stripers, Florida bass, bream, crappie and catfish. (IF YOU LIKE PARTICIPATING in FISHING TOURNAMENTS, YOU'VE COME TO THE RIGHT PLACE!) Recreation is also available on the mammoth lake with trips to Hodges Gardens, a majestic "Garden in the Forest" filled with magnificent flowers, cascading waterfalls, birds and wildlife, hiking/biking trails and scenic picnic areas.

Those who thrive on the rich history of the South and the El Camino Real will be transported back in time as they visit the village of Fisher Sawmill Days, the Reenactment of the Battle of Pleasant Hill and Merryville, Ramblin' Round the Bend Festival, Hodges Gardens 4th of July celebration, Fort Polk 4th of July celebration, Zwolle Tamale Fiesta, Florien Free State Festival, Hodges Gardens Easter Sunrise Service and Celebration of Lights at Christmas, Natchitoches Festival of Lights and fireworks at 4th of July and Christmas, Louisiana Blueberry Festival, River City Fest, Duel On The Border or visit the Mansfield State Commemorative Area, National Fish Hatchery and Aquarium, Louisiana Sport Hall of Fame, Fort St. Jean Baptiste, Melrose Plantation, Kent House and Plantation, Kate Chopin Home, Magnolia and Beau Fort Plantations and an abundance of bed and breakfast establishments to capture the imagination of the past and present.

No matter how the taste runs for recreation, other than ice/snow sports, you can find some of it all in Vernon, Beauregard, Calcasieu, Sabine, DeSoto,

Rapides and Natchitoches Parishes. All of these mentioned above can be visited within one-two hours by auto.

If you find you're feeling adventurous, visit Delta Downs in Lake Charles, La, or Louisiana Downs in Bossier City, to see how thoroughbred racing is done in Louisiana. Each of these are within 1-1 1/2 hours away. While you're in Lake Charles why not take a bathing suit and visit the beach for a swim and some sun? If you feel like visiting strange, exotic animals and reptiles you might like to visit one of our many famous zoos. These are within 1-2 hours away. DON'T FORGET, Louisiana is the home of the famous White Alligator, the only place they have been found in the world.

However, if staying at home is better suited to your taste, the many recreational activities to be found on post will keep you busy also. Below you will find a few listings.

Name: Alligator Lake Recreation Site
POC: Don Davis
Address: Bldg 8562
City: North Fort Polk, LA 71459
Phone: (337) 531-5340
Proximity to site: Approx 10 miles from South Fort Polk
Comments: Alligator Lake recreation Site is approximately 2 miles North of junction to Artillery Road and Avenue K (North Fort Polk). This area offer fishing, pavilions with tables and grills, softball, volleyball and badminton areas, picnic sites, nature trails and spots, playgrounds and open areas to plan your own recreational activities. Available also are fishing boats, camping gear, scuba gear, water skis, party grills, boating items, and sports equipment for use by military and eligible civilians. This area is also popular with unit functions and private parties, due to the large pavilions and enclosed kitchens. Since this is a very popular place you will want to make your reservations well in advance. The hours are dawn to dusk, year-round.

Name: Art & Crafts Center
POC: Dawn R. Calcote
Address: Bldg 922, Bell Richard Ave
City: Fort Polk, LA 71459
Phone: (337) 531-1980/4348
Proximity to site: On Post
Comments: The Arts & Craft Center is located at the intersection of Mississippi Ave and Bell Richard. Trained instructors are on hand for group or individual projects. There is a small fee scale.

Name: Breaux Bridge Crawfish Festival
POC: Calvin LaGrange
Address: PO BOX 25
City: Breaux Bridge, LA 70517
Phone: (318) 332-6655
Proximity to site: APPROX 135 miles (1-11/2 hours)
Comments: This little Cajun village on the banks of the Bayou Teche became world renowned in 1959 when it celebrated its centennial with such 'eclat' that the Louisiana Legislature passed the house Concurrent Resolution No. 17 which named the town of 5,000 "La Capitoile Mondiale des Ecrevisseries", Crawfish Capitol of the World. All the activities associated with the festival are held in Park Hardy, except the parade. Festival revellers are able to enjoy boiled Crawfish, fried crawfish, crawfish etouffee, crawfish dogs, crawfish jambalaya, crawfish boudin, crawfish pies, crawfish bisque, crawfish gumbo, etc. Other local cajun favorites will be served also (red beans and rice, fried fish, shrimp, crab and other ethnic dishes). While visiting you might want to participate (or watch) the crawfish races (featuring horses and crawfish), rural crafts and folklore exhibitions, cajun dance contests, crawfish carnival midway, crawfish eating contest or the crawfish etouffee cook-off (cook-off is also noted for the showmanship displayed by the contestants and has been featured on many local and international television networks). Truly a good time to be had by one and all (and the price is right - free)!

Name: Emerald Hills Golf Resort
POC: Information Desk
Address: P.O. Box 460
City: Florien, LA 71429
Phone: 1-800-533-5031/(318) 586-4661
FAX: (318) 585-4804
Proximity to site: Approximately 30/45 minutes
Comments: Emerald Hills Golf Resort, located on HWY 171 (NORTH OF LEESVILLE), is set among rustic splendor in the serene woodlands of the Kistachie National Forest providing a relaxing, exciting retreat from the everyday world. Recreational activities include: 18 hole championship golf course, with carts and Pro Shop next to the driving range and putting green; tennis courts; 2 swimming pools; miniature golf; volleyball; basketball; horseshoes; croquet; children's playground; dining room and 19th Hole grill; ***110 sleeping rooms (and suites, some with meeting rooms attached); 9 condominium units; and all this located directly across from the entrance gates of beautiful Hodges Gardens. *** ROOM RATES STRUCTURED TO ACCOMMODATE FAMILIES WITH CHILDREN 12 AND UNDER BEING FREE (as well as single and double rates available)

Name: Natchitoches, Louisiana
POC: Marilyn Mulikin
Address: PO BOX 3
City: Natchitoches, LA 71458
Phone: (318) 352-4411
Proximity to site: APPROX 45 miles
Comments: Natchitoches is the oldest permanent settlement of the Louisiana Purchase (it's older than New Orleans). The thirty-three block Historic District of Natchitoches, which includes more than fifty centuries-old buildings, has been designated a National Historic Landmark by the US Department of Interior. The reconstructed Fort St Jean Baptiste symbolizes colonial days in Natchitoches while the mercantile buildings and houses with cast iron grillwork galleries overlooking Cane River Lake are reminiscent of the days of the Cotton Kingdom and Natchitoches' role as a river port. Townhouses along Front and Jefferson Streets and beautifully landscaped interior streets served as second homes for the down-river planters who enjoyed "the season" in town or as comfortable domiciles during inclement weather. These historic sites have also attracted the movie industry. Natchitoches is the home for the filming of Steel Magnolias, The Horse Soldiers and Man In the Moon. The Festival of Lights opens the Christmas season with spectacular fireworks and lighting displays the first Saturday in December. This is quite an adventure as you travel or amble down the Cane River Lake area. This is one of the largest lighting displays in the south. A camera is always a good idea when visiting this historic town no matter what the season may be.

Name: SLAGLE HOMECOMING & TRADE DAYS
POC: JUANITA BOLTON
Address: SLAGLE SENIOR CITIZEN'S CENTER 8841 HWY 8
City: LEESVILLE, LA 71446
Phone: (337) 239-0913
Proximity to site: 14 MILES
Comments: Held annually the third (3rd) weekend of September, you will participate in two days of fun in a Family Reunion atmosphere. This annual celebration of the pioneering history and spirit of Slagle, La. Includes an overnight trail ride, vendors, displays, music, food and an auction. Proceeds benefit the SLAGLE SENIOR CITIZEN'S CENTER.

Name: STARS & STRIKES BOWLING CENTER
POC: CHUCK ARMENTOR
Address: Bldg 1457, Mississippi Ave/10th St
City: Fort Polk, LA 71459
Phone: (337) 531-1942/6273
Proximity to site: On Post
Comments: 24 lanes equipped with automatic scoring (AccuScore Console) makes it easy for the advance or the beginner to feel comfortable. There are lockers to rent and a pro shop that handles most top line items for the novice or the pro. If a snack is needed, you can order both grilled and microwave foods according to when your game comes up. The Bowling Center is open for discount bowling Monday - Friday till 5 pm.

Name: Toledo Bend Recreation Site
POC: Howard Bellamy
Address: 1310 Army Recreation Road
City: FL ORIEN, LA 71429
Phone: 1-888-718-9088
Proximity to site: Approx 45 miles Northwest of Fort Polk, 5.5 miles North of Toledo Bend Dam (Louisiana side)
Comments: This is a 31 acre facility offering picnicking, overnight areas with water and electrical hookups, 12 mobile homes, swimming, boating, fishing, marina, several kinds of water vehicles for check out such as pontoon barges, jon boats, bass boats, canoes and paddle boats, jet skis, a double boat docking ramp with a separate fish cleaning area and a resale store containing fishing items, beverages, ice and other essential items. Reservations for overnight stays or the Conference Building, or info on the monthly Bass Tournaments can be obtained by calling the on site telephone number, (337) 565-4235. Just a reminder: if you need a BOATER SAFETY CARD for rental of motor operated boats, the classes are held at North Fort, Bldg 7803. A phone call might be a good idea if you're unsure about the BOATER SAFETY CARD. (337) 565-4235, speak to the POC listed above.

Name: Warrior Hills Golf Course
POC: Samantha Marshall
Address: Bldg 323, Corp Road
City: Fort Polk, LA 71459
Phone: (337) 531-4661/1982
Proximity to site: On Post
Comments: This is an 18-hole, 180 acre golf course featuring a driving range, fully stocked pro shop, putting green, seven bay covered driving range and a 70 cart fleet that can be rented to patrons 16 years of age and over. All active duty military personnel, reservists on active duty, DA employees and designated honorees are also eligible for membership. Other civilian employees and guests of authorized patrons can play on a space available basis. The course is open year-round, 7 days a week. Hours vary during changing seasons of the year.

Military Related and Civic Organizations

Fort Polk and the surrounding parishes have a long standing relationship, dating to before World War II. This area is a favorite for military retirees and there are many organizations keyed for the military.

Name: American Legion Auxiliary Unit 510
Address: 706 Martin Luther King Dr.
City: Leesville, LA 71446
Proximity to site: 8 miles

Name: American Legion Post 145
Address: 304 East North St.
City: Leesville, LA 71446
Phone: (337) 238-2606
Proximity to site: 8 miles

Name: American Legion Post 387
Address: LA Hwy 1211
City: New Llano, LA
Phone: (337) 238-1601
Proximity to site: 8 miles

Name: Association of the United States Army (AUSA)
POC: Jennifer Stevens
Address: 12286 Lake Charles Hwy
City: Leesville, LA 71446
Phone: (337) 238-2934
Proximity to site: 8 miles

Name: B O S S
POC: President
Address: Bldg 1948, 14th Street
City: Fort Polk, LA 71459
Phone: (337) 531-7146
DSN Phone: 863-7146
Proximity to site: On post

Name: ENLISTED SPOUSES' CLUB
POC: MRS SHANNON MCGARRAH
Address: CRAWFISH CABIN 22ND STREET (ACROSS FROM THE MP STATION)
City: FORT POLK, LA 71459
Phone: (337) 537-1238
Proximity to site: ON POST
Comments: The Enlisted Spouses' Club invite all family members to attend. An excellant way to meet other family members involved with living the military life while becomming an active and important part of the Fort Polk community. All are welcome! Meetings are held every third Tuesday of the month.

Name: GERMAN PLAYGROUP
POC: Secretary
City: FORT POLK, LA 71459
Phone: (337) 537-0984/1746
Comments: The German Support Playgroup is always open to German mothers with children between the ages 0-5 for participation in the playgroup. The object of the support group is to encourage interaction with other children for playtime, and to be taught the German language and heritage by speaking, hearing and singing German songs.

Name: GREATER VERNON CHAMBEER OF COMMERCE
POC: THERESA JOHNSON
Address: HWY 171 NORTH, P O BOX 1228
City: LEESVILLE, LA 71446
Phone: (337) 238-0349
FAX: (337) 238-0340

Name: HIV/AIDS Awareness
POC: Dept of Nursing
Address: B-JACH Hospital
City: Fort Polk, LA 71459
Phone: (337) 531-2706
Proximity to site: On Post

Name: LEAGUE OF WOMEN'S VOTERS
POC: MAYOR'S OFFICE
Address: 302 NORTH 5TH STREET
City: LEESVILLE, LA 71446
Phone: (337) 239-2444
Proximity to site: 6 MILES

Name: La Leche League
City: Leesville, LA 71446
Phone: (337) 653-9736
Proximity to site: 8 miles and on post

Name: League of Women Voters
POC: Chamber of Commerce President
Address: 302 North 5th Street
City: Leesville, LA 71446
Phone: (337) 239-2444
Proximity to site: 8 miles

Name: Leesville (Pine Country) Jaycees
POC: Leesville Chamber of Commerce
Address: Leesville Fair Grounds, 2nd Tuesday each month
City: Leesville, LA 71446
Phone: (337) 238-0349
Proximity to site: 8 miles
Comments: To participate with the Jaycees you must be between the ages of 18 and 40.

Name: Lions Club, Inc
POC: Mr C. J. STRACNER, P Teresa, Chamber of Commerce
Address: Lion's Crippled Children Camp
City: Leesville, LA 71446
Phone: (337) 238-0349
Proximity to site: 8 miles
Comments: This is : membership by invitation only. Services are based upon need - Helps sponsor Louisiana Lion's Camp for Crippled Children, Lion's Eye Foundation and Diabetic Camp.

Name: Mayor's Womens Commission
POC: Mrs. Gloria Owen
Address: Leesville Chamber of Commerce; Hwy 171 N, PO Box 1228
City: Leesville, LA 71446
Phone: (337) 238-0349
Proximity to site: 8 miles
Comments: Set up as a liason between the city, merchants, land owners and all local/state agencies working for the betterment of the Leesville and surrounding parish areas.

Name: Mothers Against Drunk Driving (MADD)
POC: DCFA, ADCO, Att: Ken Welch
Address: Bldg 4736, Service Command Circle
City: Fort Polk, LA 71459
Phone: (337) 531-1971/1972/1973
Proximity to site: On Post

Name: Multiple Sclerosis Support Group
City: Fort Polk, LA 71459
E-Mail: msgroup71459@yahoo.com
Proximity to site: on post
Comments: This support group is for Fort Polk, Leesville and DeRidder area residents with multiple sclerosis or desiring to learn more about MS.

Name: Natural Childbirth Support Group
POC: Support Group Presid
City: Leesville, LA 71446
Phone: (337) 537-3781
Proximity to site: 8 miles
Comments: This support group meets every third Thursday of each month at 7:30 pm, in the Vernon Parish Library Conference Room in Leesville. The support group exists to support and provide a meeting place for families and prospective parents to come and share the common concerns of natural birth choices. Also to provide access and information to midwifery care and giving birth naturally in the setting of their choice, while connecting members of the professional community with the needs and concerns of the birthing families.

Name: OFFICERS' SPOUSES' CLUB
City: FORT POLK, LA 71459
Phone: (337) 535-9203
Proximity to site: ON POST
Comments: The Officers' Spouses' Club offers an opportunity to all family members to become involved with the Fort Polk community. You will have an opportunity to make a difference in the community and have fun at the same time. All are welcome and needed.

Name: P C CLUB OF WESTERN LOUISIANA
POC: Mr Stan Zachary
City: Leesville, LA 71446
Phone: (337) 238-1754
Proximity to site: 8 miles
Comments: The P C Club always have demonstrations with question and answer periods to follow the demonstrations. The public is always invited to attend. Meetings are usually held in the Leesville Library.

Name: Pilot Club International
POC: Mrs Renita Davis
Address: 502 Berry Avenue
City: Leesville, LA 71446
Phone: (337) 239-3464
Proximity to site: 8 miles
Comments: Serving Vernon and Beauregard Parishes for several decades. They meet every 2nd Tuesday of the month, 7:30 pm, and every 4th Wednesday 12 noon.

Name: Rotary Club
POC: Steve Serna
Address: Landmark Inn, Highway 171 South
City: Leesville, LA 71446
Phone: (337) 239-7259
Proximity to site: 8 miles

Name: SLO Roller's Car Club
POC: Lance Wilson
City: Fort Polk, LA 71459
Phone: (337) 392-6203
E-Mail: Wild1955@hotmail.com
Proximity to site: on post

Name: Single Parent Support Group
POC: Mrs Teresa, Chamber of Commerce
City: Leesville, LA 71446
Phone: (337) 238-5220; (337) 537-3247
Proximity to site: 8 miles

Name: Southern Cruisers Riding Club
City: Leesville, LA 71446
Phone: (337) 460-1992; 537-0801
E-Mail: shiseiryu@wnonline.net
Comments: Anyone who enjoys riding motorcycles, or desiring to learn more about them while enjoying good company is invited to attend the meetings. There are no restrictions on types of bikes and/or dues.

Name: THE GERMAN CLUB
POC: MRS KERSTIN LEIGHTY
City: FORT POLK, LA 71459
Phone: (337) 535-4920

Name: The Piecemakers Quilting Group
Address: 113 North Washington Avenue
City: De Ridder, LA 70634
Phone: (337) 537-5266
Proximity to site: 20 minutes

Name: Vernon Parish/Fort Polk Cancer Support Group
POC: Jennifer Burford, MS
Address: St Michael's Activity Center
City: Leesville, LA 71446
Phone: (337) 531-3046
FAX: (337) 531-3551
DSN Phone: 863-3046
DSN FAX: 863-3551
Proximity to site: 4 miles
Comments: This group was formed to provide support to cancer patients/cancer survivors, their families/friends and advocates. Meetings are held on the third (3rd) Tuesday of every month, 6 PM, St Michaels Activity Center. The group is co-facilitated by a Counselor and Registered Nurse; with guest speakers scheduled on a quarterly basis.

Name: Veterans of Foreign Wars, Post 3106
POC: Mr Rick Cook
Address: P O BOX 1134, HARRIET STREET
City: Leesville, LA 71446
Phone: (337) 238-0041
Proximity to site: 8 miles

Shopping

Wherever you shop in the Leesville/DeRidder/Alexandria/Lake Charles area; you'll find a large variety of locally owned stores where you'll soon come to expect a warm, friendly welcome. In addition to Sears, Pennys, Dollar Stores, Catos, Lowes, Stines, Wal-Mart & Super Wal-Mart (which we're famous for), you'll find various unique small shopping plazas specializing in everything from designer clothing to "Louisiana as You Like It."

Throughout the area we have small, and not-so-small, locally owned stores that carry general hardware and home improvement supplies; arts of the Native Americans; hunting, fishing, and boating supplies (more than you'll ever need or can afford); specialty gift items from Louisiana; wine, beer, and bourbon; as well as restaurants, diners, bars and bistros. And, of course, our talented cosmetologists can give your family haircuts, perms, colors, manicures, pedicures, and facials.

Shopping in Louisiana can be an adventure as you hunt out the local vendors and visit the area's antique stores and malls, flea markets, second-hand stores, and just plain junk shops (within a 20/30 mile radius there are 33 establishments you can spend the day in.) Some of the items you may find and fall in love will include:

Useful/useless antiques (some old, some not so old, some you can make look old); functional/non-functional and decorative pottery and glassware (some cut glass, some not so cut); new and-not-so-new furniture stores and manufacturers; exceptional one-of-a-kind jewelry (and they do repairs); lamps (some bright, some not so bright); artistic and exotic floral designs; glass, wood, metal and fiber artists; fine clothing for men, ladies, and children; linens, lace, and quilts (some new, some-not-so-new); and new, recent, old, used, and out-of-print books. There's something for everyone at an affordable price! BY THE WAY, BARDERING IS A GOOD WAY TO DO BUSINESS ALSO!!!

Name: Alexandria Mall
Address: Masonic Drive
City: Alexandria 71306
Proximity to site: Approx 45 miles
Comments: The Alexandria Mall is conveniently located on Masonic Drive at the South Traffic Circle. Over 100 stores, specialty shops and food court make your shopping a little bit easier and a lot of fun. You'll find major stores such as Dillards, Mervyns, Sears, Lane Bryant, B. Dalton and Waldenbooks, Lerner's, Penneys, Stage and Caplans.

Name: Burlington Coat Factory (Outlet)
Address: US Hwy 20
City: Shreveport, LA
Proximity to site: Approx 120 miles
Comments: Here you'll find a large selection of men, women and children apparel of all sizes and weights. Since Louisiana doesn't have the cool winters and mild summers of the North, you'll enjoy shopping for just the right item for your family.

Name: Country Crafters' Village
Address: 607 Mt. Zion Road
City: Shreveport, LA
Proximity to site: Approx 120 miles
Comments: Here you'll find over 80 of the finest crafters with 35 shops under one roof. This is the kind of place you bring a friend, browse, and have lunch. They have a wonderful array of gift baskets and specialty items perhaps found only in the village. (They're closed on Sunday)

Name: DIVERSITY GALLERY
POC: DAVID LABBY
Address: 108 SOUTH THIRD STREET
City: LEESVILLE, LA 71446
Phone: (337) 392-8540
Proximity to site: 7 Miles
Comments: Located in the HISTORIC DOWNTOWN DISTRICT, and the name tells you exactly what to expect.....DIVERSITY and a Great Experience.

Name: IMPERIAL HARDWARE
POC: DIANE PADDY
Address: 403 SOUTH THIRD STREET
City: LEESVILLE, LA 71446
Phone: (337) 239-3869
Proximity to site: 7 Miles
Comments: Located in the HISTORIC DISTRICT of downtown Leesville, right across the street from the Leesville Post Office. For UNIQUE SHOPPING and BROWSEING in an ANTIQUE SURROUNDING.....some people go by just to window shop (and then go in and ask what the different things displayed are used for). If you can't find what you're looking for, just ask Mrs. Diane and she'll direct you to it (or explain what it was used for in the "Good Old Days". A great place for children to learn what we "Use To Do" and "How We Use To Do It".

Name: Libby Glass Company and Outlet Store
Address: 4302 Jewella and US Hwy 20
City: Shreveport, LA
Proximity to site: Approx 120 miles
Comments: If it's glass and Libby ever thought of making it, you'll find what you're looking for at the Outlet Store. Every holiday season the Outlet Store marks everything 50 - 75% off. Shopping early for Christmas can be an experience. Remember, tour buses are always welcome at the Outlet Shop so you'll want to get there early in the day for the best bargains.

Name: MICHELLE'S FORMAL & BRIDAL COUTRE
POC: MICHELLE MITCHELL
Address: 107 SOUTH THIRD STREET
City: LEESVILLE, LA 71446
Phone: (337) 238-7876
Proximity to site: 7 Miles
Comments: Located in the HISTORIC DISTRICT OF DOWNTOWN LEESVILLE. Even if you don't need any new formal or bridal couture, it's "worth the trip" there to visit with the staff and drink some of their wonderful special coffee(s).

Name: Mac Arthur Square
Address: Mac Arthur Drive and Jackson Street
City: Alexandria, LA 71306
Proximity to site: Approx 45 miles
Comments: This is a nice combination of strip shopping and indoor shops and restaurants. Here you'll find Piccadilly Restaurant, Creative Crafts, Catherine's Plus Sizes, Kroger Food Market and many specialty shops.

Name: Metro Center Mall
Address: MacArthur Drive
City: Alexandria, LA 71306
Proximity to site: Approx 45 miles
Comments: Here you'll be able to shop 'till you drop at Hobby Lobby, Office Depot, Jake's.

Name: PHOENIX DRUGSTORE
POC: CINDY WANN
Address: 101 NORTH THIRD STREET
City: LEESVILLE, LA 71446
Phone: (337) 239-3421
Proximity to site: 7 Miles
Comments: Located in the HISTORIC DISTRICT of DOWNTOWN LEESVILLE. Unique shopping and one-of-a-kind items are to be found. Not only that, the staff are great to be with. And for those with little people, it's a great place to watch a parade from.

Name: Parkdale Mall
Address: US Hwy 96
City: Beaumont, TX
Proximity to site: Approx 90 miles
Comments: Shopping in "Big T" at it's best. Here you'll find Dillard's, Sears, Penneys, Lerner's, Mervyn's, Coach, Inc, Wyatt's Cafeteria and many specialty and novelty shops.

Name: Prien Lake Mall
Address: Prien Lake Road
City: Lake Charles, LA
Proximity to site: Approx 65 miles
Comments: Here you'll again find shopping 'till you're dropping at Penneys, Sears, Wick N' Sticks, Piccadilly Restaurant, Fashion Jewelry Shops and many novelty and specialty shops.

Name: RUSSELL'S GIFT SHOP
POC: DIANE BARNEY
Address: 100 NORTH THIRD STREET
City: LEESVILLE, LA 71446
Phone: (337) 239-3869
Proximity to site: 7 Miles
Comments: Located in the HEART OF THE HISTORIC DISTRICT. A great way to spend a morning or an afternoon "BROWSEING" a-mong all the "goodies". AND THEY HAVE GREAT SPECIALTY COFFEE(S) AND LOUISIANA "STUFF".

Name: Red River Pottery Factory, Retail and Wholesale
Address: US Hwy 20 West
City: Shreveport, LA
Proximity to site: Approx 120 miles
Comments: This is the kind of place you stay all day and never see all they have to offer. While you shop the children can enjoy watching the pottery being made and sold (don't dress-up to visit). You'll want to browse through the flower and ribbon displays, material aisles, decorative metal and tin alleys, gift store and food court, basket trails and of course the pottery barns (some are located outside).

Name: THE GIFT BOX
POC: ELIZE HOWERTON
Address: 1011/2 EAST TEXAS STREET
City: LEESVILLE, LA 71446
Phone: (337) 238-3244
Proximity to site: 7 Miles
Comments: Located just one (1) block off HISTORIC THIRD STREET. Again, worth the trip to visit with the staff and "browse" among all the unique "goodies".

Name: Tangier Factory Outlet Center
Address: Exit #177, US Hwy 10 (20 mins S E of Baton Rouge)
City: Gonzales, LA
Proximity to site: Approx 150 miles
Comments: Here you'll find 58 up-scale factory outlet stores featuring men's, women's and children's apparel and shoes, crystal, toys, kitchen and bath. A few of the stores you'll find are Liz claiborne, Bass Shoe, Disney Inc., Levi's Jeans, Coach Inc., Louisiana Country Store and more. So go early and stay late.

Name: Vanity Fair Factory Outlet, Inc
Address: Iowa Exit - #43 off US Hwy I0
City: Lake Charles, LA
Proximity to site: Approx 72 miles
Comments: Outlet stores you'll be familiar with are Bon Worth, Lee Jeans, Vanity Fair, Kitchen Unlimited, Van Heusen (men and women), Jantzen, Bass Shoe Co and The Perfume Factory, to name a few.

Name: ZACHRY'S GIFT SHOP
Address: 418 WEST FIRST STREET
City: DERIDDER, LA
Phone: (337) 462-0097
Proximity to site: 13 Miles
Comments: Located off of Hwy 171 South. Take a right at the First Methodist Church, it's a large home based family owned shop. (It's a large PEACH colored house with white trim). A UNIQUE shopping experience. There you'll find everything from holiday decorations to crystal and bath accessories, moderately priced. It has a little bit of everything for everyone.

State and Community Social Service Agencies

There are many agencies designed to offer the help and guidance you or your friends might need. These listings represent a small sampling of the State and Community Social Service Agencies in our area. Referral may also be made to MILITARY RELATED AND CIVIC ORGANIZATIONS TOPIC. If assistance with locating additional services is needed, please call the Relocation Assistance Program, (337)531-6923, or the Information and Referral Program, (337)531-2840, DSN 863-1941 or 1-800-241-1071.

Name: Army Community Service (ACS)
POC: Pam Evans, Director
Address: Bldg 420, Radio Road
City: Fort Polk, LA 71459
Phone: 1-800-241-1071 (337) 531-2840
FAX: (337) 531-1692
Comments: ACS programs include: Outreach; Consumer affairs & financial Assistance; Relocation; Family Member Employment Assistance & Volunteer; Family Advocacy; Information, Referral & Followup; Community Life; Exceptional Family Member; Army Emergency Relief; Army Family Team Building; Family Support Training; Clothing Locker and Layette.

Non-Profit Social Service Agencies

Please see information under topic: MILITARY RELATED AND CIVIC ORGANIZATIONS. Additional or specific information may be obtained by calling Mrs Scott, Information and Referral Program Manager, (337) 531-2840 or 1-800-241-1071

Religious Activities

Fort Polk's Chaplains wish to welcome everyone to the services offered each week at the Main Post Chapel and other chapels located on post. Many military families are active and vital members of church families throughout the surrounding parishes and are always welcome to attend any church activity or service.

The following religious denominations are located within the commuting area:

Assembly of God Latter-Day Saints Baptist
Lutheran Catholic Methodist Church of Christ
Pentecostal Church of the Nazarene Presbyterian
Episcopal Seventh Day Adventists Jehovah's
Witnesses

Comments: For on-post religious activities, call (337) 531-7338/4228. Current schedules are published each month in the Post Newspaper, The Guardian.
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Community Transportation

Free transportation from the airport to Fort Polk is provided by a shuttle service. Report to the Fort Polk

transportation stand and show your PCS/TDY orders to the attendant. If you are traveling with family members, their names and social security number must also appear on the orders for this free service; proof of Social Security numbers must be provided at that time. If orders are not available or family members name does not appear on the orders, transportation using this shuttle is \$12.50 (up to 3 people and \$22.50 for each additional person).

Shuttle buses on installation: 6 AM - 9:15 PM, 7 days a week Service is FREE; CURRENT ID CARD Liberty buses Fort Polk to Leesville: 3 PM - 10 PM, Mon - Sat School Term Leesville Junior/Senior High: 3:15 and 5:10 PM during the week (pupils involved in extracurricular activities. they are dropped off at the bus stop NEAREST THEIR HOME.

ALSO: Special Excursions - Youth Service; Child Development Service; School Age Service; Boy/Girl Scouts; Explorers

There is a Greyhound bus station on Fort Polk, and another in Leesville. Lake Charles Regional Airport
Location..... : Lake Charles
Telephone..... : (318) 477-6051 Proximity
to site..... : Approx 68 miles
Comments..... :

Near Burton Coliseum and MC Neese State University

AMTRAK Location..... : 1001 Loyola Ave, New Orleans Telephone..... : 1-800-872-7145 Proximity to site..... : Approx 234 miles

Greyhound Bus Lines Location..... : Georgia Ave, Fort Polk Telephone..... : (318) 537-0244 Proximity to site..... : On post

Education

Education Overview

Children from military families at Fort Polk attend all area schools as welcome and important students. The combined efforts of the entire educational team, students, parents, school board and staff in Vernon Parish results in a wide range of outstanding accomplishments. A tradition of academic achievement, athletic pride, and positive relationships continues between the Fort Polk and Vernon Parish communities.

The state's criterion-referenced Louisiana Educational Assessment Program (LEAP) and Graduate Exit Exams, Vernon Parish continue their prominence in these scores as well. LEAP tests are given to grades 3, 5, 7, 10, and 11, the latter two being required for graduation. Tests are administered in language arts, mathematics, writing, science, and social studies.

SCHOOL UNIFORMS ARE REQUIRED FOR SOME PARISH SCHOOLS AS OUTLINED BELOW.

1. THE SCHOOL UNIFORM POLICY WILL BE PART OF THE SCHOOL DRESS CODE AND REQUIRE THE FOLLOWING COLORS AND STYLES;

A. Khaki bottom pants, shorts, shirts, jumpers, culottes, etc. = NO JEANS OR SWEAT PANTS ALLOWED

B. Shirts/Blouses/Tops/Sweaters, will be white or your school color

C. If pants/shorts, etc. have belt loops, a black or brown belt will be worn. Shirts/blouses must have a collar (turtle neck will be approved) and be worn tucked in and all pants must be straight-legged. Special needs may be considered. NO CARGO PANTS ALLOWED.

D. Sweaters/sweatshirts worn over uniform shirts indoors must be of uniform colors. Outer wear, other than these items may be worn to school but not in class unless awarded by the school or are uniform colors.

E. Socks will be one of the uniform colors.

F. NO DESIGNER LABELS ARE TO BE WORN ON CLOTHING.

G. No T-shirts will be worn except the "School Spirit" shirts. These T-shirts will be worn on special days designated by the Principal. Khaki bottoms will be worn with the school spirit shirts.

H. Shoe styles are optional. BACKLESS SANDLES/SHOES ARE NOT PERMITTED. Sandels/shoes that have a heel higher than one inch are not permitted.

I. No cleats, caps, hats, or sunglasses.

2. Any special occasions for different attire must be approved by the Principal.

"SCHOOL UNIFORMS" ARE REQUIRED FOR THE FOLLOWING SCHOOLS:

1. NORTH POLK ELEMENTARY - Pre-K, 1st = Green or white top/Khaki bottom

2. SOUTH POLK ELEMENTARY - 2,3,4th = same as above

3. EAST LEESVILLE ELEMENTARY - K, 1, 2nd = same as above

4. VERNON MIDDLE ELEMENTARY - 5, 6 = same as above

5. WEST LEESVILLE ELEMENTARY - 3, 4th = same as above

6. LEESVILLE JR. HIGH - 7, 8th = Green, Black or White top/Khaki bottom

7. LEESVILLE HIGH - 9 - 12th = same as above

8. PICKERING ELEMENTARY - K - 6th = Red or White top/Khaki bottom

9. PICKERING JR/SR HIGH SCHOOL - 9 - 12th = same as above

10. ANACOCO ELEMENTARY - K - 6th = Navy, Purple or White top/Khaki bottom

11. ROSEPINE ELEMENTARY - K - 6th = Purple, White, Black top/Khaki bottom

12. ROSEPINE HIGH SCHOOL - 7 - 12 = Purple, White, Black top/Khaki bottom

2001 - 2002 School Calendar - VERNON PARISH:

* August 15, 2002 - Student's First Day

* October 3, 2002 - HOLIDAY - STUDENTS

* OCTOBER 4, 2002 - HOLIDAY (FAIR DAY) STUDENTS/EMPLOYEES

* October 21 - 23 - Fall Retest (Old GEE/Gee 21 ELA/M)

* NOVEMBER 8, 2002 - End of Second Six Weeks

* NOVEMBER 11, 2002 - HOLIDAY (VETERAN'S DAY) STUDENTS/EMPLOYEES

* NOVEMBER 25-29, 2002 - HOLIDAY (THANKSGIVING) STUDENTS/EMPLOYEES

* DECEMBER 23-3 JANUARY, 2003 - HOLIDAY (CHRISTMAS/NEW YEAR)

STUDENTS/EMPLOYEES

* JANUARY 6, 2003 - HOLIDAY STUDENTS

* JANUARY 20, 2003 - HOLIDAY (MARTIN LUTHER KING DAY) STUDENTS/EMPLOYEES

* January 27-29, 2003 - Winter GEE retest

* FEBRUARY 17, 2003 - HOLIDAY (PRESIDENTS DAY) STUDENTS/EMPLOYEES

* March 10-14, 2003 - LEAP 21 ELA/M/SC/SS - (Grades 4, 8)

GEE 21 - Grades 10 - 11 and Eligible re-testers

ITBS (Grade 3, 5, 6, & 7)

ITED (Grade 9)

* March 17-20, 2003 - LEAP21, GEE21, ITBS, ITED make-ups

* April 18-25, 2003 - EASTER HOLIDAY STUDENTS/EMPLOYEES

* April 8-10, 2003 - RETEST (Old GEE)

* MAY 26, 2003 - HOLIDAY (MEMORIAL DAY) STUDENTS/EMPLOYEES

* May 29, 2003 - 1/2 day for students (testing)

* May 30, 2003 - 1/2 day for students (testing)

177 STUDENT DAYS/182 TEACHER DAYS

LEESVILLE HIGH SCHOOL DRESS CODE POLICY FOR 2001 - 2002 SCHOOL YEAR.

*HAIR: must be neat, clean and out of the eyes. Design, color and style which distract from the learning environment and student performance are prohibited. No picks or combs (other than those designed for hair style) are permitted.

Male students are prohibited from wearing beards or goatee. Side burns may be worn to the base of the earlobe. Students may wear a neatly trimmed mustache. Students with a skin condition will be dealt with on an individual basis.

*JEWELRY: male students may not wear earrings. Female students are permitted to wear earrings in the ears only.

DISCIPLINE FOR DRESS CODE VIOLATIONS

====FIRST OFFENSE: Warning and change of clothing.

====SECOND OFFENSE: One day in-school suspension.

====THIRD OFFENSE: ONE-DAY SUSPENSION FOR HABITUAL RULE VIOLATIONS.

VERNON PARISH SCHOOL BUS RULES & REGULATIONS FOR STUDENTS

*FORMAL CLASSTOOM BEHAVIOR NEED NOT, OF COURSE, BE PRACTICED OF PUPILS ON A SCHOOL BUS. An informal atmosphere, which encourages pupils to relax and enjoy the ride, is desirable. There are, however, certain limits within which pupil activity must be confined. The following is the GUIDELINE VERNON PARISH USES.

1. Students will enter and leave the bus at school loading stations at highway bus atops in an orderly fashion and in accordance with instructions. This requires pupils to proceed at all times:

- Without haste and without loitering.
- Without crowding and without pushing.
- With each pupil showing due regard for his own safety and the safety of others.

2. Students will remain quiet so as not to distract the driver. Pupils must, at all times:

- Refrain from shouting and other boisterous activities.
- Refrain from talking to the driver while the bus is in motion.

c. Show due consideration for the driver and his problems.

In General, ANY ACTIVITY WHICH DISTRACTS THE BUS DRIVER IS OBJECTIONABLE. The driver needs to keep his mind on the driving and on the traffic situation. If he is concerned about the activity on the bus, he cannot be a safe driver.

3. Students will remain seated while the bus is in motion.

a. Each pupil must go directly to his seat upon entering the bus.

b. Each pupil must remain seated until the bus has stopped.

4. Students will cross the road in accordance with instructions and the provisions of state law.

5. Students will neither purposely nor carelessly destroy property. Transportation equipment represents a large capital investment. Pupils are expected to cooperate in its maintenance and preservation.

a. Orderly behavior on the bus, at all times, is essential. Rough-housing is not only hard on seats and the interior finish; it also makes it difficult for the driver to drive safely. Your child(s) safety is the most important commodity the bus driver carries with him/her.

TRANSITIONING A SPECIAL NEEDS STUDENT CHECKLIST:

BEFORE YOU LEAVE YOUR CURRENT DUTY STATION:

1. Contact your local special education counselor/director and request assistance as to what should be done before the transition to the new school area/district.

2. Contact your Exceptional Family Member Program Manager (EFMP) for guidance or special needs information about your new duty assignment facilities.

3. Have your CURRENT EFMP Manager contact the EFMP Manager at your new duty assignment to make them aware of your child's arrival to their school district.

Be sure and get the NAME AND PHONE NUMBER OF THE NEW EFMP MANAGER so YOU may contact them also. You will want to talk with the EFMP Manager yourself at the gaining installation to answer any questions or concerns you may have about the new school district and/or facilities.

4. Give the losing school(s) adequate notice of withdrawal. Remember it is Army policy to in/out process with the school(s).
5. Write or contact the special education director for the state that you are going to and request a copy of local school policies. IF YOU DO NOT RECEIVE THIS INFORMATION IN A TIMELY MANNER, NOTIFY THE SCHOOL LIAISON OFFICER AT GAINING INSTALLATION so you may have time to familiarize yourself with the new policies.
6. Schedule an ANNUAL, REVIEW and DISMISSAL (ARD) meeting to discuss the progress your child has made since your last INDIVIDUALIZED EDUCATION PROGRAM (IEP) review.
7. ASK FOR WRITTEN SUGGESTIONS THAT MAY HELP YOUR CHILD AND THE STAFF AT THE NEW SCHOOL. Notify the EFMP Manager and the School Liaison Officer when you receive these. They may have special instructions to hasten your child's enrollment at the new/gaining school district.
8. Request a copy of your child's COMPLETE EDUCATIONAL RECORD (CER) to INCLUDE A COPY OF THE LATEST IEP.
9. Be sure to have all phone and/or fax numbers, e-mail addresses, name and title(s) of ALL PERSONNEL WORKING WITH YOU CHILD AT THE OLD SCHOOL DISTRICT.
10. HAND CARRY ALL RECORDS, SAMPLES OF YOUR CHILD'S WORK, AND OTHER INFORMATION RELATED TO YOUR CHILD'S EDUCATION. DO NOT SHIP ANY OF THIS INFORMATION WITH YOUR HOUSEHOLD GOODS.
11. As soon as you arrive at the gaining installation, contact the EFMP Manager and the School Liaison Officer to let them know your child has arrived into the new school district. They will be able to give you professional guidance and information about the new school district and/or policies you should be aware of before enrolling your child in his/her new school.

Name: EXCEPTIONAL FAMILY MEMBER PROGRAM
POC: Mrs. Scott
Address: Army Community Service 6936 Mississippi Avenue
City: Fort Polk, LA 71459
Phone: 1-800-241-1071; (337) 531-2840
FAX: (337) 531-1692
DSN Phone: (337) 863-2840
DSN FAX: (337) 863-1692
E-Mail: scott@polk-emh2.army.mil
Proximity to site: ON POST
Comments: <p>The EFMP, outlined in AR 608-75, works in concert with other military and civilian agencies to offer a comprehensive, multidisciplinary approach for MEDICAL, SOCIAL, EDUCATIONAL, COMMUNITY SUPPORT, OR SERVICES FOR SOLDIERS AND THEIR FAMILY MEMBERS WITH SPECIAL PHYSICAL, EMOTIONAL, OR INTELLECTUAL NEEDS.</p> <p>Army Community Service (ACS) EFMP components include information; referral; client advocacy; family-find activities; recreational and cultural programs when the need has been assessed.</p> <p>The ACS Center maintains a directory of military and civilian special education and information and referral services for special needs families. Information is also available on educational rights of children with disabilities under local and federal laws. Family find activities are targeted at identifying and locating family members who may be in need of this program's specialized services. Once identified, the EFMP Manager refers families to the local military treatment facility for screening, evaluation, and participation in the EFMP.</p> <p>A Resource Library for special needs family members and installation professionals is available. The library contains books, audio and video tapes to sign out to assist parents, educators, caregivers and others in helping children and youth with disabilities.</p>

Name: Louisiana Dept. of Education
City: Baton Rouge, LA
WWW Link: http://www.doe.state.la.us

Name: School Liaison Assistant
POC: Don Robinson
Address: Bldg 419 Radio Road 6959 Radio Road
City: Fort Polk, LA 71459
Phone: (337) 531-9481
FAX: (337) 531-4260
DSN Phone: (337) 863-9481
E-Mail: donald.robinson@polk-emh2.army.mil
Proximity to site: on post
Comments: Mr Don Robinson is the School Liaison for the Fort Polk community. The mission of the School Liaison Office is to coordinate and assist school-aged children and youth of army parents with educational opportunities and information necessary to achieve academic success. To also work in partnership with local schools to provide caring adults to enhance the education experience for all concerned. In order to accomplish this Mr Robinson works diligently to resolve school issues among military families and the local school districts. He also assists military families with enrolling their children in the local schools. For volunteer information with the School Liaison program, interested persons may call 1-800-241-1071 and talk with the Installation Volunteer Coordinator. Hours of operation are 8:30 AM - 400 PM. Thirty minutes before opening and closing the office is devoted to administrative duties. Voice mail is available for messages and Mr Robinson WILL return phone calls and/or answer your e-mail request(s). For your convenience the e-mail address is provided.

Name: Vernon Parish School Board
Address: 201 Belview Road
City: Leesville, LA
Phone: (337) 239-3401
WWW Link: http://www.vpsb.k12.la.us/
Proximity to site: 8 miles

Name: Vernon Parish Schools Superintendent
POC: Dr. Cindy Gillespie, Sup.
Address: 201 Belview Rd
City: Leesville, LA 71446
Phone: (337) 239-3401
Proximity to site: 8 miles
Comments: Number of schools: Elementary..... : 7 Middle schools..... : 1 Junior High School..... : 1 High schools..... : 9 Optional school..... : 1 Average test scores: Reading..... : Grades 4 & 6, 58.05% (Nat'l Avg - 50%) Math..... : Grades 4 & 6, 65.6% (Nat'l Avg - 50%) In all VERNON PARISH SCHOOLS AND GRADES (1-12) the following marks will be used for all subjects: GRADE: A , 94%-100%, EXCELLENT, 4 Quality Points GRADE: B , 86%-93%, ABOVE AVERAGE, 3 Quality Points GRADE: C , 75%-85%, AVERAGE, 2 Quality Points GRADE: D , 70%-74%, BELOW AVERAGE, 1 Quality Point GRADE: E , 69%-0% , UNSATISFACTORY, 0 Quality Point GRADE: U , UNABLE TO MEET PUPIL PROGRESSION PLAN

Public and DODDS Schools

Our Garrison Commander, Col Thomas Sittnick is a non-voting member of the Vernon Parish School Board. Also active with the Garrison is the School Liaison Office. Through this agency Fort Polk has an active School Liaison Representative from each school. This panel meets once a month with the Garrison Commander, and essential agency representatives through out the post. This keeps our post in touch with the surrounding schools, staff and policies.

Children of military families who reside on/off post may attend the South and North Polk Elementary

schools, Vernon Elementary, Leesville, Pickering or DeRidder, depending upon where they live. All children in grades 5 - 12, residing both on and off-post, may attend schools in Vernon or Beauregard Parishes.

There are other schools, besides those listed, within Vernon Parish, however, a small number of military children attend them.

There are no DODDS schools in Vernon or Beauregard Parishes.

Name: East Leesville Elementary
POC: Ms. Debbie Clark, Principal
Address: 203 Belview Road
City: Leesville, LA 71446
Phone: (337) 239-4966
Proximity to site: 8 miles
Tuition: Free
Comments: Kindergarten thru 2nd Grades. East Leesville has a schoolwide discipline plan in place. School Motto: "TOGETHER STRIVING TO BE THE BEST WE CAN BE AT ELE." Vernon Parish Grading scale: Yes School Uniforms: Yes - Green or White Tops/Khaki Bottoms

Name: Leesville High
POC: Mr. James Williams, Principal
Address: 502 Berry Avenue
City: Leesville, LA 71446
Phone: (337) 239-3464
Proximity to site: 8 miles
Tuition: Free
Comments: School Uniforms: Yes - Green, Black or White Tops/Khaki bottoms Graduation requirements : 23 Credits 4 English; 3 Math; 3 Science; 3 Social Studies (1 World History; 1 American History; one-half Civics; one-half Free Enterprise); 2 Physical Education; one-half Computer Literacy; 7 and one-half Electives (NOTE: Must pass all five parts of the graduation exit examination) Vernon Parish Grading Scale: Yes Leesville High School (LHS) has an average student population of 950. LHS students have consistently scored higher than the national average on the ACT. Over the past five years, students have received an average of \$814,700 in academic and extra curricular scholarships per year. Students were recruited by colleges from across the United States. These include ALL MILITARY ACADEMIES, Penn State, University of Arizona, Louisiana State University, Florida State, and many others. Leesville High School has exceptional library facilities for research and study skills. Our state of the art computer labs offer students the opportunity to develop an enhance skills that will allow them to function in today's highly technological society. LHS also offers many extracurricular activities programs to students who chose this means of enriching their educational experience. Activities include: NHS, FBLA, FCCLA, SGA, 4-H, Choir, Band, Drama, Quiz Bowl, Spanish, Black Heritage, SADD, Art, French, Creative Arts Council, LEO, Anchor, Earthwatch, and Bible Club. At LHS, students can be involved in many different atheletic activities. These include: Football, Baseball, Volleyball, Softball, Cheerleading, Danceline, Flagline, Basketball, Track, Tennis, Golf, Cross-Country, Powerlifting, Soccer, and Swimming. For more information you may contact the school at the above listed number, or Mr Don Robinson, Fort

Polk School Liaison.

Name: Leesville Junior High

POC: Mr. Roger Rolon, Principal
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Address: 480 Berry Ave

City: Leesville, LA 71446

Phone: (337) 239-3874

Proximity to site: 8 miles

Tuition: Free

Comments:

7th and 8th Grades. Vernon Parish Grading Scale: Yes. School Uniforms: Yes - Green, Black or White Tops/Khaki Bottoms.
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Leesville Junior High School (LJHS) serves the Leesville-Fort Polk area with great pride. Our 7th and 8th grade enrollment in the fall of 2001 was 660 students. In that enrollment, 46% of our students were military family members. LJHS has a staff of 39 teachers who dedicate themselves to providing the very best education for each student. We're proud to say our staff includes one of the state finalist for Louisiana Teacher of the Year. Quite an honor just to be nominated.

The curriculum consists of electives such as art, computers, band, choir, and some honors/Gifted & Talented courses. Extracurricular sports include football and basketball for boys plus basketball, softball, and cheerleading for girls. Students can choose from a variety of clubs, which are community service oriented.
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We at LJHS look forward to working with not only your children but you, the parents. We invite you to come and visit with us anytime, remember you are always welcome at LJHS.
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Name: North Polk Elementary

POC: Mr. Cassandra Wilson, Principal

Address: 4978 University Pkwy

City: Fort Polk, LA 71459

Phone: (337) 537-5109

Proximity to site: Approx 1.5 miles
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Tuition: Free

Comments:

Pre-Kindergarten and 1st Grade - Not a Section 6 school Vernon Parish Grading Scale: Yes School Uniforms: Yes - Green or White Tops/Khaki Bottoms

Name: Pickering Elementary

POC: Mr. Wallace Wilson, Principal

Address: 1116 LeBleu Road

City: Leesville, LA 71446

Phone: (337) 537-3394

Proximity to site: 5.5 miles

Tuition: Free

Comments:

Kindergarten thru 6th Grades. Vernon Parish Grading Scale: Yes School Uniforms: Yes - Red or White Tops/Khaki Bottoms

Name: Pickering Jr-Sr High

POC: Mrs. Barbara Barnickle, Principal

Address: 180 LeBleu Road

City: Leesville, LA 71446

Phone: (337) 537-1555

Proximity to site: 5.5 miles

Tuition: Free

Comments:

7th thru 12th Grades. Vernon Parish Grading Scale: Yes School Uniforms: Yes - Red or White Tops/Khaki Bottoms

Name: South Polk Elementary

POC: Mr. Charles Balthrop, Principal

Address: 1665 Louisiana Ave.

City: Fort Polk, LA 71459

Phone: (337) 537-8120

WWW Link:

http://www.vpsb.k12.la.us/~southpolk

Proximity to site: 1.5 miles

Tuition: Free

Comments:

2nd thru 4th Grades - Not a Section 6 school. Vernon Parish Grading Scale: Yes School Uniforms: Yes - Green or White Tops/Khaki Bottoms

Additional programs offered at South Polk: Choir, Gifted and Talented Program, Music, Computer Lab, Physical Education, Student of the 6 Weeks, ON SITE AFTER SCHOOL CARE, PTO, Accelerated Reading and Social Studies Fair.
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For the school year 2000-2001, South Polk received a state rating of Academically Above Average, and was also recognized for Academic Growth.

The reading series used by South Polk is the McGraw/Hill.

Volunteers are welcomed and treasured at South Polk. Our school's sponsoring unit is Warrior Brigade.

Our Mission Statement: STUDENTS-TEACHER-PARENTS "TOGETHER WE CAN MAKE LEARNING HAPPEN".

Name: Vernon Middle School
POC: Mrs. Sammie May, Principal
Address: 1410 Nona Street
City: Leesville, LA 71446
Phone: (337) 239-3836
WWW Link: http://alfred.vpsb.k12.la.us/~vernonelem
Proximity to site: 8 miles
Tuition: Free
Comments: 5th and 6th Grades. Vernon Parish Grading Scale: Yes School Uniforms: Yes - Green or White Tops/Khaki Bottoms

Name: West Leesville Elementary
POC: Ms. Joan Simmons, Principal
Address: 1200 Abe Allen Drive
City: Leesville, LA 71446
Phone: (337) 239-2330
Proximity to site: 8 miles
Tuition: Free
Comments: 3rd and 4th Grades. Vernon Parish Grading System: Yes School Uniforms: Yes - Green or White Tops/Khaki Bottoms SCHOOL MOTTO: "REACHING FOR YOUR BEST AT WEST" School of Exemplary Academic Growth, 2000-2001 For more information you may contact the school at the phone number listed, or contact Mr. Don Robinson, Fort Polk School Liaison.

Private Schools

There are several private schools in the Fort Polk area, all with religious affiliations. However we also have a great many parents who choose to homeschool their children. You will find more information listed in the detail section.

Name: DeRidder Christian Academy
POC: Mrs. Stacey Hedert, Director
Address: 3 Pine Street
City: DeRidder, LA 70634
Phone: (337) 463-9496
Proximity to site: Approx 25 miles
Comments: Non-denominational A.C.E. Curriculum

Name: FORT POLK AREA CHRISTIAN HOMESCHOOLERS
POC: Mrs. Novia Asman
City: Fort Polk, LA 71459
Phone: (337) 537-3256
WWW Link: http://www.the.chalkboard.faithweb.com
Proximity to site: ON POST
Comments: Dedicated to serving and supporting home educators in the Leesville/Fort Polk, Louisiana area. Our mission is to encourage and serve families involved in home schooling through activities, field trips, monthly Support Meetings, and the Lache Key monthly newsletter. We offer Presidential Physical Fitness, Parent Support Meetings, Home School Resources, National Competitions, 6-12 grade youth group, Arts and Crafts classes, Monthly Family Activities, Field Trips and Newsletters. WE ARE DEDICATED TO THE SERVING AND SUPPORT OF PARENTS WHO CHOOSE TO HOMESCHOOL!

Name: First Assembly Christian Academy
POC: Mrs. Ruth Bailey, Director
Address: 1201 South 9th St
City: Leesville, LA 71446
Phone: (337) 239-6553
Proximity to site: Approx 8 miles
Comments: A-Beka Book Curriculum, certified teachers, limited class size, hot lunches, after school care, Christian education

Name: Whispering Pines Christian School
POC: Mr. Wayne Litliwller, Director
Address: Rt 6, Box 909
City: DeRidder, LA
Phone: (337) 463-2985
Proximity to site: Approx 25 miles south, US Hwy 171
Comments: Mennonite denomination

Colleges and Universities

Fort Polk offers a higher education opportunity for everyone, from technical college to master's degrees. College classes are usually offered in classrooms in Bldg 7801, the Delbert Jack Wilson Education Center, on North Fort Polk. For further information, contact the individual college/university as listed below.

Name: Central Michigan University
POC: Jeanne Keller Program Administer
Address: 4443 Entrance Road, Room 106
City: Fort Polk, LA 71459
Phone: (337) 537-5713
FAX: (337) 537-2340
E-Mail: jeanne.keller@cmich.edu
Proximity to site: On-post
Comments: Offers a 36-hour Master of Science in Administration Degree with concentrations in General Administration and Human Resources Administration. A Certificate program is also offered in General Administration and Human Resources Administration. CMU is accredited by the North Central Association of Colleges and Schools. Tuition Assistance is available for Military Students. Civilians can apply for Federal Students Loans. CMU will accept up to 15 hours of transfer credit from accredited institutions, to include credit from military schooling evaluated at the graduate level by the American Council of Education. CMU also offers the MSA degree through Distance Learning. CMU offers the MSA degree in more than 60 locations, Canada and Mexico. In addition to on-site registration and academic advising, there are extensive off-campus library services available to enrolled students. Class formats are weekend courses scheduled around the JRTC Rotation Schedule. Courses consist of three alternation weekends: 8 am - 5 pm - Saturday's; 8 am -12 noon Sunday's.

Name: Central Texas College
POC: Neil R Teske, Director
Address: Delbert Jack Wilson Education Center Bldg 7801, North Fort
City: Fort Polk, LA 71459
Phone: (337)537-5202/(337)531-5661
FAX: (337)537-0507
Proximity to site: On-post
Comments: Hours of operation are 8am to 5pm, Monday thru Friday. The tuition rate is the same for military and civilian students. Tuition Assistance is available for military students. Financial Aid is in the form of Pell grants and student loans is also available. Central Texas College is a member of the Service Member's Opportunity College (SOC). CTC is a 2-year community college with over 200 sites worldwide serving the military community. CTC offers Associates Degrees in: 1.) Applied Management; 2.) Applied Management with Microcomputer Option; 3.) Business Management; 4.) General Studies; 5.) Business Programmer Analyst; 6.) Criminal Justice; 7.) Information Technology; 8.) Legal Assistant; 9.) Hospitality Management: Restaurant and Culinary MGMT; 10.) Hospitality Management: Hotel Management Specialization; 11.) Social Science. CTC offers morning, lunchtime, afternoon, evening, and weekend class times. CTC also offers accelerated courses.

Name: Louisiana Technical College, Lamar Salter Campus
POC: Mr. Charles Wright
Address: Rt 2, Box 25
City: Leesville, LA 71446
Phone: (337) 537-3135
Proximity to site: 10 miles
Comments: Hours: Mon-Thurs, 7am-5pm Tuition: RESIDENT: \$25/mo or \$300/yr NONRESIDENT: \$50/mo or \$600/yr Classes offered in nursing, office occupations, industrial electronics - certificates for non-completion; diplomas after course completion.

Name: Northwestern State University, Fort Polk Campus
Address: 3329 University Parkway
City: Leesville, LA 71446
Phone: (337) 238-6445/6446
Proximity to site: 3.5 miles
Tuition: Varies
Comments: Hours: Monday & Wednesday, 8:30am-4:30pm, Tuesday & Thursday, 9am-4pm Tuition: With new scholarship reduction for active duty military family members, tuition for 1-3 credit hours is as follows: \$283.75 for non-military \$195 military family members \$48.75 military using tuition assistance. Northwestern State University is a member of the Servicemember's Opportunity College (SOC). This is a network of universities and colleges worldwide. The system was established to maintain and enhance the integrity of quality of college programs offered for soldiers and family members. It provides military students with opportunities to pursue and complete programs without suffering credit loss because of frequent changes of duty station. NSU also participates in the Servicemember's Opportunity College Associate Degree (SOCAD) Program: This is an associate degree program in which NSU offers the following: Accounting; General Studies; General Studies; General Studies with concentrations in: Computer and Data Processing; Criminal Justice; Management; Welding. NSU also participates in the Bachelor Degree Program for Soldiers (BDFS). This is a Bachelor degree program in which NSU offers the following: Accounting; Business Administration; Computer Information Systems; General Studies (Criminal Justice); General Studies (Flexible). AREAS OF STUDY: "Core" studies: Math, English, Social Studies, etc. and college level courses. Areas of study: Accounting; Business Administration; Computer Science; Computer Information Systems; Criminal Justice; Economics; English; Finance; History; Industrial Technology; Management; Marketing, Office Administration; Psychology; Science; Spanish.

Name: Upper Iowa University
POC: Ken Matthews Center Coordinator
Address: 4443 Entrance Road
City: Fort Polk, LA 71459
Phone: (337) 537-4465
FAX: (337) 537-4269
Proximity to site: On-post
Comments: Offers a Bachelor of Science Degree in Public Administration, Public Administration with a Law Enforcement emphasis, Marketing, Management, Human Resources Management, Psychology and Social Science. UIU is a member of the Servicemembers Opportunity College (SOC) and will transfer credits from any college that is regionally accredited, with the following stipulations: up to 30 semester hours from Vo-Tech programs, up to 60 semester hours from all 2 year schools, and up to 90 semester hours from 4-year colleges. Students can be awarded credit for CLEP exams, military schools, and life experience. UIU also offers a MBAA on-line.

Adult or Continuing Education

Adult education is alive and well on Fort Polk. In addition to college classes offered nightly, there are many other services available to assist the adult student in continuing their education.

Name: ACS Outreach Center
POC: Ruth Lamirande
Address: Bldg 2201,
City: Fort Polk, LA 71459
Phone: (337) 531-1895 (DSN 863-1896)
Proximity to site: On-post
Comments: GED classes are offered at the ACS Outreach Center by the Vernon Parish Adult Education Program at no cost to the student other than final exam fees, as appropriate. Adult Literacy programs designed to build skills needed to enter the GED classes are also taught at the Outreach Center. English-as-a-Second-Language (ESL) are offered to anyone desiring to enhance their knowledge and use of the English language. All classes are free of charge.

Name: Army Continuing Education Service (ACES)
POC: Counseling/Testing
Address: Bldg 1352, Corner of 9th and Mississippi Ave.
City: Fort Polk, LA 71459
Phone: (337)531-1993/1537/0675/7238/1535
Proximity to site: On-post
Comments: Professional counselors assist the individual in identifying aptitudes, interests, educational accomplishments, and job skills as a means to establish individual goals and develop ongoing educational programs leading toward the goal. All in-processing personnel are informed of the educational opportunities available on Fort Polk. Individuals are referred to appropriate education counselors for the required counseling sessions. Each major unit at Fort Polk is assigned an educational counselor who provides individual and group counseling services and serves as education advisor to the unit. Family members are eligible for counseling services at no charge. Information on colleges and universities throughout the United States, enrollment procedures, entrance testing, improving English language skills, and how to complete High School or obtain a GED is available through the counselors. The Testing Program provides for administering College Level Examination Program - General (CLEP-GE) and subject (CLEP-SE), DANTES Subject Standardized Tests (DSST), Scholastic Aptitude Test (SAT), American College Test (ACT), Certification Examinations and various other tests. Counselors coordinate with individuals, units and testing sections. Soldiers can take all tests free of charge. Family members are eligible for many tests and a minimal fee is charged when necessary.

Name: Army Learning Center
POC: Mr. Bob Nelson
Address: Bldg 1501, Alabama Avenue
City: Fort Polk, LA 71459
Phone: (337) 531-2274/6312
Proximity to site: On-post
Comments: Hours..... : Mon-Thurs, 8am-7pm; Fri, 8am-5pm The Army Learning Center (ALC) offers several education opportunities at no cost, such as CYBIX (computer based instruction in over 100 areas), tutoring services, language programs, study guides for SAT/ACT/CLEP/GRE, speed reading, and miscellaneous education reading materials. Also provides study guides and reference materials for various MOSs. Extension courses (TEC), machines, tapes, and lessons are available to assist individuals in upgrading MOS job proficiency. Annenberg/CPB video courses, for self-enrichment or college credit, are also available through the ALC. Advice and administrative assistance are available for applying for Army correspondence courses from service schools. The ALC also has four 486 personal computers that contain a wide assortment of software programs with tutorials that can be used to prepare college papers or for self-developmental purposes.

Name: Delbert J. Wilson Education Center
POC: Roger Skluzacek
Address: Bldg 7801, North Fort Polk
City: Fort Polk, LA 71459
Phone: (337) 531-5401
Proximity to site: 5 miles
Comments: Hours: Mon-Fri, 8am-4:30pm (Admin) Programs and services are offered with flexible scheduling to meet the needs of the command. Programs may be tailored for specific requirements. Army Continuing Education System (ACES) administration offices as well as college registrars and classes are located in Bldg 7801. Counseling, testing, MOS library are located in separate buildings throughout post.

Special Education

Army Regulation 608-75, 7 Dec 93, requires the Army to carefully consider the availability of facilities to care for and educate Exceptional Family Members in deployment locations. It also requires the enrollment of all Exceptional Family Members in

the Exceptional Family Member Program. Public Law 94-142, 1975, requires Free Appropriate Education to all handicapped children. Public Law 95-561, Defense Department Act, 1978, mandates DOD schools to implement Public Law 94-142 in overseas locations.

In layman's terms this means that while the laws mandate that handicapped children are guaranteed appropriate facilities, the Exceptional Family Member Program is DESIGNED TO INCLUDE ALL ELIGIBLE FAMILY MEMBERS (CHILDREN, SPOUSES, AND DEPENDENT RELATIVES) WITH SPECIAL NEEDS - REGARDLESS OF AGE.

Name: Army Community Service (ACS)/(EFMP)
POC: Mrs. Victoria Scott, EFMPM
Address: 6936 Mississippi Avenue
City: Fort Polk, LA 71459-5227
Phone: 1-800-241-1071 or (337) 531-2840
FAX: (337) 531-1692
DSN Phone: 863-2840
DSN FAX: (337) 531-1692
E-Mail: scottv@polk-emh2.army.mil
Proximity to site: On-post
Comments: Hours: 8am - 4:30pm, Monday - Friday If you think or know you have an exceptional family member, please contact your EFMP Manager, Mrs. Victoria Scott, for more in-depth guidance and/or a liaisonship within the Fort Polk community and beyond.

Name: Vernon Parish Special Education
POC: Mrs. Dottie Neugebauer
Address: 201 Belview Rd
City: Leesville, LA 71446
Phone: (337) 238-4100
Proximity to site: 8 miles

Employment

Employment Overview

The Directorate of Civilian Personnel (DCP), Fort Polk, welcomes you and your family to Louisiana. The DCP offers a Job Information Center (JIC) to provide information on employment in the federal and private sectors within the commuting area. A 24-hour, 7-day a week recording of job listings of external recruitment at Fort Polk is available by calling (337) 531-6414. Due to military downsizing,

Appropriated and Non-appropriated fund jobs at Fort Polk are minimal.

Federal Civilian Employment for Spouses

Military Spouse Preference-DoD Program: A military spouse who is a current Federal employee with personal career or career- conditional status or has reinstatement eligibility, or eligibility under Executive Order 12721, or who is accompanying or joining a military sponsor assigned as the result of a permanent duty station move (not retirement or separation) to (or within) the United States, may be registered for referral to DoD activities of his/her choice, regardless of component (Army, Air Force, Navy, etc.), within the commuting area of the permanent duty station of the military sponsor. For the spouse to be eligible (a) he/she must have entered into marriage with the sponsor prior to the sponsor's reporting date to the new location; (b) he/she must be fully qualified for positions for which registered; (c) he/she must furnish a copy of the PCS orders identifying the military sponsor's reporting date or supplies written evidence which verifies eligibility; and (d) he/she must be immediately appointable to a job in the competitive service, i.e., a current/former Federal employee with reassignment, transfer, or reinstatement eligibility, or eligibility under E.O. 12721. Registration eligibility begins 30 days before the sponsor's reporting date to the new location applies without time restriction. The spouse must be among the best qualified to be referred for the position. If selection is made from the competitive referral list and spouse preference eligibles are among those referred, a SPOUSE PREFERENCE ELIGIBLE MUST BE SELECTED. However, noncompetitive referral lists are issued simultaneously with the competitive referral list, and selection may be made of noncompetitive Army candidates, VRA appointments, appointments of 30% or more disabled veterans, noncompetitive transfers, placements to correct equal employment opportunity deficiencies, placement of the handicapped, and placements of persons returning from overseas tours of duty, without regard to spouse preference. Spouses may exercise spouse preference no more than one time per each permanent relocation of the military sponsor. Acceptance or declination of a valid offer at any grade level uses up preference eligibility until the next PCS move of the sponsor.

Name: Spouse Employment Preference
POC: Ms Shirley Harris
Address: Building 412 and 413
City: Fort Polk, LA 71459
Phone: (337) 531-7432
Comments: Hours: Mon-Fri 0800-1600

Permanent Employment Resources

Wages usually fall significantly below the national averages. Many jobs in the local area start at minimum wage for clerical and sales positions. The Vernon Parish JTPA, located at 500 South 6th St, Leesville, conducts a summer hire program, but most military families do not meet the economic standards to qualify for participation. The publicity for this program is through the local high school counselors. Fort Polk usually conducts a summer hire program open to all persons who are 16 years of age or older. Positions are available through civil service and nonappropriated funds. Employment in these summer hire programs is very limited with lots of applicants. The minimum legal, full-time working age is 16 years in the State of Louisiana. Younger ages are permitted to perform part-time work. Permits for high school students to work are usually required from the school principal.

Name: Louisiana Department of Labor, Office of Employment Security
POC: Assistance Operator
Address: 501 South 4th St
City: Leesville, LA 71446
Phone: (337) 238-6436
Proximity to site: 8 miles
Comments: Assists in job seeking, veterans services, testing and counseling.

Name: Vernon Parish JTPA
POC: Linda Jeane
Address: 500 S 6th St
City: Leesville, LA 71446
Phone: (337) 238-2950
Proximity to site: 8 miles
Comments: Serving the employment and training needs of area employers and qualified applicants.

Temporary Employment Resources

Temporary Services are available. However, the closest agency is located approximately 45 miles

from the Fort Polk area. The two temporary agencies listed in detail are the most prominent agencies in this area. For more information call (337) 531-1995 or the phone numbers listed within the detailed listing information.

Name: Temporary Employment Agency
POC: Manpower Temporary Services
Address: 104 constitution Blvd
City: Alexandria, LA 71303
Phone: (337) 473-9000
Proximity to site: 45 miles
Comments: Many of our family members as well as local off post community members find temporary jobs through this service. Located in Alexandria, La. across the street from the Rapides Coliseum as you enter the city limits. Much of the "leg work" can be done by phone or fax.

Name: Temporary Employment Agency
POC: Kelly Services
Address: 600 Bayou Pines Drive
City: Lake Charles, LA 70601
Phone: Toll Free 1-(800)-738-3999
Proximity to site: 70 miles
Comments: This agency is able to put you in contact with employers on/off post. We have an unusual amount of contractors working with the post. This enables a great many of our spouses to work on or near their homes. Please do not pass this agency up due to the mileage from post. A great lot of the "leg work" can and is done by phone or fax.

Non-Paid or Volunteer Opportunities

Family members who are unable to find immediate employment are encouraged to volunteer their skills with one of the many installation agencies who utilize volunteers, i.e. Army Community Service, American Red Cross, Youth Services, Child Development Services, and Army Family Team Building. Some of the advantages of volunteering are great work experience and satisfaction for a job well done. Some agencies will reimburse child care expenses. FOR RECOGNITION PURPOSES: ALL VOLUNTEERS MUST BE REGISTERED WITH THE INSTALLATION VOLUNTEER PROGRAM!!

Name: Army Community Service Volunteer Program
POC: Linda Bowers, ACS Volunteer Supervisor
Address: DCFA 6936 Mississippi Ave
City: Fort Polk, LA 71459-5227
Phone: (337) 531-4999
FAX: (337) 531-1692
DSN Phone: 863-4999
DSN FAX: 863-1692
E-Mail: BowersL@polk-emh2.army.mil
WWW Link: http://www.jrtc-polk.army.mil/ACS
Proximity to site: On Post
Comments: ACS offers a multitude of volunteer opportunities to include, but not limited to, Administrative Assistants, English-As-A-Second Language Instructors, Receptionist, Relocation/Budget Counselors, Citizenship Instructors, etc. ACS does offer LIMITED childcare for REGISTERED ACS VOLUNTEERS. FOR MORE INFORMATION: Linda Bowers, ACS VOLUNTEER SUPERVISOR.... Melissa Weaver, Administrative Assistant..(337) 531-1756, or 531-6952

Name: Installation Volunteer Program
POC: Wylie Bailey
Address: 6936 Mississippi Ave
City: Fort Polk, LA 71459
Phone: (337) 531-6922
FAX: (337) 531-1692
DSN Phone: 863-6922
DSN FAX: 863-1692
E-Mail: baileyw@polk-emh2.army.mil
Proximity to site: On post

Chambers of Commerce

Name: DeRidder Chamber of Commerce
Address: 111 N. Washington Ave
City: DeRidder, LA 70634
Phone: (337) 463-5533
FAX: (337) 463-2244
Proximity to site: 9 miles

Name: Leesville Chamber of Commerce
POC: MICHELLE MITCHELL
Address: U.S. Hwy 171 N., P.O. Box 1228
City: Leesville, LA 71446
Phone: (337) 238-0349
FAX: (337) 238-0340
Proximity to site: 8 miles

Private Sector Employment

The majority of employment opportunities available to Fort Polk family members can be found through the Louisiana Dept of Labor, Office of Employment Security, ACS Family Member Employment Assistance and Volunteer Program Manager or direct contact with each office identified below:

Army/Air Force Exchange Service (AAFES): This office accepts applications on any Wednesday from 0900-1600. AAFES personnel office, telephone (337) 537-0268.

Barksdale Federal Credit Union is located on Bell Richard Ave, (across from the Commissary), 0900-1700, Monday through Friday, (337) 537-0961.

Commissary Bagger or Vendor Stocker Positions may be applied for at the Commissary, Building 830, (off Bell Richard Ave). Contact the Head Bagger for Bagger positions and the Grocery Department Manager for Vendor Stocker positions, (337) 531-2791.

Many occupations are filled through contractors. More information may be obtained from the Louisiana Job Service, (337) 238-6436.

Government Employment

Appropriated and Non-appropriated (NAF), fund jobs at Fort Polk are limited due to the military downsizing, however, a few job openings do become available.

Name: AAFES
Address: Building 1455, Mini-Mall
City: Fort Polk, LA 71459-5000
Phone: (337) 537-1795/0268
Proximity to site: On Post
Comments: Hours to enter job requests/applications: Mon - Fri, 9 am - 4 pm.

Name: Civilian Personnel Office
POC: Staffing Specialist
Address: Buildings 412 & 413, Radio Road
City: Fort Polk, LA 71459-5000
Phone: (337) 531-2532, DSN 863-2532
Proximity to site: On Post

Name: Office of Personnel Management
Address: 1515 Poydras Street, Suite 608
City: New Orleans, LA 70112
Phone: (504) 589-2768
Comments: These are recorded announcements, so be ready to write the information as you listen to the recordings.

Professional or Occupational Licensing

There are two schools physically located at Fort Polk (grades PK-4), operated by the Vernon Parish School Board. Applications and other employment information/opportunities may be obtained from the Vernon Parish School Board. Other school boards operating schools in the vicinity are in the record listings. Applicants for registered nurse positions at Fort Polk must have an active, current registration as a professional nurse in a State, District of Columbia, the Commonwealth of Puerto Rico, or a Territory of the United States. Additional information may be obtained by calling (337) 531-7321/4020.

Candidates for Licensed Practical Nurse positions at Fort Polk must be currently licensed to practice as a practical or vocational nurse in a State or Territory of the United States, or the District of Columbia. Additional information may be obtained by calling (337) 531-7321/4020.

To be employed off the military installation, out-of-state licensed nurses must have a Louisiana license. When contacting the State licensing agency, be sure to ask about Louisiana's Reciprocity Agreement with your particular state. Generally, a copy of your current state license and a certified copy of your school transcript will be required when applying for a Louisiana State Nursing License. Call or write to get specific information relative to your particular case. See the record listing for specific information.

Name: Beauregard Parish School Board
POC: Teacher Administration
Address: 202 West 3rd Street
City: De Ridder, LA 70634
Phone: (337) 463-5551

Name: Louisiana State Board of Nursing
POC: Admin Section, Registered Nurse
Address: 907 Pere Marquette, Bldg 150, Baronne Street
City: New Orleans, LA 70112
Phone: (504) 568-5464

Name: Louisiana State Board of Practical Nurse Examiners
POC: Registration and Administration
Address: 1440 Canal Street, Suite 2010
City: New Orleans, LA 70112
Phone: (504) 568-6480

Name: Vernon Parish School Board
Address: 201 Belview Road
City: Leesville, LA 71446
Phone: (337) 239-3401

Networking Opportunities

The military spouse who is seeking to develop a personnel career must tackle the problems imposed by frequent moves. Networking before you move as well as after you arrive can sometimes be the key to a successful job search.

Prepare a resume to mail to companies or to respond to advertisements. Check to see if your present employer has a facility in the local area. A transfer may be possible or he/she may be able to give some insight into the new relocation/transition area.

Talk about your move to friends and neighbors, far and near. They may have some ideas or may have a networking system already in place.

Subscribe to local newspapers and scan the phone book. Start with checking your local phone directory for businesses that employ persons with your skills or background.

Contact local Chamber of Commerce for local business listings.

Contact local chapters of professional as well as volunteer organizations. A contact can be right around the corner at the next PTA meeting or company picnic. You never know who you're sitting or visiting with.

Whenever you attend a job fair or visit a company or agency, dress as if you are going on a job interview. Remember, you may be interviewed immediately.

Medical And Dental

Medical and Dental Overview

Inpatient and outpatient care is provided to eligible beneficiaries. Most outpatient care is provided by our Department of Family Practice. The provider from which a family receives care is determined by the sponsor's unit of assignment. Active duty personnel are first seen by Troop Medical Clinic staff. If additional care is required, they will be seen in Family Practice.

The extent of services and capabilities available fluctuates with the number of assigned staff members. Specialties currently available include: family practice, pediatrics, obstetrics and gynecology, internal medicine, general surgery, orthopedic surgery, podiatry, physical therapy, occupational therapy, dermatology, psychiatry, adult and child psychology, otolaryngology (ENT), audiology, speech therapy, ophthalmology, optometry, social work, preventative medicine, occupational medicine, environmental medicine, community health nursing, clinical dietetics, aviation medicine, and radiology.

Primary care services at Bayne-Jones Army Community Hospital are provided in Health Practice Groups based on soldiers' unit assignment. Priority of care at Bayne-Jones Army Community Hospital continues to be active duty first, followed by families of active duty, then retirees and their families.

The Family Member Dental Plan (FMDP) CONCORDIA, offers a readily available source of comprehensive dental care for family members of active duty. Information about enrollment, benefits, and local participating providers is available at the office of the Health Benefits Advisor, Bayne-Jones Army Community Hospital, phone (337) 531-3176/3171.

Regrettably, significantly reduced staffing and resources necessitate limiting dental care for retirees and their families to emergency care only.

Medical Services/Directory - on Installation

To access any clinic, service or department, make or cancel appointments, or obtain hospital information dial: (337)531-3000

Medical Services/Directory - on Installation

<i>Clinic</i>	<i>POC</i>	<i>Number</i>
Admissions and Dispositions		531-3160/3161
Alcohol and Drug Abuse Prevention		531-1971/1972
BJACH Dental Clinic		531-3729
Civilian Personnel Division		531-3312
Community Health Nursing		531-2751
DEERS Registration		531-1782/1839
Dermatology		531-3000
Health Benefits Advisor		531-3974
Hospital Information		531-3118/3119
ID Card Section		531-1782/1839
Immunization/Allergy		531-3593
Internal Medicine		531-3000
Laboratory		531-3400
Military Personnel Division		531-3191
Nutrition Care		531-3129
Occupational Health		531-6131
Outpatient Records		531-3622
Patient Administration Division		531-3172
Patient Representatives		531-3628/3880
Pharmacy		531-3234
Physical Exam		531-2579
Physical Therapy		531-3000
Podiatry		531-3000
Prescription Refill		531-3784
Prescription Refill		1-800-752-4658
Preventive Medicine		531-2051
Radiology		531-3376
Social Work		531-3000
Surgery		531-3000
TMC A		531-6234
TMC B (AVN MED)		531-4446
Veterinary Service		531-1322
Warrior Dental Clinic		531-4096

Health Benefits Advisor, Wellness, and CHAMPUS/TRICARE Programs

The Health Care Information Line (HCIL) is a free 24-hour phone service (1-800-611-2875) that is available to all beneficiaries (Active Duty, CHAMPUS, Medicare) to assist with any health care questions. You can call the Health Care Information Line and either speak to a Personal Health Advisor or listen to a recorded health topic through the Audio Health Library. Beneficiaries may obtain a listing of the Audio Health Library topics from the TRICARE Service Center.

For more information please see the record listings.

Name: Champus Office
POC: Beneficiary Service Representative(s) Mrs Barbara Warren
Address: 1st Floor, Rm 1321, B-JACH
City: Fort Polk, LA 71459
Phone: (318) 531-3974
Proximity to site: On-post
Comments: <p>Can assist you with any questions on health benefits and CHAMPUS programs.</p> <p>Health Care Finders (HCF) in the TRICARE Service Center provide information, assistance, and approve referrals to specialty care. ANYONE ENROLLED IN TRICARE PRIME CANNOT USE ANY SERVICE OTHER THAN THEIR PRIMARY CARE MANAGER (PCM) WITHOUT HCF PREAUTHORIZATION.</p> <p>This requirement applies to URGENT CARE as well as ROUTINE CARE. True emergencies (life, limb or eyesight threatening) ARE THE ONLY EXCEPTIONS TO THE PREAUTHORIZATION REQUIREMENT.</p> <p>You must call a 24-hour toll free number (1-800-406-2832) for PREAUTHORIZATION of URGENT CARE WHEN AWAY FROM YOUR PRIMARY CARE MANAGER (PCM)! A HFC CAN ALSO ISSUE A NON-AVAILABILITY STATEMENT (NAS). If your home address is within the catchment area (APPROXIMATELY 40-MILE AREA DEFINED BY ZIP CODE) of Bayne-Jones Army Community Hospital, you must try to use our hospital for non-emergency inpatient care, 14 same-day surgery procedures, and maternity-related care. If we cannot provide the inpatient, maternity-related care or same-day surgery procedure you need, you must request a non-availability statement(NAS). Regardless which TRICARE program you decide best meets your family's needs, this requirement applies.</p> <p>If you do not receive a NAS prior to the non-emergency medical care, CHAMPUS will not help pay for any of the care you receive from civilian sources. It is the beneficiary's responsibility to know if the treatment they are receiving requires an NAS. An NAS isn't required in the case of a MEDICAL EMERGENCY. Also, if you don't enroll in Prime and have other major medical insurance, an NAS isn't required. Beneficiaries who have questions or concerns should contact the TRICARE Beneficiary Service Representatives before receiving care from civilian sources.</p>

Name: Smoking Cessation, etc
POC: Community Mental Health Services
Address: Seventh Floor, B-JACH
Phone: (318) 531-3922/3923

Name: Dieting-Nutrition
POC: Admin Svcs, B-JACH
Address: 1st Floor, B-JACH
Phone: (318) 531-3129

Name: TRICARE SERVICE CENTER
POC: E. J. Eieteljorge
Address: Room 1321, First Floor
City: Fort Polk, LA 71459
Phone: (318) 537-8482 or 1-800-337-7463
Proximity to site: On Post
<p>Comments: Health Care Information Line.....: 1-800-611-2875</p> <p>TRICARE is a comprehensive Department of Defense medical program for active-duty and retired families of all military services, designed to improve readiness, expand access to care, maintain quality of care, and control costs for patients and taxpayers.</p> <p>TRICARE offers CHAMPUS-eligible beneficiaries three options for health care, TRICARE Standard, Extra, and PRIME.</p> <p>TRICARE STANDARD: new name for traditional Standard CHAMPUS coverage and is a cost-sharing program. Patients can select any provider and then file a claim for reimbursement of part of the cost (if care is covered by CHAMPUS). SOME PROVIDERS, BUT NOT ALL, file claims for patients. SOME, BUT NOT ALL, ACCEPT CHAMPUS ALLOWABLE FEES.</p> <p>TRICARE EXTRA: requires no enrollemnt or commitment. It is available any time to anyone NOT enrolled in TRICARE Prime, simply by using a civilian provider in the PREFERRED PROVIDER NETWORK. (Extra is cheaper than Standard, the co-payment percentage is 5% lower). The Extra providers agree to accept CHAMPUS allowable charges (thus NO BALANCED BILLING). The provider's total fee (on which the co-payment is based) is lower than most Standard CHAMPUS provider's fees BECAUSE THE CONTRACTOR HAS NEGOTIATED FOR LOWER FEES.</p> <p>TRICARE PRIME: is like civilian Health Maintenance Organization (HMO) a central source for all your health needs and is the most economical option for most people. You pay smaller user fees for care from civilian sources, instead of the deductible and co-payment paid under TRICARE STANDARD or EXTRA. You may need to go elsewhere for SOME care but you will always do so under the guidance of a PRIMARY CARE MANAGER (PCM), a provider or group of providers that supervises your care like a family doctor. YOU MUST ENROLL TO BE IN TRICARE PRIME! There are no enrollment costs</p>

for active duty members who are CHAMPUS-eligible. However, retired beneficiaries who wish to enroll, pay an annual enrollment fee of \$460 per family or \$230 per individual.

To find out more about these programs, we urge beneficiaries to attend a TRICARE briefing held on the first Wednesday of every month, 6 pm, MEDDAC Classroom #1 (first floor, room 1080, Bayne-Jones Hospital).

Community Hospitals

There are several hospitals in the Leesville/DeRidder area. Please refer to the record listing for addresses and phone numbers.

Name: Beauregard Memorial Hospital
Address: 600 S. Pine
City: DeRidder, LA 70634
Phone: (318) 462-7100
Proximity to site: Approx 20 miles

Name: Byrd Home Health
POC: Attending Physician
Address: 103 W University Parkway
City: Leesville, LA 71446
Phone: (318) 238-4383
Proximity to site: 8 Miles

Name: Byrd Regional Hospital
Address: 1020 Fertitta Blvd
City: Leesville, LA 71446
Phone: (318) 239-9041
Proximity to site: 10 miles

Name: Rapides Regional Medical Center Home Health Care
POC: Attending Physician
Address: 1612 S 5th Street
City: Leesville, LA 71446
Phone: (318) 238-9512
Proximity to site: 8 Miles

Name: St Francis Cabrini Hospital
POC: Attending Physician
Address: 3330 Masonic Drive
City: Alexandria, LA 71303
Phone: (318) 487-1122
Proximity to site: 45 Miles
<p>Comments: Most Insurance, Champus, Medicare & Children's Medicare Accepted</p>

Dental Services/Directory - on Installation

Dental Care-Active Duty Soldiers: Patients with dental emergencies report to the Hospital Emergency Service for after hours care. Severe pain, swelling, or trauma are considered emergencies. After hours care is limited to emergency treatment only.

Dental Care-Family Members: CONCORDIA = Family members receive dental care from civilian dentists using the TRICARE Active Duty Family Dental Plan (ADFMDP) = CONCORDIA. ADFMDP offers comprehensive insured dental care for family members of active duty soldiers. Families are highly encouraged to establish themselves with a civilian dental practice soon after arrival to Fort Polk.

Emergency care for family members is provided through their civilian dentist; however in the case of severe pain and/or trauma they may be taken to the E.R. of Bayne Jones Hospital. An Active Duty Dentist will be notified to give emergency treatment until the civilian provider is notified. Provider Lists may be obtained from your Hospital Health Benefits Advisor by calling (318)531-3974. The newly arriving families will have an opportunity to talk face to face with their Provider Lists when they attend Newcomer Orientation held at the Main Post Chapel, the 1st Wednesday of every month except January and July. There will also be a representative from the main office of TRICARE on hand to provide information and answer questions.

Dental Services/Directory - on Installation

<i>Clinic</i>	<i>POC</i>	<i>Number</i>
Chesser Dental Center		(318) 531-2121/4096
Hospital Dental Clinic		(318) 531-3729

Family Member Dental Plan

The TRICARE Family Member Dental Plan (FMDP) is a program that provides coverage for as many services possible at an affordable cost.

Family members are enrolled in the dental insurance plan through the soldier's PAC, and must allow 60 days for initial processing. Coverage is effective on the first day of the month following the month in which the sponsor's payroll deduction begins. Before making an appointment, check the latest LES to verify a payroll deduction has been made.

A partial listing of participating (PAR) Dentists in the local area through United Concordia Companies Inc can be found in the record listings. For a complete listing you may contact Bayne-Jones Hospital, the ACS Relocation Program Manager or the ACS Information and Referral Program Manager. Refer to Dental Services/Directory.

The TRICARE Family Member Dental Plan (TFMDP) is a comprehensive and affordable dental plan available to eligible spouses and children of active duty Uniformed Service members. The TFMDP has cost shares, benefit maximums and coverage limitations similar to typical group dental insurance plans. To be eligible for TFMDP enrollment, sponsors must intend to remain on active duty for at least 24 months and this commitment must be confirmed by their parent Uniformed Service. Enrollment and/or changes to enrollment can be

accomplished by filling out a DD Form 2494 or 2494-1 at the sponsor's servicing personnel office. Please read these forms carefully as they provide detailed information on enrollment options, limitations and when TFMDP coverage begins. Upon enrollment, the sponsor must pay the monthly premium through their Uniformed Services payroll account - the Government pays 60% of monthly premiums. Before providing care to family members, some dental providers may ask to see a copy of the sponsor's Leave and Earnings Statement showing the dental plan payroll deduction. Coverage is worldwide and portable between assignments. United Concordia Companies, Inc. (UCCI) administers the TFMDP. Detailed TFMDP coverage and enrollment information can be found in the TFMDP benefit booklet. For more information about the program, visit UCCI's web site or contact them at 1-800-866-8499 for information on the TFMDP in the United States, Canada, Guam, Puerto Rico and the U.S. Virgin Islands, or 1-717-975-5017 (toll call) for information on the TFMDP in all other locations. In overseas locations, enrolled sponsors and family members must contact their servicing overseas dental treatment facility and/or Overseas Lead Agent before seeking treatment from host-nation dental providers, except for emergency care.

Name: Dental Plus Inc
POC: Daniel and Stephanie Weaver
Address: 706 South 6th Street
City: Leesville, LA 71446
Phone: (318) 238-2631, 537-8443
FAX: (337) 239-9764
Proximity to site: 2 Miles
Comments: Sean Smith.....Orthodontist. Kevin Hamilton.....General Dentistry.

Name: Dental Plus Inc
POC: Roy Varner
Address: 300 West Texas Street and 1739 Pitkin Road
City: Leesville, LA 71446
Phone: (318) 238-2631, 537-8443
Proximity to site: 2 Miles

Name: Dental Plus Ind
POC: Charles Hudson
Address: 300 West Texas Street, and 1749 Pitkin Road
City: Leesville, LA 71446
Phone: (318) 238-2631, 537-8443
Proximity to site: 2 Miles

Name: Oral Surgery
POC: B. C. Ollier Jr
Address: 103 Belview Road
City: Leesville, LA 71446
Phone: (318) 239-2509
Proximity to site: 8 Miles

Name: Oral Surgery
POC: Roger Downs
Address: 300 West Texas Street or 1749 Pitkin Road
City: Leesville, LA 71446
Phone: (318) 238-2631,537-8443
Proximity to site: 2 Miles

Name: Oral Surgery
POC: Ronald Marks
Address: 104 Belview Road
City: Leesville, LA 71446
Phone: (318) 239-2509
Proximity to site: 8 Miles

Name: Oral Surgery
POC: David Carlton Jr
Address: 103 Belview Road
City: Leesville, LA 71446
Phone: (318) 239-2509
Proximity to site: 8 Miles

Name: Pediatric Dentistry
POC: Ralph M. Hennessee
Address: 103 Belview Road
City: Leesville, LA 71446
Phone: (318) 239-2509
Proximity to site: 8 Miles

Name: Periodontist
POC: Gary DeWitt
Address: 103 Belview Road
City: Leesville, LA 71446
Phone: (318) 239-2509
Proximity to site: 8 Miles

Name: Prosthodontist
POC: Paul Le Beau Jr
Address: 103 West Belview Road
City: Leesville, LA La
Phone: (318) 239-2509
Proximity to site: 8 Miles

Name: West La Dental Center
POC: William Summit
Address: 103 Belview Road
City: Leesville, LA 71446
Phone: (318) 239-2509
Proximity to site: 8 Miles

Name: West La Dental Center
POC: James Wilson
Address: 103 Belview Road
City: Leesville, LA 71446
Phone: (318) 239-2509
Proximity to site: 8 Miles

Housing

Housing Overview

CALL THE HOUSING OFFICE: DSN: 863-1379
COMMERCIAL: (337) 531-1379

The waiting time for housing depends upon the size of home you need and the grade of the soldier.
CALL THE HOUSING OFFICE: DSN 863-1379

On-post bachelor housing is LIMITED TO BONAFIDE BACHELORS GRADES E-7 AND ABOVE. Geographical bachelors should plan on living OFF POST. To obtain BOQ or SEQ billeting space, call Family Housing (337)531-4198, or call DSN 863-4198.

Temporary living quarters are provided for soldiers and family members arriving or departing the

installation on PCS, and TDY travelers. Registration and reservations are accomplished at building 522, the Magnolia Guest House. There is an outdoor kennel for pets which must be reserved the same time room reservations are made. (Pets are not allowed in any of the transient lodging facilities).

For more information about housing, check the record listings under Government Housing.

Housing Allowances

Housing allowance information is available from the Per Diem, Travel and Transportation Allowance Committee's Web Site:	
Rates and Allowances Home Page	http://www.dtic.mil/perdiem/rateinfo.html
Basic Allowance for Housing	http://www.dtic.mil/perdiem/bah.html
Overseas Housing Allowance	http://www.dtic.mil/perdiem/allooha.html

Government Housing

***All military personnel, including bachelors, seeking to reside off post, must process through Family Housing before making arrangements to rent, lease, or buy in the civilian community.

This office has been designated the sole point of contact involving complaints related to housing off post and commanders must ensure that each individual residing off post or seeking off post housing goes immediately to Family Housing office with any form of complaint (i.e., tenant, landlord, discrimination, etc.)

The mission of the single soldier quarters POC is to provide living accommodations in senior enlisted quarters and bachelor officer quarters for permanent party bonafide bachelor soldiers.

Temporary living accommodations are provided for soldiers and their family members arriving or departing the installation on PCS, and TDY travels. Registration and reservations are made around the clock, at the Welch Magnolia Guest House, Bldg 522, Utah Street. There you will find 70 rooms, including 4 handicap accessible rooms available, full size and hide-a-beds in all rooms; kitchenettes - two burner stove and refrigerator; occupancy 1 family, 6 people; within walking distance of the Post Exchange, Commissary and 24-hour Shoppette; Shuttle/School Bus Stops in front of Welch Magnolia Guest House. Cribs, highchairs, irons and ironing boards are available. There are full kitchen set ups in each room; and if you are in need of small kitchen items, ACS has a FREE Lending Locker. The rates are \$30.00 per night, per room. Pet boarding is available for guests of the Welch Magnolia Guest

House with 10 dog and 3 cat kennels: \$4.00 per day, per kennel, regardless of number of pets. HOWEVER, PETS ARE ASSIGNED ON A SPACE AVAILABLE BASIS UPON ARRIVAL. GUEST ARE RESPONSIBLE FOR THE UPKEEP OF THEIR PETS KENNEL.

Name: Community Home Finding Relocation Referral Services (CHRRS)
POC: Mrs Bellamy
Address: Bldg 1831, Mississippi Ave
Phone: (337) 531-7325
Comments: Hours: Mon - Fri, 9 am-4:30 pm

Name: Family Housing Office
POC: Facilities Branch
Address: Bldg 1831, Mississippi Ave
City: Fort Polk, LA 71459-7100
Phone: (337) 531-2762
Comments: Hours: Mon - Fri, 8 am - 4:30 pm Key telephone numbers: Customer Relations Representative: (337) 531-6599 Welch Guest House/TDY Orders: (337) 531-9200 Self-help Stores: (337) 531-7463/1334 ***** The Self Help Stores are conveniently located in 4 places through-out the housing and troop areas. STORE AREAS ARE: NORTH FORT: 15466A KYLE PLACE; SOUTH FORT HOUSING: 5399A EVANS STREET; TROOP AREAS: BLDGS. 1950 AND 1348.

Name: SEBQ & BOQ
POC: Mrs Becky Russell
Address: Bldg 1831, Mississippi Ave
City: Fort Polk, LA 71459-7100
Phone: (337) 531-4198

Name: Welch Magnolia Guest House
POC: Mr Basil Ashby
Address: 522, Utah Avenue -- PO BOX 3930
City: Fort Polk, LA 71459-7100
Phone: (337) 531-9200
DSN Phone: (337) 863-9200
Proximity to site: on post
Comments: 24-Hour Operation *** When entering Fort Polk on Louisiana Avenue, Utah Street is the 1st Street on your right after you come through the Main Gate. Mr Basil Ashby, Lodging Manager. Welch Magnolia Guest House Reservations: (337) 531-9200/9240

Community Housing

A 1-3 bedroom house will usually rent between \$350-\$850. 4 bedroom rent for a premium estimate price.

Mobile Homes within the city limits: \$250-\$350 according to size. Town Houses range between \$395-\$450 according to size. Studio apartments usually start at \$375 and up.

There are no Waiver Deposit Programs for Utilities in the surrounding community.

Utilities

The government furnishes electricity, water, sewage and refuse collection to all housing occupants.

Relocation Services

Relocation Services Overview

Premove assistance includes SITES, an automated system with information on installations throughout the world, as well as information packets and some video tapes on military installations worldwide; assisting units and the Personnel Service Company in conducting premove briefings and training workshops for persons designated as sponsors; assisting in other workshops for that help to minimize the stress associated with moving.

Postmove assistance includes information packets on Fort Polk and the surrounding communities; participation in newcomer orientation briefings; operation of a Lending Locker for small household items needed on temporary loan until household goods and hold baggage arrive. NOTE!! The Fort Polk ACS Lending Locker DOES NOT have bedding, furniture, etc.

Planning and emergency assistance to family members during unit deployments includes predeployment briefings to unit family members and soldiers on services provided by ACS; facilitating emergency assistance to family members of deployed soldiers, and helping form Family Support Groups; providing services to foreign born spouses in the form of English-as-a-Second Language and Citizenship classes; a waiting families program which includes predeparture briefings on services available from ACS, assistance, counseling and information in helping resolve crisis situations and implementation of Operation R.E.A.D.Y., and the use of the Unit Service Coordinator system for all Fort Polk Commanders and Service Members.

Relocation Assistance

For more information on this subject:
Printable savings pages for local supermarkets
<http://www.valupage.com>

Relocation is a challenge at it's best, because it's never easy to leave family and friends behind. Careful planning can often be the big difference between routing your relocation and a financial and/or emotional hardship. Contact your Relocation Assistance Program, as soon as you receive your PCS orders. Your Relocation Assistance staff can provide information on your new PCS station, e.g., community, installation, schools, shopping, jobs, etc.

Also, you need to contact the transportation office; homeowners must begin preparations to sell or rent; if residing in government quarters, contact your housing office. Find your old inventory of possessions and valuables (or make a new one). Organize personal records, such as birth certificates, insurance papers, etc. Arrange for those last, necessary doctor and dental visits. If service member is going TDY in advance of PCS, have power of attorney. Take care of auto maintenance and repairs if traveling by automobile. Have your pets checked by vet and vaccinations/inoculations updated, take copy of records. Notify schools and arrange to pick up/forward records. For more information in

planning your move, contact your Relocation Assistance Program at your installation.

Name: Relocation Assistance Program
POC: Sammie Rogers
Address: Building 420, Radio Road
City: Fort Polk, LA 71459
Phone: (337) 531-6923
FAX: (337) 531-1692
DSN Phone: 863-6923
DSN FAX: 863-1692
E-Mail: rogeracs@polk-emh2.army.mil

In Transit Emergencies

No matter how well you've planned your move, things happen and emergencies occur.

Before you leave make sure you have all important papers with you (not packed with your household goods.) Make sure you have all important numbers such as FOD, ACS (new and old post), new Command Duty Officer and your sponsors who can be invaluable in case of an emergency while in transit.

The American Red Cross is always available for emergency aid. Contact the nearest chapter listed in local phone directory.

Army Emergency Relief (AER) can provide financial assistance to meet unforeseen required travel and related maintenance expenses such as transportation, lodging or food, when applicable due to extraordinary costs involved with permanent change of station (PCS).

Name: American Red Cross
POC: Administration Office
Address: Mississippi Ave
City: Fort Polk, LA 71459-5227
Phone: (337)-531-1927/1929

Name: Army Emergency Relief (AER)
POC: Mrs Leese Payton
Address: Building 419, Radio Road
City: Fort Polk, LA 71459
Phone: (318) 531-1957/1958

Financial Preparedness

For more information on this subject:
Printable grocery/retail store coupons/freebies
<http://www.eversave.com>

I'm not sure who made the statement, "The Army moves these people so YOU KNOW IT DOESN'T COST THEM ANYTHING TO MOVE TO A NEW POST!"; but I'm sure whoever it was NEVER served or lived the military life. As the ACS Relocation Assistance Program Manager, I can share this information: I NEVER MADE A MOVE THAT DIDN'T COST!

It's been said, the average military family loses \$2.00 FOR EVERY \$3.00 THEY SPEND, DUE TO POOR PLANNING. I take exception to that statement, because I feel most of us are pretty good "Plan-Budget Engineers", or our families would never be able to make the moves and transitions required of us. So, I learned to budget, plan, read, etc, everything I could about the new place my family would be living, including HOW TO GET THERE AND WHERE ALL THE CHEAP, CLEAN, RESTAURANTS/CAFES/HOTELS/MOTELS WERE ON THE WAY. (You know what I mean; the kind of restaurant/cafe you go into and order 2 or 3 LARGE FAMILY VALUE MEAL PLATES and divide the meals with the kiddies. YES! I've been called CHEAP before.!. But, there are tricks of the trade we all have to learn or adapt to.) Also, I learned to pack everything edible (except the peanut butter) in an ice chest, (just in case our funds didn't stretch as far as we thought they would); and six weeks worth of clothing for the whole family in an overnight bag, (that's because the packers also packed our luggage along with the household goods).

These incidents listed above probably haven't been experienced by most of you, but if you feel you need more help with planning for your next move, go by or call the ACS Consumer Affairs and Financial Assistance Program (CAFAP) counselors. They offer a debt liquidation program with emphasis on financial management through classes focusing on credit and installment buying; family budgeting; check writing and reconciliation of bank statements; consumer related complaints; pay management, and Income Tax assistance. NOTE THIS REMINDER: THIS PROGRAM DOES NOT OFFER A DEBT CONSOLIDATION SERVICE.....A LIQUIDATION SERVICE ONLY! Counseling services are offered to assist the soldier and family with specific financial issues to include: Budget Counseling; Debt Liquidation; Emergency Food Locker and holiday food program.

Name: Consumer Affairs and Financial Assistance Program
POC: Mrs Peyton; Mrs Smith; Mrs Reeder
Address: Building 419 Radio Road
City: Fort Polk, LA 71459-5227
Phone: (337) 531-1957/1958 or 1-800-241-1071

Exceptional Family Member Program (EFMP)

The Exceptional Family Member Program (EFMP) is a mandatory enrollment program that works with other military and civilian agencies to provide comprehensive and coordinated medical, educational, housing, community support and personnel services to families with special needs.

An exceptional family member is one (child or adult) with any physical, emotional, developmental, or intellectual disability that requires special treatment, therapy, education, training or counseling.

Name: Exceptional Family Member Program
POC: Mrs Victoria Scott
Address: Building 420, Radio Road
City: Fort Polk, LA 71459
Phone: 1-800-241-1071, *TDD (337) 531-2840
FAX: 531-1692

Household Goods In-Bound Shipments

Name: Transportation Division
POC: Inbound Personal Property Section
Address: 4374, Tennessee Ave
City: Fort Polk, LA 71459-5227
Phone: (337) 531-1502
DSN Phone: (337) 531-1502
<p>Comments: Upon arrival in the area the Driver will contact his agent or the Transportation Office with information on your shipment. This office has two hours in which to locate you, as to the disposition of your shipment. ****If you are not in the area or they cannot locate you, your shipment will be put into storage (YOU ARE ENTITLED TO 90 days PAID STORAGE----- EXTENSIONS ARE POSSIBLE by making the appropriate arrangements with transportation). For delivery from storage you must phone transportation with an address and a delivery date will be established. (Delivery could take as little as 5 DAYS or as many as 15-20 DAYS - PEAK SEASON IS June - August and December - January).</p> <p>At the time of delivery of your household goods, the CARRIER WILL GIVE YOU FIVE (5) COPIES of a TWO (2) SIDED PINK FORM --DD FORM 1840/1840R. ALL DAMAGE AND/OR LOSS YOU NOTICE SHOULD BE IDENTIFIED ON THE FRONT SIDE OF THE DD FORM 1840/1840R BY: INVENTORY NUMBER; NAME OF ITEM; TYPE OF DAMAGE OR LOSS INCURRED.</p> <p>**The CARRIER WILL LEAVE THREE (3) OF THE FIVE (5) COPIES OF THE COMPLETED AND SIGNED FORM WITH YOU!! YOU NOW HAVE 70 CALENDER DAYS to make a claim, which means: You MUST examine EVERY ITEM IN YOUR SHIPMENT You MUST RECORD ANY ADDITIONAL DAMAGE/LOSS ON THE REVERSE SIDE OF THE DD FORM 1840/1840R which includes: (1) INVENTORY NUMBER; (2) NAME OF ITEM; (3) TYPE/EXTENT OF DAMAGE/LOSS **You MUST deliver those three (3) copies of the COMPLETED FORM to the CLAIMS OFFICE, building 406, Radio Road within 70 CALENDER DAYS of DELIVERY (not working days, CALENDER DAYS). The Claims Office will retain TWO (2) COPIES, THE THIRD COPY WILL BE RETURNED TO YOU WITH A DATE STAMP (verification of date received). **You MUST keep this for your use when you submit your claim.</p>

REMEMBER! If you submit a claim against the United States Government for damage and/or loss of your household goods for items that: (1) HAVE NOT BEEN LISTED ON DD FORMS 1840/1840R; OR (2) IF THE PROPER FORMS HAVE NOT BEEN RECEIVED BY THE CLAIMS OFFICE WITHIN 70 CALENDER DAYS OF DELIVERY (not 70 working days), a REDUCTION in the AMOUNT PAYABLE on your claim may result.

Household Goods Out-Bound Shipments

Bldg 4374, Tennessee Ave, open Mon-Thur, 8am-4:30pm, telephone (337) 531-1502, DSN 863-1502.

Household Goods Claims

The Fort Polk Claims Office POC is Mr Jenkins or Mrs Stella Rivera. Hours are Mon, Tues, Wed, Fri, 8:30am-11:30am - 12:30pm-5:00pm; Thurs, 12:30-5:00pm). More information may be obtained by calling (337) 531-1576/2636.

If you discover loss or damage, upon delivery, you are required to list the loss or damage on the "Joint Statement of Loss or Damage at Delivery" (DD Form 1840). The carrier or carrier representative will provide you with this form at the time of delivery. This is to be completed jointly by you and the carrier or representative who is delivering the shipment. The DD Form 1840 serves as notice to the carrier of loss/damage and receipt of delivery.

You have up to 70 days to inspect your property and record all loss or damage. In all instances the completed DD Forms 1840/1840R must be delivered to your local claims no later than 70 days from date of delivery. **FAILURE TO DELIVER THE FORM/LIST OF ALL ITEMS MAY RESULT IN A REDUCTION OF THE AMOUNT PAYABLE ON YOUR CLAIM.** Never discard any item you are filing against. This may be needed to gain your full compensation. After you have received full compensation and closed your claim file, then you may dispose the item/items. Some items may have to be disposed of through certain salvage systems, so be sure to check with your local claims representative before making disposal arrangements on your own.

One of the safest ways to keep good information on what, how many, where, when purchased and how much spent on any of your household or insurable items is to video it/them. However, this doesn't mean you must not follow the instructions from your local claims office. This is another way to make sure you, your preferred insurance company and the claims office have good sound information. According to the Claims and Provost Marshal office, this is one of the easiest and safest ways to fully record everything within your home and nothing is left to memory. The video camera will record not only the items in your house, but the date, time, who is within the household, visual and oral identification numbers (be sure to hold/display item so ID numbers/marks/colors/sales slip can easily be seen), and where the item was displayed (what room and who it belonged to i.e., Tom's bedroom with his miniature car collection and display case). Be sure to fully describe car collection/serial numbers and other identification. This way you have a written and video copy of all items.

The most used system is to make 3 recordings of the video. Take one with you as you travel, pack one within your household goods and send one to your family/friends by registered mail. Be sure to let them know you're sending an identification video and it must remain sealed until/if you need it. It's been recommended the videos be wrapped in foil if sending through the mail.

If any of your household goods arrive damaged, wet, mildewed or molded, call the claims office for assistance.

Household Goods Weight Allowances

Remember, you are responsible for staying within the weight allowances for your rank and family size. The weight allowance includes everything but the baggage you carry with you and professional, work-related items such as books, papers and special uniforms. Exceeding your assigned limit can be very expensive, because you'll have to reimburse the government for any overage.

If you have any doubt about the weight of your shipment, ask your local transportation office at your new destination to reweigh the shipment without charge.

Household Goods Weight Allowances

<i>Grade</i>	<i>Allowance w/Dependents</i>	<i>Allowance wo/Dependents</i>
E1	5,000	*1,500
E2	5,000	*1,500
E3	5,000	*2,000
E4	+7,000	+3,500
E5	9,000	7,000
E6	11,000	8,000
E7	12,500	10,500
E8	13,500	11,000
E9	14,500	12,000
W-1	12,000	10,000
W-2	13,500	12,500
W-3	14,500	13,000
W-4	17,000	14,000
O-1	12,000	10,000
O-2	13,500	12,500
O-3	14,500	13,000
O-4	17,000	14,000
O-5	17,500	16,000
O-6+	18,000	18,000

POV In-Bound Shipments

You are allowed to ship one privately owned vehicle at government expense to or from an overseas area when permitted (some overseas areas restrict shipment of POVs). The entitlement to ship an otherwise eligible POV from overseas to the United States is not dependent on whether a POV was shipped to the overseas area. The entitlement to ship a POV overseas and the entitlement to ship one back are two separate and different entities. For the purpose of this shipment, a POV is a vehicle owned by the member or a dependent of the member (member must show proof of ownership/registration or lease agreement). See record listing.

Name: TRANSPORTATION DIVISION
POC: INBOUND PERSONAL PROPERTY SECTION
Address: Building 4374, Tennessee Avenue
City: FORT POLK, LA 71459
Phone: (337) 531-1216/1226

Name: Transportation Division
POC: Inbound Personal Property Section
Address: Bldg 4374, Tennessee Avenue
City: Fort Polk, LA 71459-5227
Phone: (337) 531-1216/1226
Comments: Upon arrival in the Fort Polk area, you must notify the Inbound Personal Property section and provide the following information: <ul style="list-style-type: none"> a. Delivery address b. Contact phone number - home, unit, guest qtrs, or neighbors

POV Out-Bound Shipments

If you are relocating to Fort Polk from overseas and are shipping your POV, please contact your Personal Property Office at your current duty station for entitlements and restrictions. See the record listing for more information.

Name: TRANSPORTATION DIVISION
POC: OUT-BOUND PERSONAL PROPERTY SECTION
Address: Building 4374, Tennessee Avenue
Phone: (337) 531-1502/2052

POV Claims

Name: Staff Judge Advocate Office
POC: Claims Division
Address: Bldg 406 Radio Road
City: Fort Polk, LA 71459
Phone: (337) 531-2576
Comments: Hours of Operation: Monday, Wednesday, Friday; 8 am - 4:00pm, closed 11:30 - 12:30 for administration time and lunch. CLOSED THURSDAY.

Pet Boarding/Kennels

Name: Alexandria Pet Inn
Address: 56 Heyman Lane
City: Alexandria, LA
Phone: (337) 445-7333
Comments: Monday - Friday: 8 am - 11 am, 4 pm - 6 pm. Saturday: 8 am - 11 am. Sunday pick-up 4:30 - 5:30 pm. Prior arrangements required.

Name: Kennel Kare, Inc
Address: 880 Highway 26
City: DeRidder, LA
Phone: (337) 462-3907
Comments: Boarding for Dogs (\$7/Day) and Cats (\$5/Day); Fireproof Indoor Runs; A/C & Heat; Runs: 4'x 24'; BY APPOINTMENT ONLY

Name: Pinecrest Kennels
Address: 1555 Lake Vernon Road
City: Leesville, LA 71446
Phone: (337) 238-0521 for more information

Name: Seaman's K-9 Academy & Boarding Kennels
Address: 528 Alexandria Road (3 1/2 miles east of Hwy 171)
City: Leesville, LA 71446
Phone: (337) 239-6669 for more information
Comments: Monday - Friday: 8 am - 1200 noon, 3 pm - 6 pm. Saturday: 8 am - 1200 noon. Prior arrangements required; holiday season(s) always VERY BUSY..2 MONTH PRIOR REGISTRATION.

Name: Southern Comfort Kennels & Pet Resort
POC: Nancy Butler
Address: 3079 Gray Loop
City: DeRidder, LA
Phone: (337) 463-7015
Comments: Monday - Friday: 8 am - 8 pm, Saturday: 8 am - 12 noon, Sunday: by appointment only. ALL PETS PICKED UP BEFORE 12:00 NOON = NO CHARGE FOR THAT DAY. All indoor central air conditioned/heated runs. Music and exercise play time. If your pet must be picked up from local airports, prior arrangements must be made with Mrs Butler. HOLIDAY SEASONS ARE ALWAYS VERY BUSY...1 MONTH REGISTRATION REQUESTED, IF POSSIBLE. IF PET IS ON SPECIAL DIET/MEDICATION(S) A COMPLETE INFORMATION SHEET ON DIET and/or MEDICATION MUST BE FILLED OUT OR PROVIDED. Mandatory copy of up to date shot record(s) must accompany pet(s). These requirements are for your pets health.

Pet Licensing

Pets residing on post must be registered with the Veterinary Clinic within three working days upon obtaining housing. Current immunizations are required. There are no on-post pet kennels. Contact ACS for information, (337) 531-2840/1941, DSN 863-2840, 1-800-241-1071

Pet Quarantines

There are no quarantines for pets arriving on Fort Polk.

Veterinary Services

Fort Polk Veterinary Services Bldg 601, Colorado Ave Telephone: (337) 531-1322, DSN 863-1322

The Veterinary Treatment Center (VTF) operates as a US Army Non-Appropriated fund instrumentality. There is a charge for all goods dispensed or used on your animal and payment must be made at time of service. Cash, first party checks, Visa or Mastercard will be accepted for payment. Animals are seen on an appointment basis. Appointments can be made by calling on Monday mornings between 0830-1200. This is a first-come-first served system.

Name: BEALL ANIMAL CLINIC
POC: DR. LARRY BEALL
Address: 153 RED TOWN ROAD
City: LEESVILLE, LA 71446
Phone: (337) 239-2435
Comments: HOURS: MON - FRI = 8 - 5:30; SAT - 11:00 - 2:00. BOARDING KENNEL AVAILABLE WITH PRIOR ARRANGEMENTS--\$\$\$--ASK ABOUT DISCOUNT(S). AFTER HOUR KENNEL CARE AVAILABLE IF NEEDED WHEN ARRIVING TO FORT POLK AND FIND NO KENNEL ROOM AT THE WELCH MAGNOLIA HOUSE - 565-4484; 392-9811.

Name: BEAUREGARD VETINARY CLINIC
Address: 2579 HWY 171 SOUTH
City: DERIDDER, LA
Phone: (337) 463-2001
Comments: HOURS OF OPERATION: MON - FRI, 8AM - 5PM; SAT - 8AM - 12:00 NOON.

Name: BRANDON BETINARY CLINIC
POC: DR. GEORGE BRANDON
Address: 300 NORTH VERONE
City: LEESVILLE, LA 71446
Phone: (337) 239-0226
Comments: HOURS OF OPERATION: MON - FRI, 7AM - 5:30PM; SAT, 8AM - 12:00 NOON. TREAT SMALL, LARGE, EXOTIC ANIMALS. TRIM BEAKS AND NAILS OF EXOTIC BIRDS. BOARDING KENNEL AVAILABLE.

Name: ENTRANCE ROAD VETINARY CLINIC
Address: 1189 ENTRANCE ROAD
City: LEESVILLE, LA 71446
Phone: (337) 537-2454
Comments: HOURS OF OPERATION: MON, TUE, and FRI - 8AM - 5PM; WED - 8AM - 12:00 NOON; THURS - 8AM - 6PM. BOARDING KENNEL AVAILABLE FOR SMALL ANIMALS UNDER 30 LBS, WITH PRIOR ARRANGEMENTS.

Name: HOERNER VETERINARY HOSPITAL
POC: DR. HOERNER
Address: 1625 NORTH PINE STREET
City: DERIDDER, LA
Phone: (337) 463-7011
Comments: HOURS OF OPERATION: MON - FRI, 8AM - 6PM; SAT - 8AM - 12:00 NOON.

Name: WESTSIDE VETERINARY CLINIC
Address: US HWY 190 WEST
City: DERIDDER, LA
Phone: (337) 463-3922
Comments: HOURS OF OPERATION: MON, TUES, FRI - 8AM - 5:30 PM; THURS - 8AM - 7PM.

Pet Transportation

CHECK WITH YOUR LOCAL VETERINARY SERVICE ON/OFF POST BEFORE TRAVELING WITH YOUR PET; THEY KNOW YOUR PET BETTER THAN ANYONE WILL AT THE NEW POST.

PCS Reporting Procedures

Upon a complete review of each in-processing soldier's Military Personnel Records Jacket, this section, through coordination with G1/AG Strength Management Section, publishes unit of assignment orders. Necessary forms are completed to facilitate a smooth in-processing through all stations. Soldiers receive briefings and/or screenings from the following inprocessing stations:

- Finance - conducts audit of Finance Records and travel entitlements
- Housing Referral Office - provides information concerning availability of on/off-post housing
- Medical Records - screens records, measures height and weight, checks for last physical and schedules appointment if needed
- Dental Records ensures required exams and x-rays are completed
- Education Records - screens records and schedules an appointment with their education counselor
- TriCare - enrolls in a supplemental program for CHAMPUS
- Waiver Deposit Program - issues preliminary application forms for Bell South Telephone Company, Entex Gas and Aeropress
- Family Housing provides information concerning the availability of off-post housing and places the soldier on the waiting list.

During in-processing, personnel records are audited and updated to include preparation of new

Emergency Data Sheets and Serviceman's Group Life Insurance. When necessary, I.D. card applications, DEERS enrollment, and I.D. Tags are prepared. Soldiers who become eligible for promotion in grade E2-E4 while intransit are promoted. Promotion packets for soldiers on the E5 and E6 list are reviewed for integration on the Fort Polk Promotion Standing List and soldiers on any Department of the Army promotion list are verified and documented.

Soldiers in the ranks of E6 and below are scheduled for and attend the School of Standards (SOS) upon completion of initial in-processing. Soldiers in the ranks of E6(P) and above are released to their units upon completion of inprocessing.

Name: Central In and Out Processing
POC: NCOIC of PERSONNEL
Address: Bldg 1830, Alabama Ave.
City: Fort Polk, LA 71459
Phone: (337) 531-7258/6119
DSN Phone: (337) 863-7258/6119
Comments: Enlisted soldiers inprocessing after duty hours are to report to Welch Magnolia Guest House, Bldg 522, Utah Ave. Officers are to report to the Field Officer of the Day (FOD), Bldg 1714, after duty hours.

Separation Procedures

Soldiers separating and returning to civilian life are processed at the Transition Point at the Consolidated In/Out Processing Center. Preseparation counseling on benefits available to the individual and their dependents, as well as any personal problems that may be incident to the soldier's transition to civilian status, are handled here. Actions are processed and orders published once benefits have been established and discussed with the soldier. Final disposition and distribution of records and documents initiated during preseparation and final transition processing, as well as those accumulated during the soldier's period of active service, is also accomplished here.

Name: Army Career & Alumni Program (ACAP)
Address: Bldg 2155
City: Fort Polk, LA 71459
Phone: (337) 531-1594/1596
Comments: This program assists soldiers and family members as they ake the transition from Army service. Services include a one-on-one benefits awareness briefing which is mandatory for all soldiers transitioning from the Army, voluntarily or involuntarily, to include career guidance and job assistance. Soldiers within 180 days of separation need to schedule their visit to the ACAP office through their PAC.

Name: Central In and Out Processing
POC: Various
Address: Bldg 1830, Alabama Ave.
City: Fort Polk, LA 71459
Phone: (318) 531-7952, DSN 863-7952

Billeting

Name: Welch Magnolia Guest House
POC: Mr. Basil Ashby
Address: Bldg 522, Utah Ave.
City: Fort Polk, LA 71459
Phone: (337) 531-2900
DSN Phone: (337) 863-2900
Comments: Temporary living accommodations are provided for soldiers with family members and soldiers (SFC and above) without family members, arriving or departing the installation on PCS and TDY orders.

Unaccompanied PCS

See PCS REPORTING PROCEDURES.

Support Services

Support Services Overview

The family support team at Fort Polk is one of the many reasons Fort Polk is known as "The Best Little Hometown in the Army." We are here to make life easier, in every way, for all members of America's Army. Many services are available to make your family life at Fort Polk more enjoyable. Specifics on these services are included in the following pages.

Name: Family Support Training Program (FSTP)
POC: Mrs. Shawn Williams
Address: 6936 Mississippi Ave
City: Fort Polk, LA 71446-5227
Phone: (337) 531-9743
FAX: (337) 531-1692
Comments: The Family Support Training Program is designed to support ACTIVE AND RESERVE component soldiers and their families with the objectives of providing guidance and assistance to family members in Volunteer Leadership Positions. This program actively promotes volunteer self development and fosters teamwork in family readiness groups; with participation in these trainings providing excellent networking opportunities for all Family Readiness Group Leaders. This program includes Leadership Training, Facilitation Workshops, Army Family Action Plan Symposium, Pre/Post Deployment Seminars/Briefings, Family Readiness Groups.

Family Centers

Family centers at Fort Polk begin with Army Community Service (ACS). Most services provided by ACS are found in Bldg 420 (the only green building on post), and it's neighbor, Bldg 419. The Community Life Center is located on 8th Street (one way street right next to the main ACS building), and the Outreach Center is located on Alabama (right next to the water tower.) We are here to make your stay at Fort Polk as enjoyable as possible. Please stop by and visit with us!

Name: Army Community Service (ACS)
POC: Mrs. Pamela Evans, Director
Address: Bldg 420, Mississippi Ave.
City: Fort Polk, LA 71459
Phone: (337) 531-1941/2840 or 1-800-241-1071
FAX: (337) 531-1692
Comments: Army Community Service is a social service program that assists commanders in maintaining readiness of individuals, families, and communities within America's Army by developing, coordinating, and delivering services which promote self-reliance, resiliency, and stability during war and peace.

Name: Army Emergency Relief (AER)
POC: Mrs. Leese Payton
Address: Bldg 419, Radio Road
City: Fort Polk, LA 71459
Phone: (337) 531-1957/1958, 1-800-241-1071
Comments: Hours: Mon-Fri, 8am - 4:30 pm Army Emergency Relief (AER) is a community oriented social program dedicated to providing emergency financial assistance to members of the military and their legal dependents on extended active duty. AER provides emergency financial assistance which may be extended as an interest free loan, a grant, or as a combination of both. Each case is determined on its own merit in accordance with the provisions of Army Regulation 930-4.

Name: Consumer Affairs and Financial Assistance Program (CAFAP)
POC: Mrs. Smith/Mrs Reede
Address: Bldg 419, Radio Road
City: Fort Polk, LA 71459
Phone: (337) 531-1957/1958, 1-800-241-1071
DSN Phone: (337) 863-1957/1958
DSN FAX: (337) 863-1692
Comments: CAFAP provides the following services: <ul style="list-style-type: none"> -a debt prevention program -counseling and financial assistance to prevent excessive indebtedness (budget counseling) -aid to those soldiers and their families already in debt (debt liquidation) -assistance in resolving consumer-related complaints between the military and civilian communities in the Fort Polk area -consumer information and education -a Food Locker program giving from 1 - 3 days of emergency food for those individuals in need. Donations of cash and non-perishable food items are accepted. Working with Mrs Payton are Mrs Smith and Mrs Reeder.

Name: Exceptional Family Member Program (EFMP)
POC: Mrs. Victoria Scott
Address: Bldg 420, Mississippi Ave
City: Fort Polk, LA 71459
Phone: (337) 531-2840, 1-800-241-1071
FAX: (337) 531-1692
Comments: The Exceptional Family Member Program (EFMP), outlined in Army Regulation 608-75, works in concert with other military and civilian agencies to offer a comprehensive, multidisciplinary approach for medical, social, educational, and community support, as well as personal services, for families and family members with special physical, emotional, or intellectual needs. As of August 1986, it is mandatory tht all soldiers with exceptional family members enroll in the EFMP.

Name: Family Advocacy Program (FAP)
POC: Mrs. Gladys Mosby
Address: Bldg 419, Radio Road
City: Fort Polk, LA 71459
Phone: (337) 531-1938, 1-800-241-1071
Comments: The Family Advocacy Program (FAP) advocates for the needs of children and family member within the Fort Polk community, expecially in cases of child and spouse maltreatment. FAP presents education and awareness programs to alert the community and prevent maltreatment, through parenting and marital classes, to stop the abuse and provide assistance to those that are in need of special attention.

Name: Family Member Employment
POC: MRS Wylie Bailey
Address: Bldg 420, Radio Road
City: Fort Polk, LA 71459
Phone: (337) 531-6922
FAX: (337) 531-1692
Comments: Hours: Mon-Fri, 8am-4:30pm Individual counseling is done by appointment only, requests for information are done on a walk-in basis.

Name: Family Support Training Program
POC: Mrs Shawn Williams
Address: Building 419 Radio Road
City: Fort Polk, LA 71459-5227
Phone: (337) 531-9743
Comments: Hours: Mon-Fri, 8am-4:30 pm The Family Support Training Program is designed to support active and reserve component soldiers and their families with the objectives of providing guidance and assistance to family members in volunteer leadership positions, to promote volunteer self-development, and to foster teamwork in family readiness groups.

Name: Information, Referral, and Follow-Up Program
POC: Mrs. Victoria Scott
Address: Bldg 420, Mississippi Ave
City: Fort Polk, LA 71459
Phone: (337) 531-2840, 1-800-241-1071
FAX: (337) 531-1692
Comments: Mrs Scott is not only a walking telephone book, she assists military families in solving their social and economic problems and improving the quality of their lives.

Name: Outreach Program
POC: Mrs. Ruth Lamirande
Address: ACS Outreach Center, Bldg 2201
City: Fort Polk, LA 71459
Phone: (337) 531-1895/1896
FAX: (337) 531-1637
DSN Phone: (337) 863-1895/1896
DSN FAX: (337) 863-1637
E-Mail: LAMIRANR@polk-emh2.army.mil
WWW Link: http://www.jrtc-polk.army.mil
Comments: Hours: Mon-Fri, 8am-4:30pm
<p>Outreach Services offers a wide variety of social, educational and recreational classes each month at no cost to the participants.</p> <p>FREE = GED Classes - August - May, Monday - Thursday.</p> <p>English-as-a-Second Language Class - twice weekly.</p> <p>Toddler Play Time - Monday, Wednesday, Friday, 0900 - 1100.</p> <p>Children's Crafts - Monday & Wednesday, 1000 - 1100.</p> <p>Information and Referral Service.</p> <p>Christmas Toy Outreach Program.</p> <p>A Good Cup of Coffee</p>

Name: Relocation Assistance Program (RAP)
POC: Mrs. Sammie Rogers
Address: Bldg 420, Mississippi Ave
City: Fort Polk, LA 71459
Phone: (337) 531-6923, 1-800-241-1071
FAX: (337) 531-1692
Comments: Hours: Mon-Fri, 8am-4:30pm The Relocation Assistance Program (RAP) provides information, guidance and assistance to help minimize the impact on families during PCS moves, unit deployments or soldier unaccompanied overseas tours. The major elements of the program are: <ul style="list-style-type: none"> -Transition issues/concerns of service/family members, and civilian employees -Pre-move and post-move assistance -Planning for family member support and assistance during deployment -Service and support for waiting families on/around Fort Polk when sponsors are overseas on an unaccompanied tour Assistance to foreign born spouses

Name: Volunteer Program
POC: Mrs Linda Bowers, Volunteer Supervisor
Address: Building 420, Radio Road
City: Fort Polk, LA 71459-5227
Phone: (337) 531-4999
FAX: (337) 531-1692
DSN FAX: 863-1692
Comments: The ACS Volunteer Program Includes: - English as a Second Language classes taught by volunteers - Citizenship classes taught by volunteers - Sewing classes taught by volunteers - Clothing Locker administrated by volunteers Many volunteer opportunities exist through ACS, such as: - Army Family Team Building (all phases) - Administrative Assistants - Office Receptionist - Clerk/Typists - Lending Locker Assistants - Skill Development Class Instructors - Foreign Document Translators - File Clerks - Counselors - Financial Instructors - Relocation AssistanceAND MANY, MANY MORE!!!!!!!!!!!!

Information and Referral

Name: Information, Referral, and Follow-up Program
POC: Mrs. Victoria Scott
Address: Bldg 420, Mississippi Ave
City: Fort Polk, LA 71459
Phone: (337) 531-2840, 1-800-241-1071
FAX: (337) 531-1692
Comments: Hours: Mon-Fri, 8am-4:30pm Assists military families in solving their social and economic problems and improving the quality of their lives. Services include: -Resource List of Local Public, Private, and Voluntary Agency Organizations that provide social or other services -Community Services and Organizations (Local and State) -Interview and Assessment Services -Referral Services -Follow-Up Services -School Information -Recreation and Tourism -Food Stamp and WIC Program Information -Foreign Document Translation Program

Financial Assistance Programs

Name: Army Emergency Relief (AER)
POC: Mrs. Leese Payton
Address: Bldg 419, Radio Road
City: Fort Polk, LA 71459
Phone: (337) 531-1957/1958 , 1-800-241-1071
Comments: Army Emergency Relief (AER) is a community oriented social program dedicated to providing emergency financial assistance to members of the military and their legal dependents on extended active duty. AER provides emergency financial assistance which may be extended as an interest free loan, a grant, or as a combination of both. Each case is determined on its own merit in accordance with the provisions of Army Regulation 930-4.

Name: Consumer Affairs and Financial Assistance Program (CAFAP)
POC: Sandra Reeder, Linda Smith
Address: Bldg 419, Radio Road
City: Fort Polk, LA 71459
Phone: (337) 531-1957/1958 , 1-800-241-1071
Comments: The Consumer Affairs and Financial Assistance Program (CAFAP) has several responsibilities. CAFAP provides the following services: -a debt prevention program focused on some of the common causes of financial problems -counseling and financial assistance to prevent excessive indebtedness (budget counseling) -aid to those soldiers and their families already in debt (debt liquidation) -assistance in resolving consumer-related complaints between the military and civilian communities in the Fort Polk area -consumer information and education -a Food Locker program giving from 1 - 3 days of emergency food for those individuals in need. Donations of cash and non-perishable food items are accepted.

Emergency Assistance

Several agencies on post are here to help in time of need.

Name: American Red Cross
POC: Kristi Balli
Address: 7220, BLDG 1561, Mississippi Ave P.O. BOX 3902
City: Fort Polk, LA 71459
Phone: (337) 531-1929
FAX: (337) 531-1296
E-Mail: redcross@polk-emh2.army.mil
Comments: Emergency Communication: -Verifications for emergency leave when requested -Reports on deaths, illnesses, births -Reports on financial and other family problems -Health and welfare reports Access to Financial Assistance after duty hours: -Emergency Travel -Basic Maintenance(one-time basis pending receipt of first allotment check) -Avoid privation -Disaster assistance

Name: Army Emergency Relied (AER)
POC: Mrs. Leese Payton
Address: Bldg 419, Radio Road
City: Fort Polk, LA 71459
Phone: (337) 531-1957/1958
Comments: AER provides emergency financial assistance which may be extended as an interest free loan, a grant, or as a combination of both. Each case is determined on it's own merit in accordance with the provisions of Army Regulation 930-4.

Name: Duty Chaplain
Address: Can be reached through the Field Officer of the Day (FOD)
City: Fort Polk, LA 71459
Phone: (337) 531-1726/1727
Comments: The Duty Chaplain is available to assist with any personal or spiritual crisis. The chaplain will not be immediately available at the above phone number, but will be notified through the use of a beeper system. The Duty Chaplain will either call the individual requesting assistance or meet him or her at a designated location.

Family Advocacy

The Family Advocacy Program (FAP) advocates for the needs of children and family member within the Fort Polk community, especially in cases of child and spouse maltreatment. FAP presents education and awareness programs to alert the community and prevent maltreatment, through parenting and marital classes, to stop the abuse and provide assistance to those that are in need of special attention.

Classes available include, but are not limited to:

Dynamics of Family Violence; Parenting Education; Marital Relationships; Nurturing Programs (Birth - 5 yrs and 6 - 12 years); Prevention and Relationship Enhancement Program (PREP); Practical Application of Intimate Relationship Skills (PAIRS); Active Parenting of Teens (APOT)

FAP works in conjunction with Social Work Services, Community Mental Health Agencies, Family Life Chaplain, Welcome Baby Program for Vernon and Beauregard Parishes, and the Office of Community Service (OCS).

24-Hour Helplines in the Fort Polk area include:

DeRidder - 462-0609

Leesville - 239-HELP (4357)
Parents Helpline - 1-800-348-KIDS (5437)
June Jenkins Womens Shelter - 1-800-54-ABUSE (542-2873)

To report cases of abuse or neglect: 531-HOPE (4673)

Name: Family Advocacy Program (FAP)
POC: Mrs. Mrs Gladys Mosby
Address: Bldg 419, Radio Road
City: Fort Polk, LA 71459
Phone: (337) 531-1938
Comments: Hours: Mon-Fri, 8am-4:30pm

Name: Family Counseling
POC: Social Work Services
Address: Bayne-Jones Army Community Hospital
City: Fort Polk, LA 71459
Phone: (337) 531-3272
Comments: Hours: Mon-Fri, 8am-4:30pm

Single Member Services

Name: Better Opportunities for Single Soldiers (BOSS)
POC: Community Recreation Div, DCFA
Address: Bldg 418, Radio Road
Phone: (337) 531-1948

Support Groups

Army Community Service (ACS) and Bayne-Jones Army Community Hospital provide a wide range of support services for military families. These are listed on previous pages. Other support services are listed below.

Name: Alcoholics Anonymous
POC: DCFA, ADCO
Address: Command Loop Circle
Phone: (337) 531-1971

Name: New Parent Support Program
Address: Bldg 419, Mississippi Ave
City: Fort Polk, LA 71459
Phone: (337) 531-7065
FAX: (337) 531-8147
DSN Phone: 863-7065
DSN FAX: 863-8147
Comments: HOURS: MON-FRI, 8 AM - 4:30 PM FREE SERVICE!! The New Parent Support Program is a professional team of social workers and nurses who provide supportive and caring services to military families with children from birth to six (6) years of age. Through a variety of programs including home visits, support groups, and parenting classes, the New Parent Support Program will help parents learn to cope with stress, social isolation, post-deployment reunions, identify the ages and stages of your child's growth and development, improve communication skills between parents and the everyday demands of parenthood.

Morale, Welfare, and Recreation

The Community Recreation Division provides a wide range of activities designed to enhance soldier's and family member's leisure hours and enjoyment of life at Fort Polk.

Below you will find a listing of various Recreational and After Hours information to keep you busy while you're at Fort Polk.

FOR MORE INFORMATION: MR. DON DAVIS.....(337) 531-6640/1951

1.) Alligator Lake Recreation Site POC.. : Mr. Don Davis;***LOCATION: K Avenue, North Fort Polk; ***Telephone: (337) 531-5350/5332; ***Hours: Vary.

Area offers fishing; pavilions with tables and grills; softball, volleyball, and badminton areas; picnic sites; nature spots; playgrounds; latrines and open areas for recreational activities. Boats are also available for fishing. Popular with unit functions and private parties.

2.) Recreational Shooting Range POC: Mr James Callaway; ***LOCATION: Adjacent to Range 23 Alpha, off California Ave; *** Telephone: (337) 531-6591.

Facilities available for skeet and trap shooting, pistol and small arms zeroing and a club house. An ammunition resale and shotgun rental activity is also provided. Instructional classes available upon request.

3.) John G. Wheelock Physical Fitness Center POC: Mr. William O'Brian;
***Location: Bldg 3350, Georgia Ave;
***Telephone: (337) 531-2145/1910.

4.) Fort Polk Dinner Theatre POC...: Mr. Thomas Watson; ***Telephone: (337) 531-4572/6640;
***Hours: As productions are presented.

A minimum of four professional performances are presented each year. Smoking and non-smoking performances. Reservations, call 531-4572/6640.

Name: Allen Library
POC: Mrs. Stephanie Jones
Address: Bldg 400, Mississippi Ave
City: Fort Polk, LA 71459
Phone: (337) 531-2665
Comments: Reading and audio visual materials for the professional soldier, the family, the student, and the recreational reader. On-Line (computer) Card Catalog available, Internet access available.

Name: Bowling Center
POC: Church Armentor
Address: Bldg 1457, Mississippi Ave
City: 71459
Phone: (337) 531-1942/6273
FAX: (337) 537-7604
Comments: 24 lanes equipped with automatic scoring. Pro-shop available; snack bar available; league bowling.

Name: CATAHOULA GRILL
POC: Mrs Annie Allen
Address: Bldg 352, Corps Road
City: Fort Polk, LA 71459
Phone: (337) 531-7668
Comments: HOURS: MON - FRI, 1100 - 1300 Take on our fabulous all you can eat buffet of soup, salad, pasta and baked potatoes, with all the trimmings. Try some of any or all of it; the price is just \$4.95 per person. OR...sample a sandwich or other hot item from our grill menu, get set to try our mouthwatering daily specials - it's all for you.

Name: Morale, Welfare, and Recreation (MWR) Office
POC: Mr. Don Davis
Address: Bldg 418, Radio Road
City: Fort Polk, LA 71459
Phone: (337) 531-1948, DSN 863-6640
FAX: (337) 531-4950

Name: SPORTS AMERICA
Address: Bldg. 1454, Alabama Ave.
City: Fort Polk, LA 71459
Phone: (337) 531-4440
Comments: HOURS: MONDAY - THURSDAY, 1100 - 2400 FRIDAY, 1100 - 0200 SATURDAY, 1200 - 0200 SUNDAY, 1200 - 2400 WHERE'S THE BEST PLACE ON FORT POLK TO HANG OUT WITH FRIENDS, WATCH SPORTING EVETNS AND ENJOY FRESH FOOD AND COOL BEVERAGES?.....SPORTS AMERICA !!!! Fort Polk's newest and best bar and grill. Check out our extensive menu, including burgers, wings, and pizza, or enjoy a game of pool on our regulation tables. Or check out the big game or latest race on our big screens, or any of our 30 TELEVISIONS.

Name: THE OTHER SIDE
Address: Bldg. 1454, Alabama Ave. (around back)
City: Fort Polk, LA 71459
Comments: HOURS: FRI & SAT, 1630 - 0200 Fort Polk's premier dance club, with a laid back attitude. Check out your soul and R & B favorites every weekend. Show your stuff on the dance floor, or just relax and chill to the best mix in town.

Name: Toledo Bend Recreation Site
POC: Mr. Howard Bellamy
Address: 45 miles from Fort Polk, off LA Hwy 191
Phone: 1-888-718-9088
FAX: (318) 565-3084
Comments: 31 acre facility offering picnicking, overnight camping areas with water and electrical hookups, mobile homes for rent, hiking, swimming, boating and fishing. The marina has pontoon barges, bass boats, jon boats, canoes and paddle boats for rent. A resale store is available.

Name: WARRIOR CLUB
POC: Mrs. Heidi Jacobson
Address: 352, Corps Road
City: Fort Polk, LA 71459
Phone: (337) 531-4652/4653/4440
DSN Phone: 863-4440
Comments: HOURS: MON & TUE, 0830 - 1330; WED - FRI, 0830 - 1600 "THE DEN" (LOUNGE) HOURS: WED - FRI, 1630 - 2200 Bring your friends and enjoy some cool beverages in our top flight lounge. Check out Fiesta! each Wednesday evening. An All-YOU-CAN-EAT Mexican feast, including hard and soft-shell tacos, burritos, enchiladas and beef and chicken fajitas. MAKE IT YOUR WAY, TOP IT HOW YOU LIKE, IT'S A "BUILD YOUR OWN BUFFET" SUNDAY BRUNCH1ST Sunday of EACH Month 1000-1400 Enjoy a mouth-watering selection of your breakfast and luncheon favorites, including cooked to order omelets, Belgian waffles, savory specials, fresh vegetables and tempting desserts. Reservations may be made by calling 531-4440

Name: Warrior Hills Golf Course
POC: Ms Samantha Marshall
Address: Bldg 323, Corps Road
City: Fort Polk, LA 71459
Phone: (337) 531-4661
Comments: 180 acre course features 18 hole, driving range, putting green, seven bay covered lighted driving range, fully stocked pro shop, cart fleet.

Chapel Services and Programs

For schedules of all chapel services and programs, (337) 531-7338/6126/6415.

Monday - Friday, 0800 - 1630. All Chapel programs are designed to improve the quality of family life.

Drug and Alcohol

Services and assistance are available to all military personnel (active duty and retired), DoD civilian employees, NAF employees, and all their family members. Support is provided to civic organizations, both on and off post.

Name: Alcohol and Drug Abuse Prevention and Control Program (ADAPCP)
POC: Mr. Ken Welch
Address: Bldg 4736, Service Command Circle
City: Fort Polk, LA 71459
Phone: (337) 531-1971/1972/1973
Comments: This program is designed to prevent alcohol and drug abuse, identify alcohol and drug abusers as soon as possible, and restore alcohol and drug abusers to duty as soon as possible. This is accomplished through education, rehabilitation, and biochemical testing.

Legal Assistance

Assistance for legal problems, both military and civilian, is provided through the Staff Judge Advocates Office (SJA).

Name: Claims
POC: Administrative Section
Address: Bldg 406, Radio Road
City: Fort Polk, LA 71459
Phone: (337) 531-1576/2636

Name: Legal Assistance
POC: Administrative section
Address: Bldg 406, Radio Road
City: Fort Polk, LA 71459
Phone: (337) 531-2580/2112
Comments: Advice on personal legal problems involving civilian law is provided on an appointment or walk-in basis. Powers-of-attorney, notarizations, and bills of sale are handled on a walk-in basis during normal duty hours.

Name: Trial Defense Service (TDS)
POC: Administrative Section
Address: Bldg 404, Radio Road
City: Fort Polk, LA 71459
Phone: (337) 531-4343
Comments: Counsels soldiers pending Article 15 (formal), Involuntary Separation (Chapter discharge), Reduction in Grade, Article 32(b) investigation, and court martials.

Child And Teen Services

Child and Teen Services Overview

Youth Services and Child Development Services provide and manage a comprehensive system of developmental programs to support the emotional, social and physiological growth for youth of active duty, retired, and deceased military personnel, and Department of Defense civilians.

The Community Youth Council provides an opportunity for teens to have a voice in planning and conducting social and educational activities based on the needs and interest of the teen population. Additionally, the council provides a bridge of communication between the various youth groups and organizations at Fort Polk, the military and civilian community leaders and the youth service staff.

The COMMUNITY YOUTH COUNCIL has participation from many teen groups at Fort Polk, ranging from the Chaplain to the Scouts, and from the Installation Mayoral Program to all school groups. A Community Youth Council representative also has a place on the INSTALLATION YOUTH ADVISORY COUNCIL. A Council of military and civilian leaders that is chaired by the Garrison Commander.

The PRE TEEN COUNCIL is composed of youth ages 9 through 12 years who gather monthly to discuss ideas and programs most popular with their peers. Guided by the COMMUNITY YOUTH COUNCIL and the YOUTH DEVELOPMENT TEAM, this council is open to all interested PRETEENS and is an excellent forum for younger youth to develop character and responsibility.

All Pre Teen and Community Youth Council meetings are held in the Siegfried Youth Center and dates are published in the monthly calendars.

New Parent Program

The Army Community Service Family Advocacy Program operates a Welcoming Baby Program for prenatal and perinatal parents and parents to be. This is a visiting parent aid program that provides education on parenting and child rearing routines. For more information contact the Family Advocacy Program, Bldg 419, Radio Road, telephone (337) 531-1938.

Child Care Programs - on Installation

Child care is provided for all ages on Fort Polk in several different areas.

Name: Child Development Center
Address: Bldg 744, Utah Ave
City: Fort Polk, LA 71459
Phone: (337) 531-2149/1954
Comments: Developmentally appropriate care for children age 6 weeks-Kindergarten. The following items are needed to register: -Completed Registration Packet -Health form completed within 30 days of registration -Current immunization records -Emergency release designees -Annual registration fee -Latest Total Family Income required for full-day and part-day programs Programs offered: -Full-day care - up to 11.5 hrs of care per day -Part-day Preschool - 3 hour sessions-morning and afternoon -Hourly care - daily, 0830-1600, reservations required -Part-day Multi-Age - 25 hours per week -Before and After School Kindergarten - for children attending Pickering School - will begin fall semester, 2001

Name: Child Development Services Satellite Center/MEDDAC
Address: Bayne-Jones Army Community Hospital (BJACH)
City: Fort Polk, LA 71459
Phone: (337) 531-3871/1955
Comments: Provides Full-day and Hourly Care for eligible MEDDAC staff and volunteers. Hourly care is available for outpatients eligible for medical services at BJACH. Reservations are required. Services are also provided for agencies within BJACH such as Social Work Services and American Red Cross.

Name: Quarters-Based Family Child Care (FCC)
Address: Bldg 662, Utah Ave.
City: Fort Polk, LA 71459
Phone: (337) 531-1961/6692
Comments: Quarters-Based Family Child Care offers developmental care in a small, family style atmosphere with a limited number of children, flexible hours, and the capability of addressing special needs of military families. FCC offers care for children, ages 4 weeks to 12 years old in Full-day, Part-day, Hourly care, Extended care (24 continuous hours, up to 6 weeks) and care for mildly ill children.

Name: Siegfried Youth Center
Address: Bldg 4996, Hwy 467
Phone: (337) 531-1991/1992
Comments: Must be registered to utilize the program. Registration fee is \$25.00 per family. The School Age Services (SAS) program has an established hourly care program for children 5 through 12 years. The program offers a structure environment with adult:child ratios and a variety of developmental activities during the Before/After School periods and Full Day program during school holidays and summer vacation. The sponsor, spouse or designee must pick up and sign out their child. Children under the age of twelve will not be able to depart the facility or program unless accompanied by a designated person.

Child Care Programs - Community

Volunteer Coordinator POC..... :Vernon
Community Action Council Location.....
:Leesville, La Telephone..... :(318)
239-4457

Number of Homes..... :Varies

Number of Spaces..... :Varies

Range of Rates..... :Varies

Child Program POC..... :Mrs Peggy
Bluitt Location..... :On Post
Telephone..... :(318) 531-1956
Hours..... :Mon-Fri, 9am-4pm
Comments..... :Provide client information

Community Youth Program POC.....
:Vernon Community Action Council
Location..... :Leesville, La
Telephone..... :(318) 239-4457
Hours..... :Mon-Fri, 9am-3pm
Comments..... :May also call Vernon Parish
School Board, (318) 239-3401

Community Youth Program POC.....
:Vernon Parish Sheriff Department
Location..... :Leesville, La
Telephone..... :(318) 238-1311
Hours..... :Mon-Fri, 9am-4pm
Comments..... :Provide names and phone
numbers

Things To Do - Clubs and Social

Youth Services sponsors a variety of family events and festivals each year that are open to the public. Most are conducted at the Siegfried Youth Center or in collaboration with major events sponsored by the DCFA at Fort Polk. Events are festive and offer a variety of youth games, entertainment, food and drinks, and activities that promote the theme. Several of the events draw well over a 1000 families and children to celebrate and enjoy the wholesome fun. We invite parents to participate with their children and assist our staff. Most of the activities are listed in our monthly calendar. BASEBALL CARD/COMIC SHOW - 1st Saturday of each month; 10am, Teen Center; tables are \$5.00 each COMMERCIAL ENTERTAINMENT - Magic show to disc jockeys, to live bands and even rap artists, a wide variety of performers is invited to entertain our youth. Events are advertised on the Cable Television Information Channel, The Guardian

Newspaper and flyers. WATCH FOR THE DATES!! BINGO - play for prizes each month according to age groups COMPUTER CLUB AND HOMEWORK CENTER - The "Study Buddy" System, great learning environment for all youth members. The Center has over 80 educational software programs (WRITER RABBIT; LANGUAGES; ACT/SAT preps; CARMEN; MATH BLASTER, etc.) on 15 computers for use by members. Also, great parent/child activity according to ages. DANCES - The Teen Center hosts monthly dances for young adults ages 13 - 18; 7pm-11pm; cost \$1.00 - members, (members are allowed 1 guest @ \$2.00); each person must have a valid picture ID. TABLE TOURNAMENTS - Divided into age groups: billiards, foosball, pool or pingpong for prizes. Table games are available for checkout = Monopoly; Connect Four; Chess; Candy Land; Stratego; Scrabble; Risk; and many more. SKATING - "Rock 'n Roll On Skates"; \$2.00 per member; \$1.00 for skate usage; hours are posted; Group Rates Available for Private Parties VIDEO MOVIES - "Popcorn With Your Favorite Stars" SLEEP INS - Night of dancing, games and frolic for ages 5-12 and 13-18 (Parents may preregister or sign in until 8pm); \$12.00 per child per member; sleeping bags recommended--BUT WHO SLEEPS?; ALL CHILDREN AND YOUTH MUST BE PICKED UP BEFORE 7AM ON SATURDAYS OR FACE A LATE FEE! FASHION SHOWS - Hosted by the Teen Center Staff; show includes students of all ages; "Walking Display" of fall, winter, spring and summer styles from various retail outlets and modeled by youth members.

Things To Do - Recreation and Sports

The Physical Fitness and Sports Program is year-round and available to members 5 through 19 years. Sports offered seasonally include: fall soccer and flag football, winter and summer basketball leagues, summer T-ball and baseball programs, and travel soccer in the spring. In all sports, youth are grouped into age groups. Some of the sports are co-ed, while others remain single gender. The main purpose of this program is to promote sportsmanship and participation. The price of participation is absorbed by the membership fee, which allows children to register and play free of charge. Volunteer coaches, team parents, and managers are always welcome. An instructional program for 3 and 4 year old children is also offered as a supplemental activity on the installation. The program is coordinated by Youth Services and a small participation fee is charged. Registration is at the Siegfried Youth Center.

TEEN DEVELOPMENT ACTIVITIES YOUTH DISCOVERY - Youths are invited to "Make a Difference" in the community by increasing their involvement in important issues; from drug or alcohol abuse, sexually transmitted disease awareness, and gang violence, to responsibility and self confidence. Teens select the subjects and work toward a collective goal with other teens to seek information and education on the topics.

Several times a year, youths gather locally to spend a weekend away from the installation and experience a power pack agenda of lectures, contests, activities, and challenging games.

Local teens and the current community Youth Council president have traveled outside Louisiana to represent Fort Polk at the Army's Worldwide Teen Summit held in August.

TEENS INTERESTED IN ATTENDING THE WORLD TEEN SUMMIT MUST START EARLY IN THE SCHOOL YEAR BY CONTACTING Mrs. Loretta McGowan at the Teen Center, (337) 531-7684.

TEEN CAMP SURVIVAL QUEST - The Community Youth Council hosts several Survival Quest Camps a year at the Toledo Bend Army Recreation Site. Cost, \$25.00 per member; young adults 13 - 18 years of age; limited to 24 youth, 1st come 1st served.

Schools

Results from California Achievement Tests indicate that Vernon Parish students continue to score almost 20 points above the national average, which is 50th percentile. The current average score in 1996 is 68.1 percentile, as compared with a 1988 average in Vernon Parish of 50.6 percentile. Concentrated efforts by all schools, students, parents, teachers, administrators, and supervisors, have helped Vernon Parish scores remain the envy of most parishes in Louisiana.

Louisiana law requires that, "In order to be eligible to receive grades, high school students shall be in attendance a minimum of eighty (80) days per semester, or one hundred sixty (160) days per school year. Elementary students shall be in attendance a minimum of one hundred sixty days per school year. The days absent for elementary and secondary school students shall include temporarily excused absences, and suspensions." Soldiers with school age children should be prepared to arrive at Fort Polk as early as 1

August of each year to avoid creating possible problems. School normally begins between the second and third weeks of August each year and dismisses in late May or early June.

Name: North Polk Elementary
POC: Mrs. WILSON, Principal
Address: 4978 University Parkway
City: Fort Polk, LA 71459
Phone: 337) 537-5109
Comments: Kindergarten and first grades

Name: South Polk Elementary
POC: Mr. Rolon, Principal
Address: 6001 Louisiana Ave
City: Fort Polk, LA 71459
Phone: (337) 537-8211
Comments: Second through fourth grades.

School Age Care

School Age Services provides supervised child care for parents during the before/after school periods, school vacations, Vernon Parish teacher in-service days, school holidays, and the summer months. The program operates for youth in kindergarten to sixth grades (5-12 years), for children attending North and South Polk Elementary, Vernon Elementary, and Pickering Elementary Schools. Children are bused to and from the schools. The program offers supervised child care with developmental and educational activities, compute and homework instruction, skating, bowling, and snacks.

Religious Programs

A Gospel Youth Choir rehearsal is conducted the first and second Monday of the month at 6:30 PM, with a Youth Fellowship being held EACH MONDAY, 7 PM. Youth related religious activities are available through the Main Post Chapel, Building 427, Radio Road, telephone 531-2232/6179.

Catholic religious education classes are held every Sunday, 10:15 AM. Baptism class is held the LAST TUESDAY of the month at 5 PM. Preparation classes for the First Penance and First Communion are held EACH WINTER.

The Collective Protestant Sunday School meets each Sunday, 9 AM. AWANA is an exciting play and study group that meet Sundays, 4 PM and the

Children's Choir practices EACH THURSDAY, 4 PM.

Name: Main Post Chapel, Attn: Youth Activities
POC: Chaplain Willoughby
Address: Bldg 350, Corps Rd
City: Fort Polk, LA 71459
Phone: (318) 531-2232/6179

Special Events

ALL SPECIAL EVENTS ARE DESIGNED BY THE COMMUNITY YOUTH COUNCIL. SEE THINGS TO DO-CLUBS/SOCIAL/RECREATION/SPORTS

Sponsorship and Support

HI!!

We hear you're on your way to Fort Polk! If you are between the ages of 8 - 18, someone your age can help you become familiar with the post and surrounding areas, EVEN BEFORE YOU ARRIVE!!! You can WRITE or E-MAIL us and a sponsor will be specially chosen for you. Just fill out the section below and email or write us back. If you are under the age of 8 and want information about Youth Services programs, we'll gladly send out a NEWCOMER'S PACKET. Just fill out the appropriate section below. We welcome you and hope to hear from you soon!!!

T2K Teens 2000 and our Relocation Staff!

"BIOGRAPHY WORKBOOK"

QUESTIONS???--E-MAIL US AT:
POLK_T2K@yahoo.com

- 1.) Do you have a nickname? If you had only five minutes to think up a nickname for yourself and know everyone would use it for five years, what would you pick?
- 2.) What cities/countries have you lived in? Which was your favorite?
- 3.) What do you like to do in your free time? What do you want to do after high school?
- 4.) What are you most proud of having done or participated in?
- 5.) If you could be as talented as some friend of yours is, at only one thing; what would you choose?
- 6.) Some adults have a lot of trouble enjoying themselves. If you were asked to give them some advice about how to play and have more fun, what would you say to them?

7.) If you had a round-trip ride in a time machine, and could travel any distance into the past or future; where would you want to go?

8.) What is the most BORING thing you can imagine doing?

9.) Which subjects at school do you think will be completely USELESS to you in the future? Which do you think will be important to you?

10.) What is the hardest thing about moving?

11.) What is the most exciting thing you ever did on a dare? Are you glad you did it?

12.) What is the luckiest thing that ever happened to you?

13.) Of all the nice things that someone could truthfully say about you, which one would make you feel the best?

14.) If you could grow up and be famous and successful, what would you like to be known for?

*****YOUTH REQUEST (YOUTH AGES 12 - 18) SPONSORSHIP

- 1.) NAME:
- 2.) AGE:
- 3.) GRADE ENTERING:
- 4.) SEX:
- 5.) SPONSOR'S NAME:
- 6.) CURRENT MAILING ADDRESS:
- 7.) CURRENT PHONE NUMBER:
- 8.) EXPECTED ARRIVAL DATE:
- 9.) What would you like to know about the community?
- 10.) List your hobbies and/or interests.
- 11.) Do you have a pet(s)? What is it's name?

*****NEWCOMER'S PACKET ONLY (YOUTH UNDER 8 YEARS OF AGE)

- 1.) NAME:
- 2.) AGE:
- 3.) SEX:
- 4.) CURRENT MAILING ADDRESS:
- 5.) EXPECTED ARRIVAL DATE:
- 6.) HOBBIES
- 7.) FAVORITE SPORT(S) ACTIVITY
- 8.) FAVORITE CARTOON CHARACTER
- 9.) FAVORITE ANIMAL
- 10.) Do you have a pet(s)? What is it's name?

*****RETURN TO:
YOUTH SERVICES
5538 UNIVERSITY PARKWAY
BLDG. 4496
FORT POLK, LOUISIANA 71459

OR E-MAIL US AT: POLK_T2K@yahoo.com

Looking forward to hearing from you!
T2K Teens 2000 and the Relocation Staff

Name: Child and Youth Services
POC: Director
Address: Bldg 4996, La Highway 467
City: Fort Polk, LA 71459
Phone: (337) 531-6957
Comments: SCOUTS OF AMERICA....Fort Polk has several Scout groups for youth who are five years and older. All levels of the Girl scout program participate in fund raising events. The cookie drive is held in January and February; calender sales; food concessions; and, much more. The Enlisted and Officer Spouse Clubs and other groups donate to the Girl Scouts each year to help defray the cost for the youth participants. The SCOUT HUT is located in BLDG 2532, ALABAMA AVENUE. FOR MORE INFORMATION: COUNCIL MEMBERSHIP DIRECTOR MS. JANIE RILEY; 1-800-256-1807 DAISY GIRL SCOUTS: Grades: Kindergarten - First; Age: 5 or older Objectives: To gain an appreciation of Culture, Fine Arts, Nature, and Life by participating in group events and meetings. BROWNIE GIRL SCOUTS: Grades: First - Third; Age: 5 or older Objectives: To learn to work collectively through community service projects, activities, and developmental programs. Activities: Include but not limited to - camping, arts and crafts, games and others. Badges are earned at this level. JUNIOR GIRL SCOUTS: Grades: Fourth - Sixth; Activities can include hiking, camping, arts and crafts, swimming, songs and dancing, and more. Badges and patches in five (5) worlds of interest can be earned. CADETTE GIRL SCOUTS: GRADES: Seventh - Ninth; Designed for young individuals interested in broadening their experiences through companionship and project involvement. Participants work on several community projects throughout the year and travel to surrounding states visiting historical and entertaining sites. THE SILVER AWARD IS THE HIGHEST HONOR A CADETTE MAY EARN; AND SEVERAL OF THE FORT POLK SCOUTS HAVE EARNED THIS AWARD ALREADY.

SENIOR GIRL SCOUTS: GRADES: HIGH SCHOOL; To provide the opportunity to work with their peers and adult leaders in a variety of fun and wholesome activities and programs while being both educational and developmental. These teens have an opportunity to travel world wide to Girl Scout Centers in Mexico, Switzerland, England and India. **THE GOLD AWARD IS THE ULTIMATE HONOR. SEVERAL FORT POLK SENIORS HAVE ALREADY RECEIVED SCHOLARSHIP OPPORTUNITIES THROUGH THIS PROGRAM.**

BOY SCOUTS OF AMERICA: Fort Polk is united with the Thunderbird District (Beauregard and Vernon Parishes) to serve over seven hundred youth. There are four scouting units on the instalation.

FOR MORE INFORMATION: DOC MOULTON; (318) 238-9098

TIGER CUBS: GRADES: BOYS, SIX - SEVEN YEARS AND THEIR ADULT PARTNERS.

OBJECTIVES: To allow boys to build a strong partnership and relationship with each other, their family and with other members of the PACK. All activities are fun and adventurous!!!!!!!!!!!!

CUB SCOUTS: GRADES: GEARED FOR BOYS, SECOND - FIFTH

OBJECTIVES: Foster a sense of personal achievement, provide wholesome activities that are fun and **SHOW A YOUNG CHILD HOW TO BE HELPFUL AND DO THEIR BEST WITH A FAMILY ROLL MODEL AS THE EXAMPLE.**

This program is designed for boys, their families, and adult leaders to work together to/for influencing a young child's character, develop attitudes of good citizenship, encourage good sportmanship, improve understanding within the family and strengthen their ability to get along with others.

BOY SCOUTS: AGE: ELEVEN (11) - EIGHTEEN (18) YEARS For more than three quarters of a century, the lure of scouting has been adventure, fun, challenge, recognition and fellowship conducted in an outdoor setting. The Official Boy Scout Handbook tells a young man, "Scouting will give you fellowship and fun...It's fun to go hiking and camping with your best friends...to swim, dive, to paddle a canoe...to stare into the glowing embers of a campfire and dream the wonders of the life that is in store for you."

EXPLORER SCOUTS: AGES: ALL YOUTH

AGES FOURTEEN (14) - EIGHTEEN (18) Fort Polk offers two Explorer Posts for all youth interested in **LAW ENFORCEMENT AND MEDICAL INVOLVEMENT**. Each Post offers special activities related to the two subjects, with many hands-on activities/jobs that can actually be of use with OJT (on job training). Many employers within the Fort Polk community are willing and anxious to extend a hand with each of these Explorer Posts.

Youth Employment

The Youth Develepoment Job Service Program offers youth ages 16-18 years of age an opportunity to volunteer their time in a variety of job related ways. Teens may volunteer for internships at local businesses, radio stations, disc jockey at dances, or various other post activities.

The Hire a Youth Program permits teens to earn money for their work. YS operates a job referral type service, wherby community members and activities request teens to perform a variety of odd jobs, for example garden work, sports officiating, housework, babysitting, housesitting, petsitting, etc. Teens must first contact Mrs. Loretta McGowan, 531-1992, to arrange for an interview and job application before referral for work.

Resume and Job Skills Workshops are held in the Teen Center several times a year. Workforce Preparation includes: Curriculum Components-Guided exploration, entrepreneurship, job shadowing and apprenticeship, college or Voc-Tech Preparation. The Porgram goals are to help youth discover their interests and abilities, help youth learn organizational and business related skills and help youth become aware of a variety of career options. Also, YS is currently implementing Guided Exploration to help youth discover their individual skills and nterests related to the world of work. The three curriculum's pieces are: (1) **PRETEENS - Dream Cathers:** Developing Career and Educatioal Awarness = designed to help youth decide what they want to do and how best to get there. Workbooks contain activities to lead youth toward understanding different types of week anf schooling, discovering personal interests, illustrations, stories and practical employment information. (2) **JUNIOR/HIGH SCHOOL - Pathfinder:** Exploring Career and Education Paths = YS has a Multi Media CD-ROM that guides youth through a series of questions designed to define their interests and avilities determine appropriate careers based on their interests

and ability preferences. PATHFINDER is designed to help youth decide their "path" for the future. Include information and activities focusing on discovery, researching and assessing career interest, educational requirements, and planning for the future. (3) ALL AGES - Marketing You: Designed for youth to develop a plan for entering the careers of their choice. MARKETING YOU is a career skills evaluation and resume writing guide providing a chart/check list that enables users to identify their strengths and weakness in terms of skills. (4) LEARN AND EARN - basic entrepreneurial program designed to teach leadership, organizational and business related skills to youth by directing them through a business adventure, i.e., "Creole Cajun Day" poster sales, Steak Night, fund raisers, card and comic shows, flea market and car washes. (5) JOB SHADOWING - Youth are assigned to a work site where they have the opportunity to observe and ask questions of adult employers/employees. They are not asked to provide labor or handle equipment; therefore the labor laws are not an issue. ONLY 1st HAND LEARNING!! (6) VOLUNTEER APPRENTICESHIPS - similar to job shadowing, BUT is extended and intensified such as that youth have the opportunity to become DIRECTLY INVOLVED in the work site activities and can acquire a better appreciation for the nature of the work. Since the youth are actually assigned to the work site to observe and/or to provide voluntary labor, child labor laws will apply. (7) AMERICA'S PROMISE-PROMISE PASSPORT VOLUNTEER SERVICE - Sponsored by YS in response to a directive from DoD to report the TOTAL NUMBER of community service hours performed by military youth. We simply record the hours of service on a Promise Passport and drop the completed passport off at the local youth center so our youth can participate in the president's call to service. Our goal is to provide young people with the opportunity to serve so that they become a part of the solution and experience firsthand the benefit of being active citizens. (8) AMERICA'S PROMISE - ALLIANCE FOR YOUTH IS A NATIONAL NONPROFIT ORGANIZATION DEDICATED TO IMPROVING THE LIVES OF OUR NATIONS'S YOUNG PEOPLE: Awards; America's Promise Certificate; Congressional Awards; President's Award; The National Award. (9) COMPUTER LAB - THUR-SAT, 6pm-8pm (over 75 programs)

Name: T. 2 K.
Address: MISSISSIPPI AVENUE
City: Fort Polk, LA 71459
Phone: (337) 531-1991/1992

Youth Centers

The TEEN CENTER is located with Siegfried Youth Center. The teens have a separate part of the facility with a billiard table, juke box, dance area, video arcade games, activity space and vending area. The Teen Center sponsors a wide range of daily and weekly activities, workshops, and programs for teen members.

The Center has established periods for open recreation that allow teen members to voluntarily participate in recreational programs and self-directed activities and socialize with youth in their same age group.

Teens desiring to access the Siegfried Youth Center and Teen Center area will be required to provide proof of eligibility or membership. Teen members whose sponsor is a military or retiree and are eligible for a military family member ID card may present that card to gain entry. Other teen members whose sponsor is not eligible for a military family member ID card must present their Youth Service picture membership card to gain entry.

The Teen Center is sponsored by the COMMUNITY YOUTH COUNCIL and meets regularly to work with the staff in programming activities and events.

Name: Siegfried Youth Center
Address: Bldg 4996, LA Hwy 467
City: Fort Polk, LA 71459
Phone: (337) 531-1991/1992

For Teens Only

FOR TEENS ONLY !!!!

T2K TEENS 2000 "FORT POLK, LA"

Community Youth Council Teens and Leaders
Creating the "AHA" Effect

WELCOME FROM OUR COMMUNITY YOUTH COUNCIL

HELLO,

My name is Ashleigh Cooper. I am in the seventh grade at Leesville Junior High, Leesville Louisiana. I moved here from Fort Richardson, Alaska about 5 months ago. I would like to take some time to tell you about Fort Polk since I came here. My experience might help some of you transitioning here for the first time.

When my Mother told me that she was getting re-assigned to Fort Polk, La. a lot of questions went

through my mind. Things like, what kind of school will I be going to, or what are some things to do there, and the REALLY BIG QUESTION THAT GOES THROUGH EVERY TEENAGER'S MIND---
-"Will I fit in?"

I started looking for school's on the internet and other things about Louisiana. BUT--I really couldn't find much about things a teenager would like to do.

When I arrived in Louisiana I started school about 1 week after we got here. My first day of school was SCARY....but FUN. I made friends and I was fitting in with everybody else....AND...people were very nice and helpful.

I still didn't have much to do after school and on the weekends so my Mom looked around for some after school activities for me to do. She came across a place called T2K. It is a youth center for TEENS. She signed me up and I started going there after school. The school bus takes you there from school. Everyday we do different activities. The first hour we have homework time. Homework time has really helped a lot of people because we use the "study-buddy system" (that is where your peers help one another.)

We also have other activities such as dances, parties, fashion shows, basketball, Jamboree's and lots of other activities as well.

I feel as though the TEEN CENTER has really helped me grow as a person. The TEEN CENTER, to me, is a home away from home and I hope you will check it out if you ever come to Fort Polk, Louisiana.

I'm not saying that T2K is better than EVERY teen center on this earth because there are many great clubs around; but the thing so special about the TEEN CENTER here is that the kids made it and there are such great people there.

If you want more information on T2K or to find out more about your new home, write us at T2K TEENS 2000, BLDG 1457, 9th STREET, FORT POLK, LA. PHONE NUMBER: (337) 531-8138; OR FIND US THROUGH THE JRTC & FORT POLK WEB PAGE.

Now I have to let the Community Youth Council have a chance to talk to you. Their message will follow mine.

PS--our Director is F. J.(JoJo) Le Blanc, and our Teen Coordinator is Loretta McGowan

YOURS TRULY-----ASHLEIGH

HELLO FROM THE REST OF US,

O.K. You finally get here to Fort Polk and you think it's not the greatest place in the world. Sometimes you need to open your eyes. There are a lot of great things to do here, that don't involve getting into trouble. The T2K TEENS 2000 here at Fort Polk, La open many doors and have lots of things to do. I, myself, and a couple of my friends have lived here for awhile and figured out that it isn't that bad of a place! You just have to get around and come to the youth center. You may think it's just for kids but it really isn't. It's a great place to come and have fun and stay out of trouble. Like you, we left behind our wonderful friends, a great school and some fond memories. Since our arrivals, we have made our new assignments at Fort Polk our home very quickly. We believe you will too.

We found the biggest challenge of moving to a new place was the challenge of building relationships - and that's why we would like to invite you to meet your new "FAMILY" here at T2K TEENS 2000. We invite you to join us for our NEWCOMERS ORIENTATION CLASSES, the Hail and Farewell gatherings, our workshops, an aerobic class, or stop by the T2K TEENS 2001 for an evening of fun. When you do, you will find others your age who are a lot like you. You will meet friends. AND you will find friends working there who truly care about you. That's why your Community Youth Council would like to say, "WELCOME".

T2K Teens 2000 have a separate facility with a billiard table, juke box, dance area, video arcade games, activity space and vending area. The T2K Teens 2000 sponsors a wide range of daily and weekly activities, workshops, and programs for teen members. T2K Teens 2000 has established periods for open recreation that allow teen members to voluntarily participate in recreational programs and self-directed activities and socialize with youth in their same age group. Teens desiring to access the T2K 2000 area will be required to provide proof of age and eligibility or membership. Teen members whose sponsor is active military or retiree, and eligible for a military family member ID card may present that card to gain entry. Other teen members whose sponsor is not eligible for a military family member ID card must present their T2K Teens 2000 picture membership card to gain entry. T2K Teens

2000 is sponsored by the COMMUNITY YOUTH COUNCIL and meets regularly to work with the staff in programming activities and events. T2K Teens 2000 provide and manage a comprehensive system of developmental programs to support the emotional, social and physiological growth for youth of active duty, retired, and deceased military personnel, and Department of Defense civilians.

T2K TEENS 2001 sponsors a variety of family events and festivals each year that are open to the public. Most are conducted at the T2K TEENS 2000 or in collaboration with major events sponsored by the DCFA at Fort Polk. Events are festive and offer a variety of youth games, entertainment, food and drinks, and activities that promote the theme. Several of the events draw well over a 1000 families and children to celebrate and enjoy the wholesome fun. We invite parents to participate with their youth and assist us. Most of the activities are listed in our monthly calendar. Events are advertised on the Cable Television Information Channel, The Guardian (our local post newspaper), and flyers.

For those of you wondering what exactly our school's in this area expect of us; you will find more information in the "EDUCATION" and "SCHOOLS" section of this SITES book. After you check out these two sections if you feel you need more information, call ANY of us at T2K---(337) 531-8138; find us through the Fort Polk WEB; or EMAIL us at POLK_T2K@yahoo.com.

P. S.

You will find a "BIOGRAPHY WORKBOOK" a few pages back. It sure makes it easier going to a new place if you've got somebody to fill you in on what to expect. Fill it out, send it on so we can hook you up with a SPONSOR. We'll be waiting to hear from you.

U. S. ARMY TEENS COMING TOGETHER FOR A BETTER FUTURE

NEWCOMERS ORIENTATION CLASS FOR TEENS: series of orientation for new teens. Classes are open to all teens and membership is not required to attend.

COUNSELING SERVICES: designed specifically for teenagers having challenges that are difficult to face. Feeling that no one cares, and no one will listen or understand without telling everybody.

LISTEN AND NOT TELL: (1) Teen Time - division of the Vernon Parish Helpline, has volunteer counselors trained to assist teens in crisis. (337) 239-HELP. (2) Fort Polk Teen Call - Family Advocacy Program; (337) 531-1938/6945 (3) Adolescent Group Therapy (337) 531-2961.

Survival Tips For First Termers

Survival Tips for First Termers Overview

Refer to Installation Overview and Local Community. IF YOU DON'T READ ANYTHING ELSE IN THIS BOOK, YOU NEED TO READ THE ITEM LISTING: **MUST KNOW ITEMS, FOUND IN YOUR INDEX.

Before You Move

*****BEFORE THE MOVE---MAKING SURE SOLDIERS GET HELP*****

Military Claims System is designed to help soldiers recover \$\$\$ for their losses. Whether it's a scratch on a family heirloom or a box of your favorite compact disks. You know...the favorite disk that disappears out of the case during the move....you get ready to play it 3 months later and it's NOT THERE!!

....That's when you want the Claims Division to step in and make the CARRIER RESPONSIBLE AND HELD ACCOUNTABLE FOR THE LOSS AND DAMAGE YOU'VE INCURRED. BUT, if you didn't follow or read the Claims Advisory, you probably won't get full re-imbursement. The following information is PROVIDED so you WON'T get "RIPPED OFF"!!!

The best way to ensure you will be compensated for loss and damage during a move is to take a few precautions beforehand. This is the best time to document what you own and to ensure you have the insurance coverage you need.

1.) Consider whether you need additional insurance protection. You can either purchase your own insurance or, for moves within the continental United States, you can buy additional insurance protection through the TRANSPORTATION OFFICE.

2.) If you do not purchase insurance, the Army Claims office can ONLY PAY THE DEPRECIATED REPLACEMENT or REPAIR COST OF YOUR

Refer To Relocation Services

After You Arrive

Refer to Installation Overview, Must Know Items, Relocation

Reporting Procedures

Refer To Must Know Items

Travel Planning

Refer To Relocation Services and Must Know Items

Vehicle Ownership

Refer To Installation Overview and Must Know Items

Housing and Billeting

Refer To Installation Overview and Housing Section

Money Matters

Refer To Installation Overview, Relocation Services and Support Services

At A Glance

Facility/Services Summary

<i>--Officer and Enlisted Population--</i>			
Active Duty Officer	0	Active Duty Warrant Officer	0
Guard Reserve Officer	0	Guard Reserve Warrant Officer	0
Retired (Officer and Enlisted)	0	Foreign Service Officers	0
Active Duty Enlisted	0	Guard Reserve Enlisted	0
Foreign Service Enlisted	0		
<i>--Civilians--</i>			
Civil Service	0	Wage Grade	0
Non-Appropriated Funds	0	Family Members -on and off Installation-	0
<i>--Family Services--</i>			
Family Centers	0	Teen Centers	1
Child Day Care	1	Family Child Care Certified Homes	6
Total Child Capacity	0	Total Child Capacity	0
Average Waiting List Time -Months-	0		
<i>--Other Services--</i>			
Commissary	1	Exchanges	7
Shoppettes	3	Gas Stations	3
Movie Theaters	1	Banks and Credit Unions	2
McDonalds/Burger King	1	Other i.e. Exchange concessionaires	8

Housing Summary

<i>--Officer Housing--</i>			
Senior Officer Waiting	0	Senior Officer 3 Bed Room	5
Senior Officer 4 Bed Room	3	Senior Officer Other	0
Company Grade Officer Waiting	0	Company Grade Officer 2 Bed Room	1
Company Grade Officer 3 Bed Room	4	Company Grade Officer 4 Bed Room	3
Company Grade Officer Other	0	BOQ	3
<i>--Enlisted Housing--</i>			
Senior Enlisted Waiting		Senior Enlisted 3 Bed Room	5
Senior Enlisted 4 Bed Room	3	Senior Enlisted Other	0
Enlisted Waiting	0	Enlisted 2 Bed Room	1
Enlisted 3 Bed Room	1	Enlisted Other	0
BEQ	3	Transient Lodging Facilities	2

Education Summary

<i>Name</i>	<i>Numbers</i>
Elementary School	2
Jr High/Middle School	0
High School	0

Local Community Summary

<i>Type of Housing</i>	<i>Avg.</i>	<i>Low</i>	<i>High</i>
Apartment Rent	0		0
House Rent	0		0
House Price - Single Family	0		0
Townhouse/Condominium Price	0		0

Medical and Dental Summary

<i>--Medical Facilities--</i>					
Medical Treatment Facilities	Y	Number of Beds	150	Medical Clinic	3
Alcohol	N	Allergy	Y	Audiology	Y
Cardiology	Y	Coronary care	Y	Dermatology	Y
Dietary	Y	Emergency room	Y	Endocrinology	Y
Family Practice	Y	General surgery	Y	Gynecology	Y
HIV Unit	N	Hematology	Y	Immunization	Y
Infect Disease	Y	Intensive Care	Y	Laboratory	Y
Mental Health	Y	Neonatal Intensive Care Unit	N	Nuclear Medicine	N
Nephrology	Y	Neurology	Y	Neurosurgery	N
Obstetrics	Y	Oncology	N	Ophthalmology	Y
Optometry	Y	Orthopedics	Y	Otolaryngology	Y
Pathology	N	Pediatrics	Y	Physical Therapy	Y
Podiatry	Y	Primary Care	Y	Radiology	Y
Rheumatology	N	Urology	N		
<i>--Dental Facilities--</i>					
Dental Clinics	2	Adolescent	N	Endodontics	Y
General Dentistry	Y	Oral Surgery	Y	Orthodontics	N
Pedodontist	N	Periodontics	Y		

Relocation and Support Services Summary

--Military Clubs--			
Officers Club	1	Non-Commissioned Officers Club	1
Enlisted Club	0		
--Recreation--			
Arts and Crafts	2	Automobile Hobby Centers	1
Bowling Centers	1	Recreational Centers	1
Libraries	1	Music and Theater Locations	3
--Physical Fitness/Sports--			
9 Hole Golf Courses	0	18 Hole Golf Courses	1
Gyms/Physical Fitness Centers	4	Jogging Paths	1
Tennis Clubs/Courts	0	Tennis Courts - Lighted	0
Swimming Pools - Public	3		
--Nature/Outdoor Activities--			
Outdoor Recreation Centers	2	Campgrounds	1
Fishing Areas	3	Horse Stables	0

APPENDIX

Disclaimer

Presentation of direct or indirect links to products, services or vendors does not constitute endorsement by the Department of Defense. We have provided links to these sites because they have information that may be of interest to our users. These links are presented for informational purposes only. You are encouraged to thoroughly investigate and evaluate items of interest prior to entering into contractual obligations.